



HOLY TRINITY ORTHODOX CHURCH

Trinity Plaza • 46 Seymour Street • Yonkers, NY 10701

V. Rev. Volodymyr Zablotskyy, *Rector*

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Rector Emeritus: V. Rev. Yaroslav Sudick, Ph. D., D.D.

SUNDAY, MARCH 20, 2022

SECOND SUNDAY OF LENT — Tone 6. St. Gregory Palamas. Synaxis of the Venerable Fathers of the Kiev Caves Lavra. The Holy Fathers who were slain at the Monastery of St. Savva: Ven. John, Sergius, Patrick, and others (796). Monastic Martyr Euphrosynus of Sinozérsk (Novgorod—1612). Martyr Photiné (Svetlana, Fatíma), the Samaritan woman, and her sons: Martyrs Victor and Joses, and two others (ca. 66). Virgin Martyrs Alexandra, Claudia, Euphrasia, Matrona, Juliana, Euphemia and Theodosia, of Amisus (310). St. Nikéas the Confessor, Archbishop of Apollonias in Bithynia (ca. 813-820).

SCHEDULE OF SERVICES & EVENTS

SUNDAY, MARCH 20

ST. GREGORY PALAMAS

9:15AM - HOURS

9:30AM - DIVINE LITURGY

5:00 PM – DEANERY LENTEN VESPERS

OUR LADY OF KAZAN CHURCH - SEA CLIFF, NY

WEDNESDAY, MARCH 23

5:00PM – CONFESSIONS

6:00PM - PRE-SANTIFIED DIVINE LITURGY

FRIDAY, MARCH 25

FEAST OF ANNUNCIATION OF MOST HOLY THEOTOKOS

9:30 AM – VESPERAL DIVINE LITURGY

OF ST. JOHH CHRYSOSTOM

SATURDAY, MARCH 26

MEMORIAL SATURDAY

10:00 AM – PANIKHIDA

5:30PM - CONFESSIONS

6:00PM – VESPERS

SUNDAY, MARCH 27

VENERATION OF HOLY CROSS

9:15AM - HOURS

9:30AM - DIVINE LITURGY

5:00 PM – DEANERY LENTEN VESPERS

HOLY TRINITY CHURCH, EAST MEADOW, NY

[HTTPS://HOLYTRINITYYONKERS.ORG/SCHEDULE](https://holytrinityyonkers.org/schedule)

Today's Hymns

Tone 6 Troparion

(Resurrection)

The Angelic Powers were at Thy tomb; / the guards became as dead men. / Mary stood by Thy grave, / seeking Thy most pure body. / Thou didst capture hell not being tempted by it. / Thou didst come to the Virgin, granting life. / O Lord, Who didst rise from the dead, // glory to Thee.

Tone 8 Troparion

(St. Gregory Palamas)

O light of Orthodoxy, teacher of the Church, its confirmation, / O ideal of monks and invincible champion of theologians, / O wonderworking Gregory, glory of Thessalonica and preacher of grace, // always intercede before the Lord that our souls may be saved!

Tone 8 Kontakion

(St. Gregory Palamas)

Holy and divine instrument of wisdom, joyful trumpet of theology, / together we sing thy praises, O God-inspired Gregory. / Since thou now standest before the Original Mind, guide our minds to Him, O Father, // so that we may sing to thee: "Rejoice, preacher of grace!"

Tone 4 Kontakion

(from the Lenten Triodion)

Now is the time for action! / Judgment is at the doors! / So let us rise and fast, / offering alms with tears of compunction and crying: / "Our sins are more in number than the sands of the sea; / but forgive us, O Master of all, // so that we may receive the incorruptible crowns!"

Tone 5 Prokeimenon

Thou, O Lord, shalt protect us / and preserve us from this generation forever.

(Ps. 11:7)

V. Save me, O Lord, for there is no longer any that is godly! (Ps. 11:1a)

Tone 1 Prokeimenon

(St. Gregory Palamas)

My mouth shall speak wisdom; / the meditation of my heart shall be understanding. *(Ps. 48:3)*

Tone 6

Alleluia, Alleluia, Alleluia!

V. He who dwelleth in the shelter of the Most High will abide in the shadow of the heavenly God. (Ps. 90:1)

V. He will say to the Lord: "My Protector and my Refuge; my God, in Whom I trust." (Ps. 90:2)

Tone 2

V. The mouth of the righteous shall meditate wisdom, and his tongue shall speak of judgment. (Ps. 36:31)

(Instead of "It is truly meet...", we sing the following)

Hymn to the Theotokos

All of creation rejoices in thee, O Full of Grace: / the assembly of angels and the race of men. / O sanctified temple and spiritual paradise, / the glory of virgins, from whom God was incarnate and became a Child: / our God before the ages. / He made thy body into a throne, / and thy womb He made more spacious than the heavens. / All of creation rejoices in thee, O Full of Grace. // Glory to thee!

Communion Hymn

Praise the Lord from the heavens, praise Him in the highest! *(Ps. 148:1)*

The righteous shall be in everlasting remembrance! He shall not fear evil tidings! *(Ps. 111:6)*

Alleluia, Alleluia, Alleluia!

Today's Readings

HEBREWS 1:10-2:3 (EPISTLE): ¹⁰ And: "You, LORD, in the beginning laid the foundation of the earth, and the heavens are the work of Your hands. ¹¹ They will perish, but You remain; and they will all grow old like a garment; ¹² like a cloak You will fold them up, and they will be changed. But You are the same, and Your years will not fail." ¹³ But to which of the angels has He ever said: "Sit at My right hand, till I make Your enemies Your footstool"? ¹⁴ Are they not all ministering spirits sent forth to minister for those who will inherit salvation? ¹Therefore we must give the more earnest heed to the things we have heard, lest we drift away. ² For if the word spoken through angels proved steadfast, and every transgression and disobedience received a just reward, ³ how shall we escape if we neglect so great a salvation, which at the first began to be spoken by the Lord, and was confirmed to us by those who heard Him.

MARK 2:1-12 (GOSPEL): ¹ And again He entered Capernaum after some days, and it was heard that He was in the house. ² Immediately many gathered together, so that there was no longer room to receive them, not even near the door. And He preached the word to them. ³ Then they came to Him, bringing a paralytic who was carried by four men. ⁴ And when they could not come near Him because of the crowd, they uncovered the roof where He was. So when they had broken through, they let down the bed on which the paralytic was lying. ⁵ When Jesus saw their faith, He said to the paralytic, "Son, your sins are forgiven you." ⁶ And some of the scribes were sitting there and reasoning in their hearts, ⁷ "Why does this Man speak blasphemies like this? Who can forgive sins but God alone?" ⁸ But immediately, when Jesus perceived in His spirit that they reasoned thus within themselves, He said to them, "Why do you reason about these things in your hearts? ⁹ Which is easier, to say to the paralytic, 'Your sins are forgiven you,' or to say, 'Arise, take up your bed and walk'? ¹⁰ But that you may know that the Son of Man has power on earth to forgive sins" – He said to the paralytic, ¹¹ "I say to you, arise, take up your bed, and go to your house." ¹²Immediately he arose, took up the bed, and went out in the presence of them all, so that all were amazed and glorified God, saying, "We never saw anything like this!"

CANDLE SPONSORSHIPS FOR FEBRUARY: Vigil Candles, Icons of Christ and the Theotokos, Departed Members, Wirchansky Family: **Janet, Peter, Christina, Anne, Helen & Anastasia.** Living: **Wirchansky, Seckerson & Carlucci Families.** Vigil Candle, St. Nicholas, South Kliros, **Regina** Cataldo and **Christina** Sceppaquercia.

PRAYER LIST - For health: Anna Bolinsky, Fr. Vitaly Bahanovich; Archimandrite Joseph; Olha Brandalska; Sister Mathias; Zofia Kowalczyk; Melanie Kowalczyk; Dianne, Gregory, Vada,

Maria; Ilia Gogichaoshvili; Christina Marie Czyzk; Vera Tkachuk and Peter Bullock; Nikolai & Nadezhda Solidnov; Bill Bodack; Eugenia Gribb; Helen Homa; Helen Maybo; Nancy Prusak; Stephanie Phillips; Edward Wirchansky; Angela, Lorette; Children Monika & Dasha, Daniel, Ella; Elaine Piniat; Judith Mastronardi; Dave & Suzanne, Eileen Nolan, Maryanne Ciccone, Caroline Wisniewski.

DIOCESAN PRAYER LIST(FOR HEALTH): Archpriest Matthew Searfoorce

Newly Baptized: Michael Anthony Paolercio, Herman (Brian) Paetzold, Luke O'Connor, Raphael (Daniel) Bring and Junia (Victoria) Xiao and their families.

Catechumens: Ara Levitt, Allison Brates.

PRAY FOR OUR COLLEGE STUDENTS – our parish sons & daughters, OCF chapter members, AND those at nearby colleges who make HTOC their spiritual home away from home! Tatiana Balasenowich, Joe Ciamarra, Andrew, Peter & Frances Nolan; Olivia Reduto; Stephanie Rzyk; Matthew, Justyna, Thomas & Lukas Skalski; Adriana, Emily, & Victoria (Vika) Szpynda; Moses Turner; Katherine & Olivia Wislocki, Junia (Victoria) Xiao.

FOR BLESSED REPOSE FOR THE SOULS OF: Newly Departed +Natalie Symochko, Newly Departed +Tekla Zanowiak, Newly Departed +Newly Departed +Archpriest John Bohush, Newly Departed +Alonzo & Edith Cromwell, Newly Deaprted +Dominic Gentile, Newly Departed +Christopher Camp; Newly Departed: +Archpriest Igor Soroka, Newly Departed + Sophie Ozerov; +Alexandr Batuev; +Levan Urpanishvili; +Brian Coyle; +Mitered Archpriest Sergei Glagolev; +Ludmilla Branzow; +Mitre Archpriest Michael Koblosh, +Mitered Protopresbyter Leonid Kishkowski, +Archpriest Stephen Janos, + Joseph & Olga Kowalczyk; +Adele Ward, +Olga Donski, +Michael Tolstoy, +Archpriest Nilus, +Archpriest Basil Summer, +Volodymyr Rij, +Kent, +John Gribb(3/2020) +Archpriest John Tkachuk, +Archpriest John Chupeck, +Protodeacon John Eby(2/3/2021).

Happy Birthday to Zofia Kowalczyk!

On behalf of our entire parish a heartfelt congratulations and best wish to Zofia Kowalczyk who celebrated her 90th Birthday this past week. Long and prosperous life, peace, health, salvation; success in every good effort grant O Lord unto Thy servant Zofia and protect and preserve her for MANY YEARS!