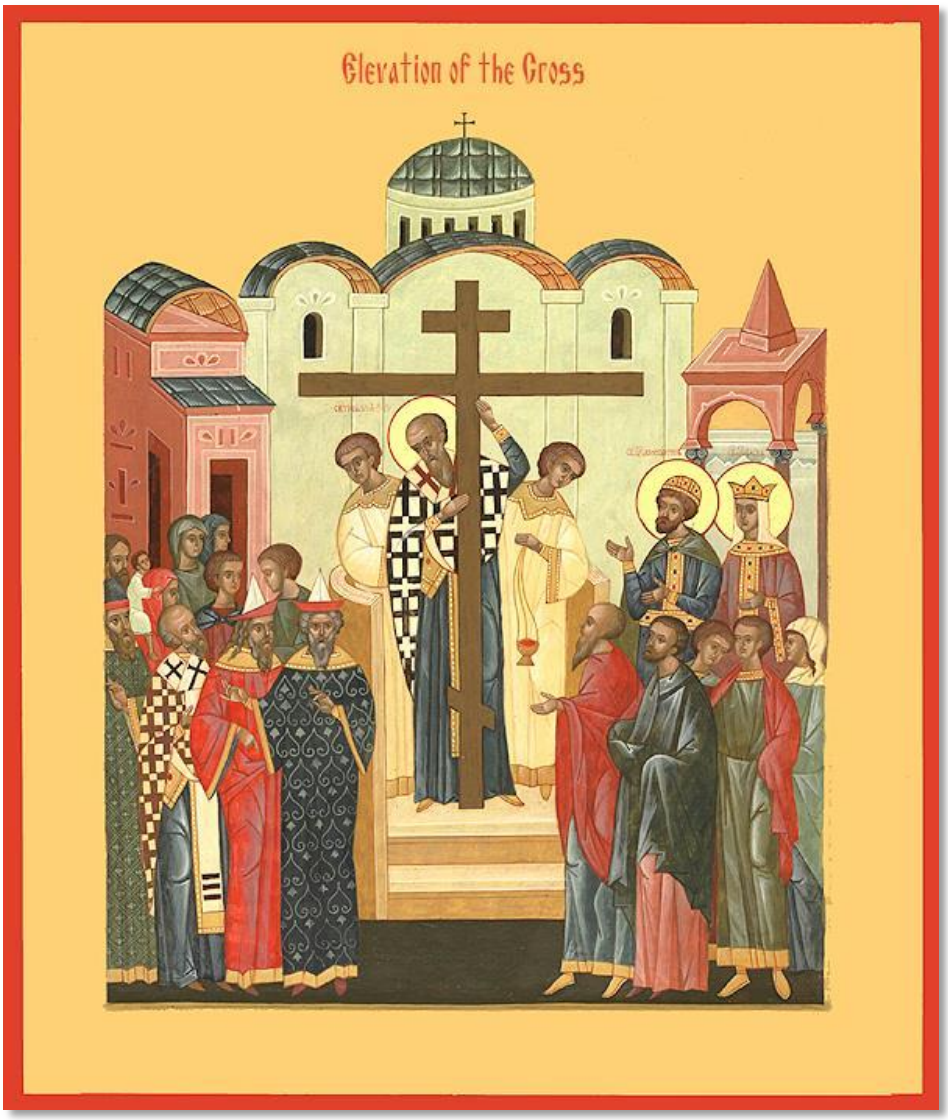
HOLY TRINITY ORTHODOX CHURCH

46 Seymour St., Yonkers, NY ~ 914.965.6815 ~ www.HolyTrinityYonkers.org



Sunday, September 15, 2019

13th Sunday After Pentecost ~ Tone 4

The Sunday After the Elevation of the Cross

SPECIAL PARISH MEETING ~ TODAY, SEPTEMBER 15

Please come to a Special Parish Meeting TODAY at Coffee Hour. The purposes of this meeting are to:

- **Report on the now-completed Education Building wheelchair-lift and accessible restroom installation project**
- **Educate everyone on the multi-phase plan to renovate the Fellowship Hall downstairs:**
  - **Phase 1: install meeting space, restrooms, kitchen, and a required second exit**
  - **Phase 2: install an ADA-accessible wheelchair lift and create an ADA-accessible path from Seymour Street to enter the lift, in the Fellowship Hall downstairs**
- **Decide, as a parish, on the plan for funding Phase 1 of the renovations.**

A quorum of at least 24 parishioners with voting privileges is needed to make the important decisions that will be presented at this meeting. Please be here!

SERVICES AND ACTIVITIES

Today – Sunday After the Great Feast of the Elevation of the Cross
9:30 AM *Divine Liturgy* followed by Coffee Hour and Special Parish Meeting (See Below)
Tuesday, September 17
7:00 PM *Akathist* to the Most-Holy Theotokos, Nurturer of Children
Wednesday, September 18
7:30 PM Choir Rehearsal – in the Church
Saturday, September 21
5:30 PM Private Confession Available
6:00 PM *Great Vespers*
Sunday, September 22
9:30 AM *Divine Liturgy* followed by the First Day of Church School and Coffee Hour. **NOTE: Church School parents are asked to attend a brief Orientation Meeting during Coffee Hour. ALSO: Teens will meet with Father David while the younger kids are in Church School.**
Friday, September 27
7:00 PM Mary & Martha Women's Group – Meeting at Tina Reduto's Home.

TODAY'S EPISTLE Galatians 2:16-20 Brethren: Knowing that a man is not justified by the works of the law but by faith in Jesus Christ, even we have believed in Christ Jesus, that we might be justified by faith in Christ and not by the works of the law; for by the works of the law no flesh shall be justified. But if, while we seek to be justified by Christ, we ourselves also are found sinners, is Christ therefore a minister of sin? Certainly not! For if I build again those things which I destroyed, I make myself a transgressor. For I through the law died to the law that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me.

TODAY'S GOSPEL Mark 8:34-9:1 At that time, **w**hen Jesus had called the people to Himself, with His disciples also, He said to them, "Whoever desires to come after Me, let him deny himself, and take up his cross, and follow Me. For whoever desires to save his life will lose it, but whoever loses his life for My sake and the gospel's will save it. For what will it profit a man if he gains the whole world, and loses his own soul? Or what will a man give in exchange for his soul?38For whoever is ashamed of Me and My words in this adulterous and sinful generation, of him the Son of Man also will be ashamed when He comes in the glory of His Father with the holy angels. And He said to them, "Assuredly, I say to you that there are some standing here who will not taste death till they see the kingdom of God present with power."

COMING UP IN THE PARISH AND THE DIOCESE:

- September 20-22: Couples' Retreat, "Making Good Marriages Better", at St. Andrew's Camp in Jewell, NY. Visit www.nynjoca.org and under the "COUPLES' RETREAT" news article, click on "REGISTER ON-LINE NOW."
- Fri., September 27: Mary & Martha Women's Group – Meeting at Tina Reduto's Home. Contact Tina if you'll be attending, legalcareers2000@hotmail.com
- October 6: OYMT (Orthodox Mission Youth Team) Video and Talk at Coffee Hour. Come learn what the Mission Team experienced this summer helping families in Tennessee, and hear about plans for 2020!
- October 14-26: Pilgrimage to the Holy Land With Archbishop Michael! Pick up a poster on the Welcome Table with details.
- July 15-21, 2020: Pilgrimage to Alaska with Archbishop Michael: Celebrating 50 Years of the Glorification of St. Herman of Alaska, and the Autocephaly of the OCA! Pick up a poster on the Welcome Table with details.

SEEKING AN APARTMENT OR ROOM TO RENT…

An Orthodox man who is beginning an assignment as Pastoral Assistant at a Greek Orthodox Church on western Long Island, is currently looking for housing – either a basement apartment or somewhere with reliable roommates. He has a car so can commute. Contact Father David for more information.

PLEASE HELP WITH COFFEE-HOUR CLEANUP and SUPPLIES!

Summertime is behind us, and regular Coffee Hour is back … we need your help with Coffee Hour clean-up! We are thankful to the small "summertime crew" who cleaned up every Sunday … but now we need everyone to step up. Put your names on the poster in the Fellowship Hall.

This week's Coffee Hour Needs are: small plates, butter, tortilla chips, dips.

St. Andrew's Camp Fundraiser

Calendar Party

Sunday, October 13, 2019
3:00 p.m.

Christ the Saviour Church
365 Paramus Road
Paramus, NJ

Tricky Tray

50–50

Tickets: $25.00 per person

Includes appetizer, dinner (chicken or kielbasa), dessert, and non-alcoholic beverages.

RSVP

Anna Brasowski
(908) 647-9143
anna@brasowski.com

If you cannot attend, please consider making a donation.

Holy Trinity Orthodox Church ~ 46 Seymour Street, Yonkers, NY 10701
Rector: V. Rev. David Cowan; Protodeacon John Eby;
Attached: V. Rev. John Tkachuk; V. Rev. Vitaly Bahanovich
Rector Emeritus: V. Rev. Yaroslav Sudick, Ph.D., D.D.
Rectory Phone 914-965-6815 ✦ Email: frdavidcowan@gmail.com;
Web: www.HolyTrinityYonkers.org
Facebook: www.facebook.com/HolyTrinityOrthodox
Diocese of New York & New Jersey: www.nynjoca.org

HOLY TRINITY ORTHODOX CHURCH · YONKERS, NY 1899-2019

120th ANNIVERSARY

PRAYER LIST

Janet Van Duyn, recovering from surgery; child Daniel Markewich; Edward Kiss; Mat. Deborah Belonick and her family; George & Madeline Miroshnikov and the child to be born to them; Frankie; Evelyn Bonanno; Eunice Bullock (Nigel's mother); Lawrence DeNoia; Tina Seckerson; Catechumen Judy & Rocco Mastronardi; Frank, Mat. Anastasia Harris; Fr. Nicholas Harris, Sara Haughton, Aaron Hoskins; Vera Bullock; John Krawchuk; Sharon Turpening; Danielle, Sophia and Stella Miller; Marilyn; Martha Scigliano; Charlie Andonis; child Victoria Saraceno, child Charlie; child Iancu, Cristin, Laura & Ciprian; Timothy, Eugenia, Walda, Janet & Deryl; Vera Bouteneff; Ted Chaiko; Nancy Prusak; Honorina Rodriguez; Mary Braig; Marian Harris; Vincent Knarr; Luka & Elena Herman; Nicholas Macagnone; Tanya Balasenowich; the child Alena; Andrew Czuchta; Boris Lyzak; Douglas & Susan Hansen; Bill Bodack; Courtney Lyzak; Suzanne Gee; Kathleen & Maryanne Nolan; Shawn Malone; Metropolitan Paul and Bishop Gregorios; Nikolai & Nadezhda Solidnov; the priests Frs. Vitaly Bahanovich, John Chupeck; Stephen Hoskins, Samuel Kedala, Leonid Kishkovsky, John Malcom, Josef Petranin, John Reeves, Daniel Skvir, Ken James Stavrevsky; Basil Summer, Dennis Swencki; John Tkachuk, John Zabinko; Matushki Ellen Chupeck, Myra Kovalak, Rebekah Markewich, Alexandra Safchuk, Priscilla Shipley; all those confined to hospitals, nursing homes, and their own homes due to illness, including Eugen Balasenowich, Sr.; Maria Chouplat; Helen Delandri; Olga Donski; Walter Donski; Irene Homa; Anatole Honczarenko; Olga Juck; Stephanie Phillips; Tekla Ryzyk; Edward Wirchansky; for all soldiers, especially Mykola; widows, orphans, prisoners, victims of violence and natural disasters, and refugees; all those suffering chronic illness, financial hardship, loneliness, addiction, abuse, abandonment and despair; all Orthodox seminarians & families; all Orthodox monks and nuns, and all those considering monastic life; all Orthodox missionaries and their families. Birthday: Nadia (Bolinsky) Constantine (9/18). Asking God's blessing on our labors renovating the Church building.

For blessed repose for the souls of: Newly departed Gertrude Mach (Samantha Fricke's grandmother, +9/12); Archbishop Nikon of Boston and the Albanian Archdiocese (+9/1); Nicholas Proios (+9/1); Andrew Hornick, Jr. (8/28); Christina Sceppaquercia (+8/26); Dn. Simeon Peet (+8/16); Fr. John Matusiak (+8/15); Olga Eagler (+8/13); Dora Kusick (Luke's great-grandmother, +8/12); Nicholai Lagunchik (+8/10); Cornelia; Metropolitan Panteleimon, Greek Orthodox Metropolitan of Tyroloi and Serention (+8/7); Fr. Steven Belonick (+8/7); George Libertin; Ioann and Elena; ever-memorable Marek Hyra (Danuta Kopcza's son, +9/18/18); Victor Makarov (+11/28/18); and all those departed this life in hope of the Resurrection.

Please give prayer requests to Fr. David, to Protodeacon John, or to an Altar Server.
Typically, names remain on this list for 40 days, unless requested otherwise.

PRAY FOR OUR COLLEGE STUDENTS – our parish sons & daughters, OCF chapter members, AND those at nearby colleges who make HTO their spiritual home away from home!

Tatiana Balasenowich
Elizabeth Bouteneff
Joe Ciamarra
Brandon Ferguson
Samantha Fricke
Kaydee Kowalczyk
Andrew Nolan
Frances Nolan
Peter Nolan
Joshua Ryzyk
Stephanie Ryzyk
Lukas Skalski
Matthew Skalski
Justyna Skalski
Thomas Skalski
Adriana Szpynda
Emily Szpynda
Katherine Wislocki
Olivia Wislocki

"Sending our kids to college without a connection to the Church is like sending children to play in traffic." -- Abp. Michael

Please tell Fr. David if there are any errors or omissions on this list.

CANDLE SPONSORSHIPS FOR SEPTEMBER:

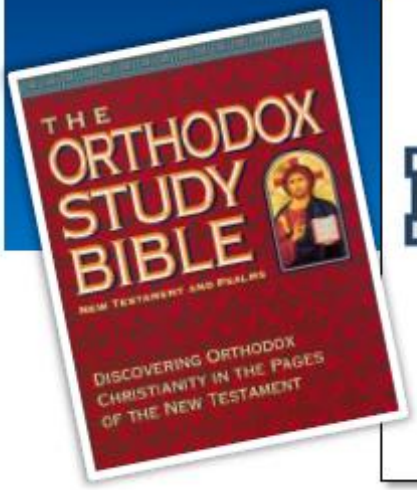
Vigil Candles, Icons of Christ and the Theotokos, Departed Members, Wirchansky Family: Janet, Peter, Christina, Anne, Helen & Anastasia. Living: Wirchansky, Seckerson & Carlucci Families. **Vigil Candle, St. Nicholas, South Kliros,** Newly Departed Regina Cataldo and Christina Sceppaquercia.

WISDOM ON THE FEAST OF THE ELEVATION OF THE LIFE-GIVING CROSS

"The Cross is the way of life. Learn to love the Cross. Make the sign of the Cross frequently. Indeed the Fathers say we should cross ourselves before beginning anything. And when we are done, we cross ourselves in thanksgiving."

-- Father Stephen Freeman

Announcing the 2nd Annual



DIOCESE OF NY & NJ

BIBLE BOWL

SATURDAY, NOVEMBER 16

2019

The Bible Bowl is a quiz competition for teams of young people and adults, focused on Scripture—this year, all questions will come from **The Gospel of Luke** as found in the **Orthodox Study Bible.**

FREE T-SHIRTS! TROPHIES! FUN AND FRIENDS!

Teams dive deep into the Scriptures in a spirit of friendly competition! Study begins now!

COMPETITION TO BE HELD AT
HOLY RESURRECTION ORTHODOX CHURCH
285 FRENCH HILL ROAD, WAYNE, NJ
SATURDAY, NOV. 16, 2019, 10 AM – 2 PM

Join the competition in these age groups:
Pre-teen: Ages 9-12
Teens: Ages 13-19
Adults: Ages 20+

TO REGISTER YOUR TEAM(S) AND GET STUDY QUESTIONS CONTACT:

Mat. Tamara Cowan
tamarancowan@hotmail.com
Diocesan Department of Christian Education

Holy Trinity Church School starts Sunday, September 22 with a new program!

Recently, our Church School teachers attended a week-long training at St. Tikhon's Seminary which was sponsored by our Diocese. They were formed into **catechists** who will guide our smallest members as they establish a relationship with our Lord and Savior Jesus Christ and enter a fuller participation in the common work of our Church, the Divine Liturgy.

One catechist-in-training remarked: "The method of teaching observed was compelling and we were drawn in as if by a powerful magnet." By providing the child with simple, practical and spiritual presentations and materials to work with at their own pace, **the Holy Spirit becomes the Teacher** and the person formerly known as the Church School Teacher becomes part of the environment of the Atrium (classroom), guiding the child.

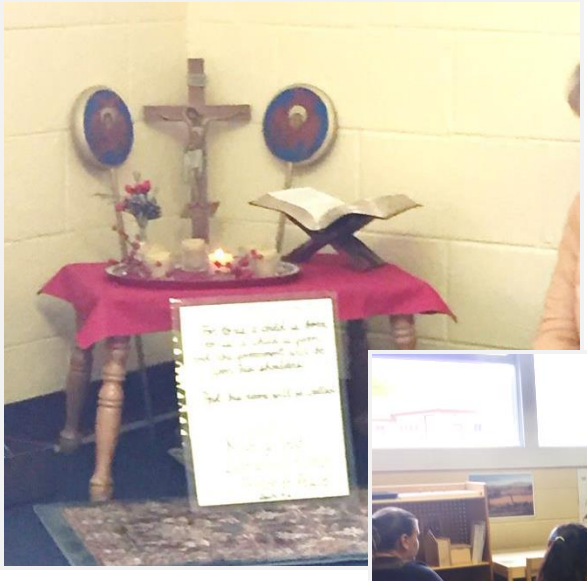
The Orthodox Catechesis of the Good Shepherd is an innovative, Montessori-style program where learning is experiential and matches the developmental phases of the child through the environment – the Atrium classroom – which facilitates the already present spirituality of the child.

We are very excited to get started with the Catechesis of the Good Shepherd here at Holy Trinity Church! You may have noticed Church School teachers sculpting with clay at coffee hour…we are assembling the many hands-on materials needed for this wonderful program. But Atrium building is really a community effort, the work of many hands, as many different talents are required to set up and sustain this special place where children come to know Jesus.

Won't you help us?

Here is a list of items you might have at home that we will need to get started. Consider donating …
Small candle holders, small vases (3-5 inches), small souvenir sized spoons, small glass pitchers (3-5 inches), a wooden coffee table (not wide), wooden tables (2-3 ft high) and large, shallow, long baskets.

Please see Olga Ptach, Elena Paolercio, or Matushka Tamara if you can help!
And – please keep our children and our catechists in your prayers!



C.G.S. CATECHISTS, TRAINING AT ST. TIKHON'S SEMINARY