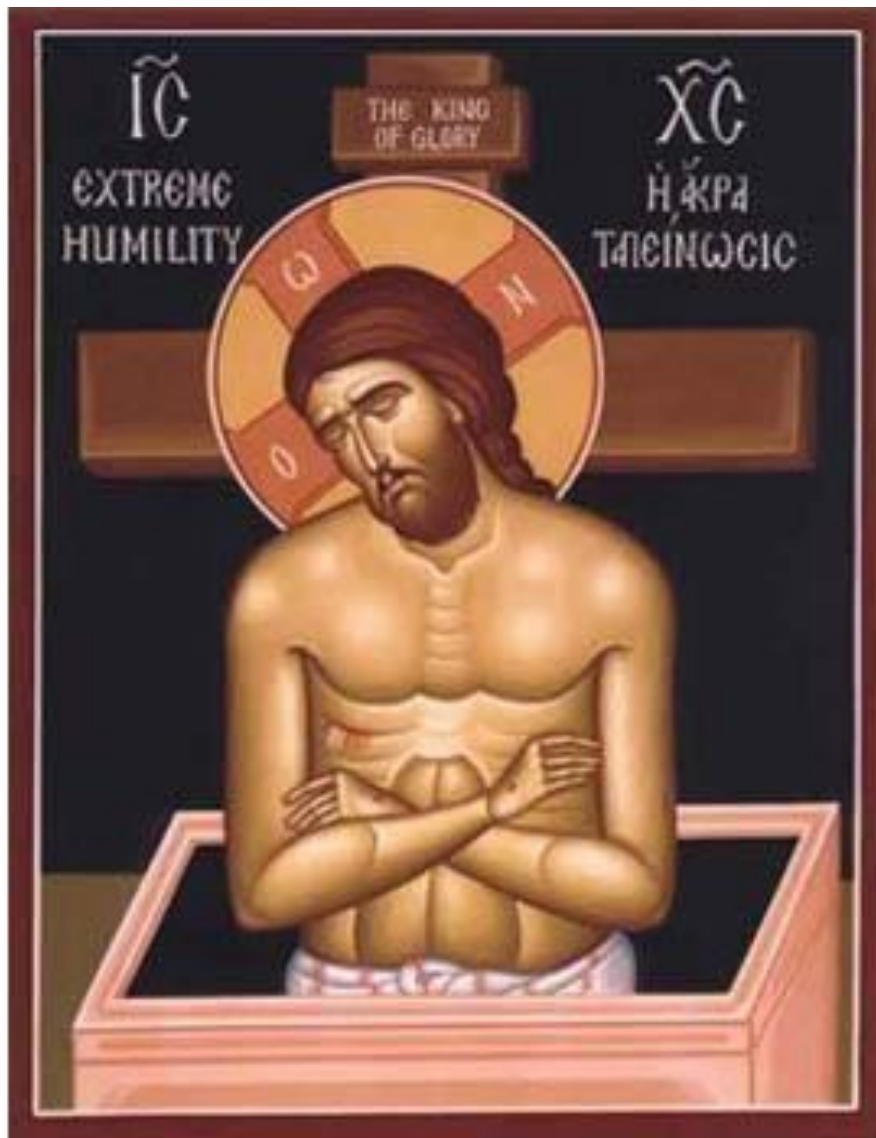


HOLY TRINITY ORTHODOX CHURCH

Yonkers, New York



Sunday, February 18, 2018

**Sunday of Forgiveness ~ Cheesefare Sunday:
Fourth and Final Sunday of Preparation for Great Lent
Epistle: Romans 13:11 - 14:4; Gospel: Matthew 6:14-21**

Coming Up in the Parish and in the Diocese ...

- **Cheesecake Sunday Coffee Hour, Today!** Please stay and enjoy!
- **Church School Outing at *Rock & Jump* in Ridge Hill – This Saturday 2/24, 11 AM**
- **Sunday of Orthodoxy Vespers, Sun. 2/25, 4 PM**, SS. Peter & Paul Church, 76 Whitehead Ave., South River, New Jersey – With Metropolitan Tikhon, Metropolitan Joseph (Antiochian Archdiocese), and Archbishop Michael
- **Home Blessings Continue.** Contact Father David to schedule yours.
- **Lenten Teen Retreat – Friday to Sunday, March 16-18**, at St. Basil's Academy, Garrison, NY

SERVICES AND ACTIVITIES

Today

9:30 AM Divine Liturgy with Forgiveness Vespers and the Rite of Mutual Forgiveness; Followed by “Cheesecake Sunday” Coffee Hour!

Monday AND Tuesday, February 19-20 – Clean Monday and Clean Tuesday

7:00 PM Great Canon of St. Andrew of Crete, First Monday and Tuesday of Lent

Wednesday, February 21 – Clean Wednesday

5:00 PM Private Confession Available

6:00 PM Liturgy of the Pre-Sanctified Gifts, followed by Pot Luck Dinner and Adult Study Class

Thursday, February 22 – Clean Thursday

7:00 PM Great Canon of St. Andrew of Crete, First Wednesday of Lent (due to Pre-Sanctified Liturgy on Wed.)

Friday, February 23 – Clean Friday

9:30 AM Liturgy of the Pre-Sanctified Gifts

Saturday, February 24

11:00 AM Church School Outing at “Rock & Jump”, in Ridge Hill Shopping Center, Yonkers

4:00 PM (Note Time Change) “Orthodoxy 101” Adult Study Class

5:00 PM Private Confession Available

6:00 PM Great Vespers, Followed by Fellowship Hour in the Ed Building

Sunday, February 25 – Sunday of the Triumph of Orthodoxy, the Restoration of Icons

9:30 AM Divine Liturgy with Icon Procession; followed by Panikhida for John Wislocki, Nicola Ciamarra, Camille Ciamarra & Linda Ciamarra; requested by Robert & Lidia Ciamarra; with Church School and Coffee Hour Afterward; Meeting of Teens with Fr. David

Tuesday, February 27

7:30 PM Parish Council Meeting – in the Ed Building

Wednesday, February 28

6:00 PM Liturgy of the Pre-Sanctified Gifts

Friday, March 2

6:30 PM Liturgy of the Pre-Sanctified Gifts; Archbishop Michael Celebrating; Followed by Pot Luck Dinner (note start time) with the Archbishop

TODAY’S EPISTLE Romans 13:11-14:4 Brethren: Do this, knowing the time, that now it is high time to awake out of sleep; for now our salvation is nearer than when we first believed. The night is far spent, the day is at hand. Therefore let us cast off the works of darkness, and let us put on the armor of light. Let us walk properly, as in the day, not in revelry and drunkenness, not in lewdness and lust, not in strife and envy. But put on the Lord Jesus Christ, and make no provision for the flesh, to fulfill its lusts. Receive one who is weak in the faith, but not to disputes over doubtful things. For one believes he may eat all things, but he who is weak eats only vegetables. Let not him who eats despise him who does not eat, and let not him who does not eat judge him who eats; for God has received him. Who are you to judge another’s servant? To his own master he stands or falls. Indeed, he will be made to stand, for God is able to make him stand.

TODAY’S GOSPEL Matthew 6:14-21 Our Lord said: “For if you forgive men their trespasses, your heavenly Father will also forgive you. But if you do not forgive men their trespasses, neither will your Father forgive your trespasses. Moreover, when you fast, do not be like the hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be fasting. Assuredly, I say to you, they have their reward. But you, when you fast, anoint your head and wash your face, so that you do not appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly. Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal; but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. For where your treasure is, there your heart will be also.”

HOLY TRINITY ORTHODOX CHURCH ♦ 46 Seymour Street ♦ Yonkers, New York 10701

Rector: V. Rev. David Cowan; Protodeacon John Eby; Attached: V. Rev. John Tkachuk; V. Rev. Vitaly Bahanovich
Rector Emeritus: V. Rev. Yaroslav Sudick, Ph.D., D.D.

Rectory Phone 914-965-6815 ♦ Email: frdavidcowan@gmail.com; Web: www.HolyTrinityYonkers.org

Facebook: www.facebook.com/HolyTrinityOrthodox

Diocese of New York & New Jersey: www.nynjoca.org

PRAYER LIST

Above all, we are a praying community. Keep this list in your prayer corner, and in your daily prayers remember our Brothers & Sisters in Christ:

Eugen Balasenowich, Sr. (Eugene's dad); Gregory Barbash; Marie Mastronardi; Gloria Panciera; Anne Cheslock; Barbara Nafranowicz; Katerina, Christina, Adrianna; William, Julia & Julia; Daniel Metz. Dan Saraceno, Nancy Prusak, Lina Eckoff, Paulette Drake; Fr. Basil Summer, Fr. Maryan Chaykivsky, Fr. David Garretson, Fr. Christopher Talleos, Fr. John Zabinko; Matushki Ellen Chupeck & Katherine White; Michael Champion; Honorina Rodriguez; Michael Durkot (Helen Lesko's brother); Angela Fragetti; Matushka Rebekah Markewich; Mary Braig; Matushka Tamara; Darina Markyanova and the child to be born to her; Vera Bouteneff; Fr. Nicholas Harris; Roman Vinogradov; Marian Harris; Vincent Knarr; Elena Herman; Nicholas Macagnone; Tanya Balasenowich; the child Alena; Andrew Czuchta; Boris Lyzak; Douglas & Susan Hansen; Christopher Olsen; Bill Bodack; Nina Dimas; Courtney Lyzak; Ludmila Branzow; Suzanne Gee; Kathleen & Maryanne Nolan; Shawn Malone; Metropolitan Paul and Bishop Gregorios, Vera Bullock; Schuyler Perry; Vitaliy Khutko; Nikolai & Nadezhda Solidnov; the priests Frs. Vitaly Bahanovich, Stephen Hoskins, Leonid Kishkovsky, Joseph Kreshik, John Malcom, Josef Petranin, John Reeves, John Tkachuk; Matushka Anastasia Harris; all those confined to hospitals, nursing homes, and their own homes due to illness, including Maria Chouplat; Helen Delandri; Olga Donski; Irene Homa; Anatole Honczarenko; Olga Juck; Ann Karell; Stephanie Phillips; Tekla Rzyzyk; for all soldiers, especially Mykola; widows, orphans, prisoners, victims of violence and natural disasters, and refugees, especially in the Middle East and Ukraine; all those suffering chronic illness, financial hardship, loneliness, addiction, abuse, abandonment and despair; all Orthodox seminarians & families; all Orthodox monks and nuns, and all those considering monastic life; all Orthodox missionaries and their families. Birthday: Bill Bolinsky (2/18).

For blessed repose for the souls of: Newly departed Matushka Barbara Kucynda (+2/16); Matushka Mary Perez (+2/8); Stephen Yedynak (+2/2); Daria Krawchuk (+2/1); child Anthony Conti (+1/31); Lois McKinley (+1/26); Karen Nichols (+1/23); Mary Macagnone (+1/21); Mario Buttinelli (+1/19); Alexander Yedynak; and all those departed this life in hope of the Resurrection.

Please give prayer requests to Fr. David, to Protodeacon John, or to an Altar Server.

Typically, names remain on this list for 40 days, unless requested otherwise.

Those confined to hospitals or homes, or suffering chronic illnesses, remain on the list.

PRAY FOR OUR COLLEGE STUDENTS – our parish sons & daughters, OCF chapter members, AND those at nearby colleges who make HTO their spiritual home away from home!

Elizabeth Bouteneff
Michael Bouteneff
Joe Ciamarra
Brandon Ferguson
Kaydee Kowalczyk
Daniel Kozak
Andrew Nolan

Peter Nolan
August Perry
Kamille Perry
Christianna Piwinski
Roman Piwinski
Amanda Rzyzyk
Joshua Rzyzyk

Stephanie Rzyzyk
Matthew Skalski
Justyna Skalski
Adriana Szynda
Emily Szynda
Catherine Wislocki

"Sending our kids to college without a connection to the Church is like sending children to play in traffic." -- Abp. Michael
Please tell Fr. David if there are any errors or omissions on this list.

CANDLE SPONSORSHIPS FOR FEBRUARY:

Vigil Candle, Icon of Christ, Departed Members, Wirchansky Family: Janet, Peter, Christina, Anne, Helen & Anastasia). Living: Wirchansky, Seckerson & Carlucci Families. **Vigil Candle, Icon of St. Nicholas:** Regina Catadldo, Christina Sceppaquercia.







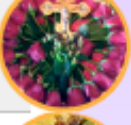


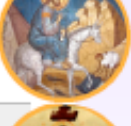


**WANT TO HELP A STRUGGLING PARISH, MISSION, OR SEMINARIAN WITHIN OUR DIOCESAN FAMILY?
Become a DISTINGUISHED DIOCESAN BENEFACTOR!**

**To see a video "slice of life" of our Diocesan churches, visit https://nynjoca.org/diocesan_assembly.html ... scroll down to:
VIDEO: 2017 – THE YEAR IN REVIEW . *Any questions? See Fr. David.***



OUR JOURNEY TO PASCHA! 2018

Created by Fr. Jonathan Bannon (ACROD)

SUNDAYS	THEMES / GOSPEL READING	HOW TO PARTICIPATE:
Fast - Free Week JANUARY 28th	 <i>TRIODION WEEKS</i> Publican and the Pharisee Reading: 2 Timothy 3: 10-15 Gospel: Luke 18: 10-14	Trust in God, not yourself! Ask for His help before every task this week!
Normal Fast Week FEBRUARY 4th	 The Prodigal Son Returns! Reading: 1 Corinthians 6: 12-20 Gospel: Luke 15: 11-32	Schedule a Confession. Use up/freeze meats this week.
Meatfare FEBRUARY 11th FAREWELL TO MEAT TODAY	 The Last Judgment Reading: 1 Corinthians 8: 8-9: 2 Gospel: Matthew 25: 31-46	Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week.
Cheesefare FEBRUARY 18th FAREWELL TO CHEESE TODAY	 Adam and Eve are cast from Paradise! <i>FORGIVENESS SUNDAY</i> Reading: Romans 13: 11-14:4 Gospel: Matthew 6: 14-21	Ask each other for forgiveness each evening this week before bed.
1st Sunday of Lent FEBRUARY 25th	 <i>GREAT FAST BEGINS WITH FORGIVENESS VESPERS</i> SUNDAY of ORTHODOXY Reading: Hebrews 11: 24-26, 32-12:2 Gospel: John 1: 43-51	Bring an icon to church for a procession.
2nd Sunday of Lent MARCH 4th	 ST GREGORY PALAMAS Reading: Hebrews 1:10-2:3 Gospel: Mark 2: 1-12	Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer each day this week.
3rd Sunday of Lent MARCH 11th	 VENERATION OF THE HOLY CROSS <i>HALF WAY TO PASCHA!</i> Reading: Hebrews 4: 14-5: 6 Gospel: Mark 8:34-9: 1	Wear your cross to church and kiss the cross each morning with a bow!
4th Sunday of Lent MARCH 18th	 ST JOHN of the LADDER Reading: Hebrews: 6:13-20 Gospel: Mark 9: 17-31	Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!
5th Sunday of Lent MARCH 25th	 ST MARY of EGYPT Reading: Hebrews 9: 11-14 & Heb 2:11-18 Gospel: Mark 10: 32-45 & LK 1:24-38	Ask the Theotokos to offer you and the world pure thoughts and ideas this week.
FLOWERY (PALM) SUNDAY! April 1st GREAT WEEK BEGINS	 <i>GREAT AND HOLY WEEK</i> ENTRY OF OUR LORD INTO JERUSALEM Reading: Philippians 4: 4-9 Gospel: John 12: 1-18	Place your palm branches and pussywillows behind an icon at home and in your car!
GREAT AND HOLY FRIDAY APRIL 6th	 GREAT AND HOLY FRIDAY <i>JESUS DIES ON THE CROSS</i> CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE	Refrain from TV, Internet, & Phones to honor Christ's Death.
FEAST OF FEASTS! APRIL 8th NO FASTING!	 <i>BRIGHT WEEK</i> HOLY PASCHA! (CHRIST IS RISEN!) Epistle: Acts 1:1-8 Gospel: John 1: 1-17	Greet everyone with "CHRIST IS RISEN!" & say it before good morning and goodnight!