



**SATURDAY
OCTOBER 21ST
10AM-4PM
FALL FESTIVAL**



**HOLY TRINITY ORTHODOX
CHURCH**

**46 SEYMOUR STREET
YONKERS, N.Y.**

**FOR INFORMATION CALL
914-965-6815**

WWW.HOLYTRINITYYONKERS.ORG

**Christmas crafts
Gift Shop**

**Ethnic foods and
bake sale**

Tag Sale

RAFFLE

3 course Lunch

\$5/person

\$20/family

(2 adults & 2 kids)

Church Tours

**COME AND
ENJOY A
DELICIOUS
LUNCH WHILE
BROWSING FOR
TOYS, BOOKS,
CLOTHING &
MORE!**

**HOLY TRINITY ORTHODOX CHURCH
Yonkers, New York**



**Sunday, August 6, 2017 ~ 9th Sunday After Pentecost
The Great Feast of the Transfiguration of Our Lord**

BLESSING OF FRUIT TODAY:

If you have brought fruit to be blessed, please put it on one of the tables in the center of the church.
Father David will bless them at the end of the Divine Liturgy.



HOLY TRINITY ORTHODOX CHURCH

Trinity Plaza ✦ 46 Seymour Street ✦ Yonkers, New York 10701
 Rector: V. Rev. David Cowan ✦ Protodeacon John Eby
 Attached: V. Rev. John Tkachuk ✦ Rev. Vitaly Bahanovich
 Rector Emeritus: V. Rev. Yaroslav Sudick, Ph.D., D.D.
 Rectory Phone 914-965-6815 ✦ Email: frdavidcowan@gmail.com
 Web: www.HolyTrinityYonkers.org
 Facebook: www.facebook.com/HolyTrinityOrthodox
 Diocese of New York & New Jersey: www.nynjoca.org

Sunday, August 6, 2017 ~ 9th Sunday After Pentecost

Great Feast of the Transfiguration of Our Lord, God and Savior, Jesus Christ

Epistle: 2 Peter 1:10-19; Gospel: Matthew 17:1-9

SERVICES AND ACTIVITIES

Today

Sunday, August 6 – Great Feast of the Transfiguration of Our Lord

9:30 AM Divine Liturgy, with Blessing of Fruit

Saturday, August 12

10 AM – 3 PM Church School Conference, “Raising Our Young People As A Generation Of Disciples And Leaders,” with Fr. Joseph Purpura, at Christ the Saviour Church, 365 Paramus Rd., Paramus, NJ

5:30 PM Private Confession Available

6:00 PM Great Vespers

Sunday, August 13

9:30 AM Divine Liturgy

Monday, August 14

6:00 PM Vesperal Divine Liturgy – Great Feast of the Dormition of the Most-Holy Theotokos

Saturday, August 19

5:30 PM Private Confession Available

6:00 PM Great Vespers

Sunday, August 20

9:30 AM Divine Liturgy

FAMILIES – Mark Your Calendars for These Three Events:

- **Saturday, August 12: Church School Conference, “Raising Our Young People As A Generation Of Disciples And Leaders,” with Fr. Joseph Purpura, at Christ the Saviour Church, Paramus, NJ**
- **Thursday, August 24: Diocesan Orthodox Youth Day, at Six Flags Great Adventure, Jackson, NJ**
- **Friday – Sunday, November 10-12: Diocesan Annual Girls’ Retreat, at Saint Basil’s Academy, Garrison, NY**

- *More information coming soon ...*

but see Fr. David if you’d like more information sooner!

PRAYER LIST

Above all, we are a praying community. Keep this list in your prayer corner, and in your daily prayers remember our Brothers & Sisters in Christ:

Paul Poswinski; Matushki Shirley Lickwar & Jeanne Plekon; Fr. Sergei & Matushka Gerry Glagolev; Fr. George Hasenecz; Matushka Tamara; Archbishop Nikon of Boston, Bishop Seraphim of Sendai, Archbishop Nathaniel of Detroit; Fr. Steven Voytovich; Fr. Paul Lazor, Dn. John Holoduek, Matushka Myra Kovalak, Klara Borzova, Dana Talley, and Tamara Muscurell, recovering from surgery; Michael Durkot; Ludmila & Sergey; Krista Adamovich-Rippi & Darina Markyanova and the children to be born to them; Vera Bouteneff; Richard Wisniewski (Suzanne Nolan’s father); Ann Bratic; Peter Kusick; Pyotr, Katiya, Olga; Lois McKinley; Fr. Nicholas Harris; Sophie Kalafus; Bob Drake (Beth Rzyk’s dad); Jessica Bruno; Karen Thompson; Marian Harris; Vincent Knarr; Elena Herman; Nicholas Macagnone; Tanya Balasenowich; the child Alena; Andrew Czuchta; Ann Dahulich; Boris Lyzak; Douglas & Susan Hansen; Christopher Olsen; Bill Bodack; Nina Dimas; Courtney Lyzak; Eleanor Wasilko; Ludmila Branzow; Suzanne Gee; Kathleen & Maryanne Nolan; Kevin Kuzmenko; Shawn Malone; Metropolitan Paul and Bishop Gregorios, Vera Bullock; Schuyler Perry; Vitaliy Khutko; Nikolai & Nadezhda Solidnov; the priests Frs. Ilya Gotlinsky, Leonid Kishkovsky, Stephen Hoskins, John Reeves, John Malcom, Vitaly Bahanovich, John Tkachuk; Matushki Charlene Garklavs & unborn child, Anastasia Harris and Masha Tkachuk; all those confined to hospitals, nursing homes, and their own homes due to illness, including Helen Delandri; Irene Homa; Anatole Honczarenko; Olga Juck; Mary Kalakuka; Ann Karell; Daria Krawchuk; Mary Macagnone; Stephanie Phillips; Tekla Rzyk; Martha Slivka; Nicholas Washenko; for all soldiers, especially Mykola; widows, orphans, prisoners, victims of violence, and refugees, especially in the Middle East and in Ukraine; all those suffering chronic illness, financial hardship, loneliness, addiction, abuse, abandonment and despair; all Orthodox seminarians & families; all Orthodox monks and nuns, and all those considering monastic life; all Orthodox missionaries and their families. Birthdays: Lukas and Thomas Skalski (8/8)

For blessed repose for the souls of: Newly departed John Elsner (Beth Ryayk’s stepfather, +8/4); Roger Alexander Breton (+7/8); Mary Kantor (+7/7); Protodeacon Gregory Hatrak (+7/1); Matushka Stefanie Yazge (+6/29); Christine Patz (+5/31); and all those departed this life in hope of the Resurrection.

Please give prayer requests to Fr. David, to Protodeacon John, or to an Altar Server. Typically, names remain on this list for 40 days, unless requested otherwise. Those confined to hospitals or homes, or suffering chronic illnesses, remain on the list.

CANDLE SPONSORSHIPS FOR AUGUST:

Vigil Candle, Icon of Christ, Departed Members, Wirchansky Family: Janet, Peter, Christina, Anne, Helen & Anastasia). Living: Wirchansky, Seckerson & Carlucci Families.

PLANNING YOUR SUMMER TRAVELS:

1. **After you plan your flight (or train, or drive)...**
2. **After you book where you are staying...**
3. **Find the Orthodox Church where you'll go while you're there:**

Visit www.orthodoxyinamerica.org



PRAY FOR OUR COLLEGE STUDENTS – our parish sons & daughters, OCF chapter members, AND those at nearby colleges who make HTO their spiritual home away from home!

Elizabeth Bouteneff
Michael Bouteneff
Joe Ciamarra
Jaroslaw Kopczka
Kaydee Kowalczyk

Andrew Nolan
August Perry
Kamille Perry
Schuyler Perry
Christianna Piwinski
Roman Piwinski

Amanda Rzyk
Joshua Rzyk
Stephanie Rzyk
Justyna Skalski

“Sending our kids to college without a connection to the Church is like sending children to play in traffic.” -- Archbishop Michael
Please tell Fr. David if there are any errors or omissions on this list.

PASTORAL CARE – GENERAL INFORMATION

Emergency Sick Calls can be made at any time. Please call Fr. David at (914) 965-6815, when a family member is admitted to the hospital.

Anointing In Sickness: The Sacrament of Unction is available in Church, the hospital, or your home, for anyone who is sick, however severe. It doesn't mean “Last Rites!”

Marriages and Baptisms require early planning, scheduling, and selection of sponsors (crown bearers or godparents). See Father before booking dates and reception halls!

Funerals are celebrated for practicing Orthodox Christians. Please see Father for details.

The Church opposes cremation; we cannot celebrate funerals for cremations.

WANT TO HELP A STRUGGLING PARISH, MISSION, OR SEMINARIAN WITHIN OUR DIOCESAN FAMILY?

Become a **DISTINGUISHED DIOCESAN BENEFACTOR!**

To see a video “slice of life” of our Diocesan churches, visit www.nynjoca.org/2016_diocesan_assembly.html ... scroll down to: **VIDEO: 2016 – THE YEAR IN REVIEW . Any questions? See Fr. David.**



EPISTLE 2 Peter 1:10-19 Brethren: be even more diligent to make your call and election sure, for if you do these things you will never stumble;¹¹for so an entrance will be supplied to you abundantly into the everlasting kingdom of our Lord and Savior Jesus Christ.¹²For this reason I will not be negligent to remind you always of these things, though you know and are established in the present truth.¹³Yes, I think it is right, as long as I am in this tent, to stir you up by reminding you,¹⁴knowing that shortly I must put off my tent, just as our Lord Jesus Christ showed me.¹⁵Moreover I will be careful to ensure that you always have a reminder of these things after my decease.¹⁶For we did not follow cunningly devised fables when we made known to you the power and coming of our Lord Jesus Christ, but were eyewitnesses of His majesty.¹⁷For He received from God the Father honor and glory when such a voice came to Him from the Excellent Glory: “This is My beloved Son, in whom I am well pleased.”¹⁸And we heard this voice which came from heaven when we were with Him on the holy mountain.¹⁹And so we have the prophetic word confirmed, which you do well to heed as a light that shines in a dark place, until the day dawns and the morning star rises in your hearts. **GOSPEL Matthew 17:1-9** At that time, after six days Jesus took Peter, James, and John his brother, led them up on a high mountain by themselves;²and He was transfigured before them. His face shone like the sun, and His clothes became as white as the light.³And behold, Moses and Elijah appeared to them, talking with Him.⁴Then Peter answered and said to Jesus, “Lord, it is good for us to be here; if You wish, let us make here three tabernacles: one for You, one for Moses, and one for Elijah.”⁵While he was still speaking, behold, a bright cloud overshadowed them; and suddenly a voice came out of the cloud, saying, “This is My beloved Son, in whom I am well pleased. Hear Him!”⁶And when the disciples heard it, they fell on their faces and were greatly afraid.⁷But Jesus came and touched them and said, “Arise, and do not be afraid.”⁸When they had lifted up their eyes, they saw no one but Jesus only.⁹Now as they came down from the mountain, Jesus commanded them, saying, “Tell the vision to no one until the Son of Man is risen from the dead.”

CHURCH SCHOOL TEACHERS AND PARENTS – PLEASE ATTEND:

2017 CHURCH SCHOOL CONFERENCE
NEW YORK CITY AND NEW JERSEY DEANERIES

Raising Our Young People As A Generation of Disciples and Leaders

Conference Leader:

Very Reverend Dr. Joseph Purpura

Chairman, Department of Youth and Parish Ministries
Antiochian Orthodox Christian Archdiocese of North America

Saturday, August 12

10:00 AM – 3:00 PM

Christ the Saviour
Orthodox Church
365 Paramus Road
Paramus, New Jersey 07652
www.ChristTheSaviour.org
(Lunch Included)



Diocese of New York and New Jersey
www.nynjoca.org

NINE PRINCIPLES FOR RE-ESTABLISHING A PRAYER RULE

From Fr. Maksym Lysack

1. Make it for where you are now, not for where you think you should be.
2. Make it shorter and simpler than you think it should be.
3. Accept that it's not going to have all the elements of a prayer rule as you've heard it described.
4. Make sure your prayer rule is a good fit in your life (though you may have to adjust your life too).
5. Reduce the time you spend on the Internet.
6. Control your thoughts ... more precisely, control which thoughts you dialogue with and dis-engage from.
7. Keep your heart at peace.
8. Invite God's presence into your life.
9. Be aware of God during the day.

More on these during today's sermon.

Note: this is for re-establishing a prayer rule if yours has become inconsistent.

If you have never established a daily prayer rule or habit, Father David will be happy to assist you in this.