

# HOLY TRINITY ORTHODOX CHURCH

## Yonkers, New York



**Sunday, March 18, 2018**

Fourth Sunday of Great Lent ~ The Sunday of the Cross

Epistle: Hebrews 6:13-20; Gospel: Mark 9:17-31

**CONFESSIONS IN RUSSIAN, UKRAINIAN, POLISH – Wednesday, March 28, 5:00 PM:** до и во время Литургии Преждеосвященных Даров, о. Вячеслав Кравчук будет слышать исповеди прихожан нашего храма говорящих на русском, украинском и польском языках.

**Coming Up in the Parish and in the Diocese ...**

- **Palm Sunday Bake Sale: Palm Sunday, April 1 at Coffee Hour.** Church School Families and the Ladies' Guild are joining forces and baking Pascha Treats for your baskets! Kulich, Nut Rolls, Cakes, Cookies and more! Please support this Church School fundraiser!
- **Pascha Open House, Pascha Sunday, April 8, 1-4 PM,** at the home of Vera and Nigel Bullock in Scarsdale. Please let Vera know by email [vbullock@law.fordham.edu](mailto:vbullock@law.fordham.edu) or phone 347-624-1409 if you can attend and how many guests you plan to bring so they can plan accordingly. The more the merrier!
- **Rescheduled: Saints Martha & Mary Women's Group: Friday, April 20, 7 PM,** at Tina Reduto's home.

**Also See Back Page for Schedules of HTO Lenten Teaching Talks  
and New York City Deanery Sunday Vespers Services**

**SERVICES AND ACTIVITIES ~ During this Lenten fasting season of “spiritual spring cleaning”,**

**we strive to abstain from meat and dairy products – as well as unnecessary conversation,**

**entertainment, and Internet activity. The Fast ends with the Divine Liturgy on Holy PASCHA, Sunday, April 8.**

**Today – Fourth Sunday of Great Lent: Saint John of the Ladder**

9:30 AM *Divine Liturgy* followed by Church School and Coffee Hour; Ladies’ Guild Meets at Coffee Hour

12:15 PM Video on the “Orthodox Church Capital Improvement Fund” – in the Church Office

**Tuesday, March 20**

7:30 PM Choir Rehearsal – in the Church

**Wednesday, March 21**

5:00 PM Private Confession Available

6:00 PM *Liturgy of the Pre-Sanctified Gifts*, Followed by Lenten Pot Luck and Teaching Talk by Dr. Peter Bouteneff, on his new book, *How To Be A Sinner*

**Thursday, March 22**

7:00 PM *Great Canon of St. Andrew of Crete*, with *Reading of the Life of St. Mary of Egypt*;

Followed by Meeting on Financing the Renovations to the Ed Building and the Church Basement

**Friday, March 23**

7:00 PM *Akathist to the Most-Holy Theotokos*

**Saturday, March 24**

4:00 PM “Orthodoxy 101” Adult Study Class in the Church

5:00 PM Private Confession Available

6:00 PM *Great Vespers & Litya* – Great Feast of the Annunciation of the Most-Holy Theotokos; with Light Lenten Supper & Fellowship Afterward, Upstairs in the Ed Building

**Sunday, March 25 – Great Feast of the Annunciation of the Most-Holy Theotokos ~**

**Please Welcome His Grace, Bishop SERAPHIM, Former Bishop of Sendai, Japan**

9:30 AM *Divine Liturgy*. Followed By a Talk by Bishop Seraphim at Coffee Hour on his new book, *Tapstry*; Copies of the book will be available for sale, and His Grace will sign copies on request.

**EPISTLE Hebrews 6:13-20** Brethren: When God made a promise to Abraham, because He could swear by no one greater, He swore by Himself, saying, “Surely blessing I will bless you, and multiplying I will multiply you.” And so, after he had patiently endured, he obtained the promise. For men indeed swear by the greater, and an oath for confirmation is for them an end of all dispute. Thus God, determining to show more abundantly to the heirs of promise the immutability of His counsel, confirmed it by an oath, that by two immutable things, in which it is impossible for God to lie, we might have strong consolation, who have fled for refuge to lay hold of the hope set before us. This hope we have as an anchor of the soul, both sure and steadfast, and which enters the Presence behind the veil, where the forerunner has entered for us, even Jesus, having become High Priest forever according to the order of Melchizedek. **GOSPEL Mark 9:17-31** At that time, one of the crowd answered and said to Jesus, “Teacher, I brought You my son, who has a mute spirit. And wherever it seizes him, it throws him down; he foams at the mouth, gnashes his teeth, and becomes rigid. So I spoke to Your disciples, that they should cast it out, but they could not. He answered him and said, “O faithless generation, how long shall I be with you? How long shall I bear with you? Bring him to Me.” Then they brought him to Him. And when he saw Him, immediately the spirit convulsed him, and he fell on the ground and wallowed, foaming at the mouth. So He asked his father, “How long has this been happening to him?” And he said, “From childhood. And often he has thrown him both into the fire and into the water to destroy him. But if You can do anything, have compassion on us and help us.” Jesus said to him, “If you can believe, all things are possible to him who believes.” Immediately the father of the child cried out and said with tears, “Lord, I believe; help my unbelief!” When Jesus saw that the people came running together, He rebuked the unclean spirit, saying to it: “Deaf and dumb spirit, I command you, come out of him and enter him no more!” Then the spirit cried out, convulsed him greatly, and came out of him. And he became as one dead, so that many said, “He is dead.” But Jesus took him by the hand and lifted him up, and he arose. And when He had come into the house, His disciples asked Him privately, “Why could we not cast it out?” So He said to them, “This kind can come out by nothing but prayer and fasting.” Then they departed from there and passed through Galilee, and He did not want anyone to know it. For He taught His disciples and said to them, “The Son of Man is being betrayed into the hands of men, and they will kill Him. And after He is killed, He will rise the third day.”

**HOLY TRINITY ORTHODOX CHURCH** ♦ 46 Seymour Street ♦ Yonkers, New York 10701

Rector: V. Rev. David Cowan; Protodeacon John Eby; Attached: V. Rev. John Tkachuk; V. Rev. Vitaly Bahanovich

Rector Emeritus: V. Rev. Yaroslav Sudick, Ph.D., D.D.

Rectory Phone 914-965-6815 ♦ Email: frdavidcowan@gmail.com; Web: www.HolyTrinityYonkers.org

Facebook: www.facebook.com/HolyTrinityOrthodox

Diocese of New York & New Jersey: www.nynjoca.org

## PRAYER LIST

**Above all, we are a praying community. Keep this list in your prayer corner, and in your daily prayers remember our Brothers & Sisters in Christ:**

Ludmila Branzow; Daria York; Eugen Balasenowich, Sr. (Eugene's dad); Gregory; Edward; Gregory Barbash; Rocco & Marie Mastronardi; Nancy Prusak; Lina Eckoff, Paulette Drake; Michael Champion; Honorina Rodriguez; Fr. Joseph Lickwar; Fr. Paul and Timothy Kucynda; Matushka Lorisa Gregory; Michael Durkot (Helen Lesko's brother); Mary Braig; Darina Markyanova and the child to be born to her; Vera Bouteneff; Igor; Susan; Alexandra; Fr. Nicholas Harris; Roman Vinogradov; Marian Harris; Vincent Knarr; Elena Herman; Nicholas Macagnone; Tanya Balasenowich; the child Alena; Andrew Czuchta; Boris Lyzak; Douglas & Susan Hansen; Christopher Olsen; Bill Bodack; Nina Dimas; Courtney Lyzak; Suzanne Gee; Kathleen & Maryanne Nolan; Shawn Malone; Metropolitan Paul and Bishop Gregorios, Vera Bullock; Schuyler Perry; Vitaliy Khutko; Nikolai & Nadezhda Solidnov; the priests Frs. Vitaly Bahanovich, Maryan Chaykivsky, Stephen Hoskins, Leonid Kishkovsky, Joseph Kreshik, John Malcom, Josef Petranin, John Reeves, Basil Summer, John Tkachuk, John Zabinko; Matushki Ellen Chupeck, Anastasia Harris, Rebekah Markewich, Priscilla Shipley, Katherine White; all those confined to hospitals, nursing homes, and their own homes due to illness, including Maria Chouplat; Helen Delandri; Olga Donski; Irene Homa; Anatole Honczarenko; Olga Juck; Ann Karell; Olga Pavelchak; Stephanie Phillips; Tekla Rzyzyk; for all soldiers, especially Mykola; widows, orphans, prisoners, victims of violence and natural disasters, and refugees, especially in the Middle East and Ukraine; all those suffering chronic illness, financial hardship, loneliness, addiction, abuse, abandonment and despair; all Orthodox seminarians & families; all Orthodox monks and nuns, and all those considering monastic life; all Orthodox missionaries and their families. Birthdays: Zofia Kowalczyk & Stephanie Rzyzyk (3/18); Tony Prusak (3/23). Asking God's blessing on our efforts to lease the Education Building and renovate the church basement.

**For blessed repose for the souls of:** Newly departed Iolleta Bucci (+3/4); Timothy Conkling (+3/1); Emilita Poling (+2/25); Courtney; Anne; Archil Tatumashvili; Sophie Piwinski (Dasha's mother-in-law, +2/21); Gloria Panciera (Pam Adamovich's mother, +2/20); Matushka Barbara Kucynda (+2/16); Matushka Mary Perez (+2/12); Paul Poswinski (+2/11); Alexander Yedynak; and all those departed this life in hope of the Resurrection.

**Please give prayer requests to Fr. David, to Protodeacon John, or to an Altar Server. Typically, names remain on this list for 40 days, unless requested otherwise.**

**PRAY FOR OUR COLLEGE STUDENTS – our parish sons & daughters, OCF chapter members, AND those at nearby colleges who make HTO their spiritual home away from home!**

Elizabeth Bouteneff  
Michael Bouteneff  
Joe Ciamarra  
Brandon Ferguson  
Kaydee Kowalczyk  
Daniel Kozak  
Andrew Nolan

Peter Nolan  
August Perry  
Kamille Perry  
Christianna Piwinski  
Roman Piwinski  
Amanda Rzyzyk  
Joshua Rzyzyk

Stephanie Rzyzyk  
Matthew Skalski  
Justyna Skalski  
Adriana Szynda  
Emily Szynda  
Catherine Wislocki

***"Sending our kids to college without a connection to the Church is like sending children to play in traffic." -- Abp. Michael***  
**Please tell Fr. David if there are any errors or omissions on this list.**

### CANDLE SPONSORSHIPS FOR MARCH:

**Vigil Candle, Icon of Christ,** Departed Members, Wirchansky Family: Janet, Peter, Christina, Anne, Helen & Anastasia). Living: Wirchansky, Seckerson & Carlucci Families. **Vigil Candle, Icon of St. Nicholas:** Regina Catadldo, Christina Sceppaquercia.

**WANT TO HELP A STRUGGLING PARISH, MISSION, OR SEMINARIAN WITHIN OUR DIOCESAN FAMILY?  
Become a ***DISTINGUISHED DIOCESAN BENEFACTOR!*****

**To see a video "slice of life" of our Diocesan churches, visit [https://nynjoca.org/diocesan\\_assembly.html](https://nynjoca.org/diocesan_assembly.html) ... scroll down to:  
VIDEO: 2017 – THE YEAR IN REVIEW . Any questions? See Fr. David.**



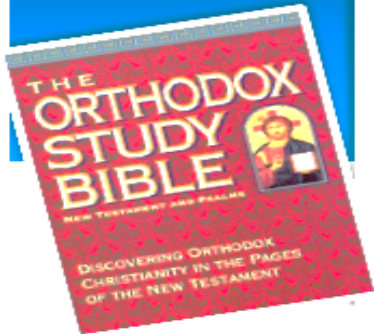
## LENTEN TEACHING TALKS Here at Holy Trinity Church

- Our own Prof. Peter Bouteneff, on his new book, *How To Be A Sinner*, Wednesday Evening, March 21. Please come for the Pre-Sanctified Liturgy and stay for the Pot Luck and Dr. Peter's talk!
- His Grace, Bishop SERAPHIM (Sigrist), on his new book, *Tapestry*, on Sunday Morning, March 25, the Feast of the Annunciation. His Grace will preach at the Festal Divine Liturgy at 9:30 AM and speak on (and sign) his new book at Coffee Hour.
- Brenden Link, Our St. Vladimir's Seminary Intern, on "Temple Imagery and Our Worship", Wednesday Evening, March 28. Presanctified Liturgy at 6:00 PM; Pot Luck & Brenden's talk follow.

## SUNDAY LENTEN VESPERS SERVICES In NYC / Local New Jersey

- St. John of the Ladder Sunday – March 18, 5:00 PM –  
Holy Trinity Church, 400 Glenmore Ave., Brooklyn, NY, 11207, (718) 498-0518
- St. Mary of Egypt Sunday – March 25, 5:00 PM –  
Transfiguration Cathedral, 228 North 12th St., Brooklyn, NY, 11211, (718) 387-1064  
Lenten Supper and Fellowship will follow at each host parish. All are welcome!

## Announcing the 1<sup>st</sup> Annual



The Bible Bowl is a quiz competition for teams of young people and adults, focused on Scripture—this year, all questions will come from **The Gospel of Mark** as found in the **Orthodox Study Bible**

*Teams dive deep  
into the Scriptures  
in a spirit of  
friendly competition!  
Study begins now!*

COMPETITION TO BE HELD AT  
HOLY TRINITY ORTHODOX CHURCH  
46 SEYMOUR STREET, YONKERS, NY  
SAT., NOV. 3, 2018, 10 AM – 2 PM

Teams already forming in...  
Yonkers Syracuse  
Princeton East Meadow  
Clifton Endicott Manville  
Saddlebrook Ballston Spa

Join the competition  
in these age groups:  
Pre-teen: Ages 9-12  
Teens: Ages 13-19  
Adults: Ages 20+

TO REGISTER YOUR TEAM(S)  
AND GET STUDY QUESTIONS  
CONTACT:

Mat. Tamara Cowan  
[tamarancowan@hotmail.com](mailto:tamarancowan@hotmail.com)  
Department of Christian  
Education