

HOLY TRINITY ORTHODOX CHURCH

Yonkers, New York



Sunday, March 4, 2018

Saint Gregory Palamas

Second Sunday of Great Lent

Epistle: Hebrews 1:10-2:3; Gospel: Mark 2:1-12

MEMORIAL SATURDAYS ~ PRAYERS FOR THE DEPARTED

Put the names of your departed loved ones on the list on the candle desk ... and then **come to one of the Memorial Liturgies, Saturdays, March 10 & March 17,** to join your prayers for your reposed loved ones with the prayers of the Saints!

Coming Up in the Parish and in the Diocese ...

- **Martha & Mary Women's Group, Friday, March 16,** at Mardi Perry's house. See Mat. Tamara for details.
- **Lenten Teen Retreat – Friday to Sunday, March 16-18,** at St. Basil's Academy, Garrison, NY
- **Home Blessings Continue.** Contact Father David to schedule yours.

**Also See Back Page for Schedules of HTO Lenten Teaching Talks
and New York City Deanery Sunday Vespers Services**

SERVICES AND ACTIVITIES

Today – Second Sunday of Great Lent: Saint Gregory Palamas

9:30 AM *Divine Liturgy* with *Blessing of Prayer Ropes* and *Panikhida* for Mary Macagnone (40 Days), requested by her children and grandchildren; followed by Church School and Coffee Hour, hosted by the Macagnone Family.

5:00 PM *Deanery Lenten Vespers* at St. Mary Magdalen Church, 70 W. 107th St. at Columbus Ave., NY, NY, 10025

Wednesday, March 7

5:00 PM Private Confession Available

6:00 PM *Liturgy of the Pre-Sanctified Gifts*

Friday, March 9

6:00 PM *Liturgy of the Pre-Sanctified Gifts*, followed by Pot Luck Dinner and Talk by Fr. Adrian Budica

Saturday, March 10

9:30 AM *Memorial Divine Liturgy* – Come Pray for Your Departed Loved Ones

4:00 PM “Orthodoxy 101” Adult Study Class

5:00 PM Private Confession Available

6:00 PM *Great Vespers* with the *Procession of the Cross*; No Supper after Vespers Tonight – Supper Resumes 3/17

Sunday, March 11 – Third Sunday of Great Lent: Sunday of the Cross

9:30 AM *Divine Liturgy*, followed by Church School and Coffee Hour; Teens meet with Fr. David and Brenden

TODAY’S EPISTLE Hebrews 1:10-2:3 Brethren: To the Son, He says: “You, LORD, in the beginning laid the foundation of the earth, and the heavens are the work of Your hands.¹¹They will perish, but You remain; and they will all grow old like a garment;¹²like a cloak You will fold them up, and they will be changed. But You are the same, and Your years will not fail.”¹³But to which of the angels has He ever said: “Sit at My right hand, till I make Your enemies Your footstool?”¹⁴Are they not all ministering spirits sent forth to minister for those who will inherit salvation?¹Therefore we must give the more earnest heed to the things we have heard, lest we drift away.²For if the word spoken through angels proved steadfast, and every transgression and disobedience received a just reward,³how shall we escape if we neglect so great a salvation, which at the first began to be spoken by the Lord, and was confirmed to us by those who heard Him?”

TODAY’S GOSPEL Mark 2:1-12 At that time Jesus entered Capernaum after some days, and it was heard that He was in the house.²Immediately many gathered together, so that there was no longer room to receive them, not even near the door. And He preached the word to them.³Then they came to Him, bringing a paralytic who was carried by four men.⁴And when they could not come near Him because of the crowd, they uncovered the roof where He was. So when they had broken through, they let down the bed on which the paralytic was lying.⁵When Jesus saw their faith, He said to the paralytic, “Son, your sins are forgiven you.”⁶And some of the scribes were sitting there and reasoning in their hearts,⁷Why does this Man speak blasphemies like this? Who can forgive sins but God alone?⁸But immediately, when Jesus perceived in His spirit that they reasoned thus within themselves, He said to them, “Why do you reason about these things in your hearts?⁹Which is easier, to say to the paralytic, ‘Your sins are forgiven you,’ or to say, ‘Arise, take up your bed and walk?’¹⁰But that you may know that the Son of Man has power on earth to forgive sins – He said to the paralytic,¹¹I say to you, arise, take up your bed, and go to your house.¹²Immediately he arose, took up the bed, and went out in the presence of them all, so that all were amazed and glorified God, saying, “We never saw anything like this!”

PASTORAL CARE – GENERAL INFORMATION

Emergency Sick Calls can be made at any time. Please call Fr. David at (914) 965-6815, when a family member is admitted to the hospital.

Anointing In Sickness: The Sacrament of Unction is available in Church, the hospital, or your home, for anyone who is sick, however severe. It doesn’t mean “Last Rites!”

Marriages and Baptisms require early planning, scheduling, and selection of sponsors (crown bearers or godparents). See Father before booking dates and reception halls!

Funerals are celebrated for practicing Orthodox Christians. Please see Father for details.

The Church opposes cremation; we cannot celebrate funerals for cremations.

HOLY TRINITY ORTHODOX CHURCH ✦ 46 Seymour Street ✦ Yonkers, New York 10701

Rector: V. Rev. David Cowan; Protodeacon John Eby; Attached: V. Rev. John Tkachuk; V. Rev. Vitaly Bahanovich

Rector Emeritus: V. Rev. Yaroslav Sudick, Ph.D., D.D.

Rectory Phone 914-965-6815 ✦ Email: frdavidcowan@gmail.com; Web: www.HolyTrinityYonkers.org

Facebook: www.facebook.com/HolyTrinityOrthodox

Diocese of New York & New Jersey: www.nynjoca.org

PRAYER LIST

Above all, we are a praying community. Keep this list in your prayer corner, and in your daily prayers remember our Brothers & Sisters in Christ:

Daria York; Eugen Balasenowich, Sr. (Eugene's dad); Gregory; Edward; Gregory Barbash; Rocco & Marie Mastronardi; Nancy Prusak, Lina Eckoff, Paulette Drake; Michael Champion; Honorina Rodriguez; Fr. Paul and Timothy Kucynda; Michael Durkot (Helen Lesko's brother); Mary Braig; Darina Markyanova and the child to be born to her; Vera Bouteneff; Igor; Susan; Alexandra; Fr. Nicholas Harris; Roman Vinogradov; Marian Harris; Vincent Knarr; Elena Herman; Nicholas Macagnone; Tanya Balasenowich; the child Alena; Andrew Czuchta; Boris Lyzak; Douglas & Susan Hansen; Christopher Olsen; Bill Bodack; Nina Dimas; Courtney Lyzak; Ludmila Branzow; Suzanne Gee; Kathleen & Maryanne Nolan; Shawn Malone; Metropolitan Paul and Bishop Gregorios, Vera Bullock; Schuyler Perry; Vitaliy Khutko; Nikolai & Nadezhda Solidnov; the priests Frs. Vitaly Bahanovich, Maryan Chaykivsky, Stephen Hoskins, Leonid Kishkovsky, Joseph Kreshik, John Malcom, Josef Petranin, John Reeves, Basil Summer, John Tkachuk, John Zabinko; Matushki Ellen Chupeck, Anastasia Harris, Rebekah Markewich, Priscilla Shipley, Katherine White; all those confined to hospitals, nursing homes, and their own homes due to illness, including Maria Chouplat; Helen Delandri; Olga Donski; Irene Homa; Anatole Honczarenko; Olga Juck; Ann Karell; Olga Pavelchak; Stephanie Phillips; Tekla Rzyzyk; for all soldiers, especially Mykola; widows, orphans, prisoners, victims of violence and natural disasters, and refugees, especially in the Middle East and Ukraine; all those suffering chronic illness, financial hardship, loneliness, addiction, abuse, abandonment and despair; all Orthodox seminarians & families; all Orthodox monks and nuns, and all those considering monastic life; all Orthodox missionaries and their families. Birthdays: Matushka Tamara (3/3); Alexandra Kowalczyk (3/8); Roman Piwinski (3/9); Anniversary: Aldo & Helen Saraceno (Cris' parents' 55th Anniversary 3/3). Asking God's blessing on our hopeful upcoming lease of the Education Building.

For blessed repose for the souls of: Newly departed Timothy Conkling (+3/1); Emilita Poling (+2/25); Courtney; Anne; Archil Tatumashvili; Sophie Piwinski (Dasha's mother-in-law, +2/21); Gloria Panciera (Pam Adamovich's mother, +2/20); Matushka Barbara Kucynda (+2/16); Matushka Mary Perez (+2/12); Paul Poswinski (+2/11); Daniel Metz (+2/4); Stephen Yedynak (+2/2); Daria Krawchuk (+2/1); child Anthony Conti (+1/31); Lois McKinley (+1/26); Karen Nichols (+1/23); Mary Macagnone (+1/21); Alexander Yedynak; ever-memorable Anna Mae Balasenowich & Evelyn Guzik; Anatoliy, Tamara, Eugenia & Margarita Branzow (Ludmila's husband and daughters); and all those departed this life in hope of the Resurrection.

Please give prayer requests to Fr. David, to Protodeacon John, or to an Altar Server.

Typically, names remain on this list for 40 days, unless requested otherwise.

Those confined to hospitals or homes, or suffering chronic illnesses, remain on the list.

PRAY FOR OUR COLLEGE STUDENTS – our parish sons & daughters, OCF chapter members, AND those at nearby colleges who make HTO their spiritual home away from home!

Elizabeth Bouteneff
Michael Bouteneff
Joe Ciamarra
Brandon Ferguson
Kaydee Kowalczyk
Daniel Kozak
Andrew Nolan

Peter Nolan
August Perry
Kamille Perry
Christianna Piwinski
Roman Piwinski
Amanda Rzyzyk
Joshua Rzyzyk

Stephanie Rzyzyk
Matthew Skalski
Justyna Skalski
Adriana Szpynda
Emily Szpynda
Catherine Wislocki

"Sending our kids to college without a connection to the Church is like sending children to play in traffic." -- Abp. Michael
Please tell Fr. David if there are any errors or omissions on this list.

CANDLE SPONSORSHIPS FOR MARCH:

Vigil Candle, Icon of Christ, Departed Members, Wirchansky Family: Janet, Peter, Christina, Anne, Helen & Anastasia). Living: Wirchansky, Seckerson & Carlucci Families. **Vigil Candle, Icon of St. Nicholas:** Regina Catadldo, Christina Scepquercia.

**WANT TO HELP A STRUGGLING PARISH, MISSION, OR SEMINARIAN WITHIN OUR DIOCESAN FAMILY?
Become a ***DISTINGUISHED DIOCESAN BENEFACTOR!*****

**To see a video "slice of life" of our Diocesan churches, visit https://nynjoca.org/diocesan_assembly.html ... scroll down to:
VIDEO: 2017 – THE YEAR IN REVIEW . ***Any questions? See Fr. David.*****



LENTEN TEACHING TALKS

Here at Holy Trinity Church

- **Father Adrian Budica, Co-Host of “The Wounded Healer” Podcast, Speaking on Visiting the Sick, This Friday Evening, March 9.** Pre-Sanctified Liturgy begins at 6:00 PM; Pot Luck and Fr. Adrian’s talk follow.
- **Fr. David, on “Dressed to Bless: What Do Vestments Mean?” Wednesday Evening, March 14.** Pre-Sanctified Liturgy begins at 6:00 PM; Pot Luck and Fr. David’s talk follow.
- **Our own Prof. Peter Bouteneff, on his upcoming book, *How To Be A Sinner*, Wednesday Evening, March 21.** Please come for the Pre-Sanctified Liturgy and stay after for the Pot Luck and Dr. Peter’s talk!
- **Brenden Link, Our Intern, on “Temple Imagery and Our Worship”, Wednesday Evening, March 28.** Pre-Sanctified Liturgy begins at 6:00 PM; Pot Luck and Brenden’s talk follow.

(More to Come!)

SUNDAY LENTEN VESPERS SERVICES

In the NYC / Local New Jersey Area

- **St. Gregory Palamas Sunday – March 4, 5:00 PM – St. Mary Magdalen Church, 70 W. 107th St. at Columbus Ave., NY, NY, 10025**
 - **Cross Veneration Sunday – March 11, 5:00 PM – St. Nino Mission, 1835 Bay Ridge Pkwy, Brooklyn, NY 11204, (973) 262-4462**
- **St. John of the Ladder Sunday – March 18, 5:00 PM – Holy Trinity Church, 400 Glenmore Ave., Brooklyn, NY, 11207, (718) 498-0518**
 - **St. Mary of Egypt Sunday – March 25, 5:00 PM – Transfiguration Cathedral, 228 North 12th Street, Brooklyn, NY, 11211, (718) 387-1064**

Lenten Supper and Fellowship will follow at each host parish.

All are welcome!