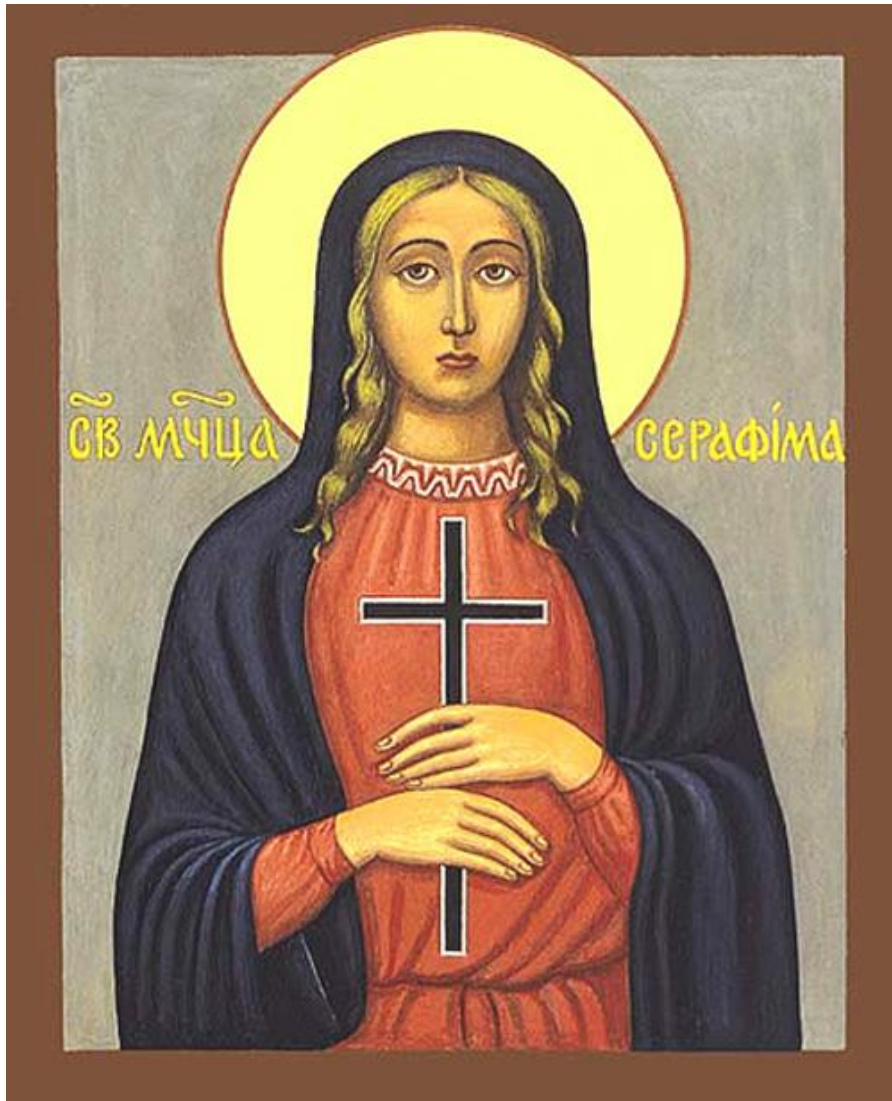


HOLY TRINITY ORTHODOX CHURCH

Yonkers, New York



**Sunday, July 29, 2018 ~ Ninth Sunday After Pentecost ~ Tone 8
Virginmartyr Seraphima of Antioch**

COMING UP IN THE PARISH AND THE DIOCESE...

- **Diocesan Annual Church School Workshop – Saturday, Aug. 25, 10 AM – 2 PM**, at Christ the Saviour Church, 365 Paramus Road, Paramus NJ. Hear about the “Catechesis of the Good Shepherd,” an experience-based, Montessori-style educational curriculum being offered to Diocesan parishes. See Fr. David to RSVP or ask for details.

HOLY TRINITY ORTHODOX CHURCH

Trinity Plaza ✦ 46 Seymour Street ✦ Yonkers, New York 10701

Rector: V. Rev. David Cowan ✦ Protodeacon John Eby

Attached: V. Rev. John Tkachuk ✦ V. Rev. Vitaly Bahanovich

Rector Emeritus: V. Rev. Yaroslav Sudick, Ph.D., D.D.

Rectory Phone 914-965-6815 ✦ Email: frdavidcowan@gmail.com

Web: www.HolyTrinityYonkers.org

Facebook: www.facebook.com/HolyTrinityOrthodox

Diocese of New York & New Jersey: www.nynjoca.org

SERVICES AND ACTIVITIES

Today

9:30 AM *Divine Liturgy* followed by Coffee Hour

Saturday, August 4

6:00 PM *Reader's Vespers*

Sunday, August 5 – Eve of the Transfiguration of Our Lord

9:30 AM *Divine Liturgy* followed by Coffee Hour, with Presentation on the 19th All-American Council by Lay Delegate Michael Adamovich

7:00 PM *Great Vespers & Litya*, with *Blessing of Fruit* – The Transfiguration of Our Lord Jesus Christ

Monday, August 6 – The Transfiguration of Our Lord Jesus Christ

9:30 AM *Divine Liturgy*

Thursday, August 9 – Feast of St. Herman of Alaska

9:30 AM *Akathist* to Saint Herman the Wonderworker of Alaska

7:30 PM Spanish / English Bible Study at the Krinstensen Apartments Across the Street – Call Ioannis at (347) 740-2827 to be let in the building.

Saturday, August 11

5:30 PM Private Confession Available

6:00 PM *Great Vespers*

Sunday, August 12

9:30 AM *Divine Liturgy* followed by Coffee Hour

EPISTLE 1 Cor. 3:9-17 Brethren: We are God's fellow workers; you are God's field, you are God's building. According to the grace of God which was given to me, as a wise master builder I have laid the foundation, and another builds on it. But let each one take heed how he builds on it. For no other foundation can anyone lay than that which is laid, which is Jesus Christ. Now if anyone builds on this foundation with gold, silver, precious stones, wood, hay, straw, each one's work will become clear; for the Day will declare it, because it will be revealed by fire; and the fire will test each one's work, of what sort it is. If anyone's work which he has built on it endures, he will receive a reward. If anyone's work is burned, he will suffer loss; but he himself will be saved, yet so as through fire. Do you not know that you are the temple of God and that the Spirit of God dwells in you? If anyone defiles the temple of God, God will destroy him. For the temple of God is holy, which temple you are.

GOSPEL Matthew 14:22-34 At that time, Jesus made His disciples get into the boat and go before Him to the other side, while He sent the multitudes away. And when He had sent the multitudes away, He went up on the mountain by Himself to pray. Now when evening came, He was alone there. But the boat was now in the middle of the sea, tossed by the waves, for the wind was contrary. Now in the fourth watch of the night Jesus went to them, walking on the sea. And when the disciples saw Him walking on the sea, they were troubled, saying, "It is a ghost!" And they cried out for fear. But immediately Jesus spoke to them, saying, "Be of good cheer! It is I; do not be afraid." And Peter answered Him and said, "Lord, if it is You, command me to come to You on the water." So He said, "Come." And when Peter had come down out of the boat, he walked on the water to go to Jesus. But when he saw that the wind was boisterous, he was afraid; and beginning to sink he cried out, saying, "Lord, save me!" And immediately Jesus stretched out His hand and caught him, and said to him, "O you of little faith, why did you doubt?" and when they got into the boat, the wind ceased. Then those who were in the boat came and worshiped Him, saying, "Truly You are the Son of God." When they had crossed over, they came to the land of Gennesaret.

PASTORAL CARE – GENERAL INFORMATION

Emergency Sick Calls can be made at any time. Please call Fr. David at (914) 965-6815, when a family member is admitted to the hospital.

Anointing In Sickness: The Sacrament of Unction is available in Church, the hospital, or your home, for anyone who is sick, however severe. It doesn't mean "Last Rites!"

Marriages and Baptisms require early planning, scheduling, and selection of sponsors (crown bearers or godparents). See Father before booking dates and reception halls!

Funerals are celebrated for practicing Orthodox Christians. Please see Father for details.

The Church opposes cremation; we cannot celebrate funerals for cremations.

PRAYER LIST

Above all, we are a praying community. Keep this list in your prayer corner, and in your daily prayers remember our Brothers & Sisters in Christ:

Nina Wisniewski (Suzanne Nolan's mother), recovering from surgery; newborn Ivan Karlgut and his family; Metropolitan ANTONY (Ukrainian Orthodox Church USA, injured in a car accident); Fr. Daniel Skvir; Dn. Alexander Anderson; John, John, Mary, Rebecca, Lauren; Peter; Martha; children Victoria Saraceno, Giselle & Penelope; Vera Bouteneff; Elizabeth Brown; Maria Castro; Ted Chaiko; Nina Dimas; Fr. Vasil Dube; Sarah Haughton; Douglas Jenkins; Ghadfa Khoury; Vera Kuzmenko; Christopher Olsen; Mark Rysz; Jamie Arrango; Earle & Sally Ausman; Adina Osbourne; Connie Holroyd; Rocco Mastronardi; Nancy Prusak; Honorina Rodriguez; Christina Sceppaquercia & Regina Cataldo; Mary Braig; expecting mothers Victoria Statkevicius, Matushki Viktoria Budica and the children to be born to them; Fr. Nicholas & Mat. Anastasia Harris; Marian Harris; Vincent Knarr; Elena Herman; Nicholas Macagnone; Tanya Balasenowich; the child Alena; Andrew Czuchta; Boris Lyzak; Douglas & Susan Hansen; Bill Bodack; Courtney Lyzak; Suzanne Gee; Kathleen & Maryanne Nolan; Shawn Malone; Metropolitan Paul and Bishop Gregorios, Vera Bullock; Nikolai & Nadezhda Solidnov; the priests Frs. Maryan Chaykivsky, Stephen Hoskins, Leonid Kishkovsky, John Malcom, Josef Petranin, John Reeves, Basil Summer, John Tkachuk, John Zabinko; Matushki Ellen Chupeck, Rebekah Markewich, Priscilla Shipley, Katherine White; all those confined to hospitals, nursing homes, and their own homes due to illness, including Eugen Balasenowich, Sr.; Maria Chouplat; Helen Delandri; Olga Donski; Walter Donski; Irene Homa; Anatole Honczarenko; Olga Juck; Olga Pavelchak; Stephanie Phillips; Tekla Rzyk; for all soldiers, especially Mykola; widows, orphans, prisoners, victims of violence and natural disasters, and refugees; all those suffering chronic illness, financial hardship, loneliness, addiction, abuse, abandonment and despair; all Orthodox seminarians & families; all Orthodox monks and nuns, and all those considering monastic life; all Orthodox missionaries and their families. Birthdays: Sophie Kalafus (who turns 90 on 7/31); Ludmilla (Elena Paolercio's mom); Joseph Paolercio (Michael's brother). Asking God's blessing on our efforts to renovate the Education Building and Church basement.

For blessed repose for the souls of: Newly departed Anne Karell (+7/1); Sharon Naughton (+6/27). All those departed this life in hope of the Resurrection.

Please give prayer requests to Fr. David, to Protodeacon John, or to an Altar Server.
Typically, names remain on this list for 40 days, unless requested otherwise.

PRAY FOR OUR COLLEGE STUDENTS – our parish sons & daughters, OCF chapter members, AND those at nearby colleges who make HTO their spiritual home away from home!

Elizabeth Bouteneff
Joe Ciamarra
Brandon Ferguson
Samantha Fricke
Kaydee Kowalczyk
Andrew Nolan

Peter Nolan
August Perry
Kamille Perry
Joshua Rzyk
Stephanie Rzyk
Matthew Skalski

Justyna Skalski
Adriana Szynda
Emily Szynda
Catherine Wislocki

"Sending our kids to college without a connection to the Church is like sending children to play in traffic." -- Abp. Michael

Please tell Fr. David if there are any errors or omissions on this list.

CANDLE SPONSORSHIPS FOR JULY:

Vigil Candle, Icon of Christ: The departed Anatole, Margareta, Eugenia, Tamara, Michael, Valentina, Gregory & Alexandra; Departed Members, Wirchansky Family: Janet, Peter, Christina, Anne, Helen & Anastasia. Living: Wirchansky, Seckerson & Carlucci Families. **Vigil Candle, Icon of St. Nicholas:** Ludmilla, William, Alexandra, Larisa, Olga, Greg & Virginia. Regina Cataldo, Christina Sceppaquercia.

SPIRITUAL ENCOURAGEMENT FOR TODAY (AND ANY DAY!)

If you do not feel like praying, you have to force yourself.

The Holy Fathers say that prayer with force is higher than prayer unforced. You do not want to, but force yourself. "The Kingdom of Heaven is taken by force" (Matt. 11:12).

-- St. Ambrose of Optina (+1891)

NY/NJ
Department
of Christian
Education



2018 Church School Workshops

10AM – 2PM (Lunch Included)

Saturday, August 18

SS. Peter and Paul Orthodox Church,
401 Hamilton Street, Syracuse, NY

Saturday, August 25

Christ the Saviour Orthodox Church
365 Paramus Road, Paramus, NJ



Catechesis of the Good Shepherd

Come and see! Experience a sample of this new method of Montessori-based Orthodox Christian Education and learn first-hand what distinguishes this great program!



Shelley Finkler, a Catechist and Formation Leader for the National Association of the Catechesis of the Good Shepherd, serves as the Director of Christian Education for St. John Antiochian Orthodox Cathedral in Eagle River, Alaska. She has been a CGS Catechist for 9 years, Formation leader for 2 years, and trained adults in the method at Saint Herman's Orthodox Theological Seminary, Saint Tikhon's Orthodox Theological Seminary, and many Orthodox parishes nationwide.

**For more information and to register,
email Matushka Tamara Cowan,
Lay Chair, Department of Christian Education
Diocese of New York and New Jersey
tamarancowan@hotmail.com**