

IT'S TIME TO PREPARE THE "ED BUILDING" FOR A RENTER! (We'll still have it for Coffee Hour.)

Our Parish Council is in the process of negotiating a lease to rent out the Education Building. The possible tenant is a local not-for-profit agency that supports and educates children who are transitioning out of disadvantaged circumstances. So far, the negotiations are moving very positively. This rental would greatly help the parish financially -- and it would greatly bless us in many other ways too, since the Education Building would be put to use, every day, for education!

The lease clearly states that the parish will have access to the Education Building restrooms and upper floor (the kitchen and the gym) on Sundays, until the end of Coffee Hour. Also, we do not need to remove the tables, chairs, and most other furniture -- the tenant would use those things for their classes and programs. Our Church School and other parish needs, including facilities for non-Sunday services, will be accommodated in other ways. The Council is working on those arrangements now.

We all need to come together and work as a family to prepare our "house" for this blessing. Below is a schedule of upcoming Sundays, most including packing sessions. Please see Dasha Piwinski or Pat Bouteneff to find out how you can help. From making lists, to labeling boxes, to "heavy lifting" -- anyone of any age and ability can join in!

Sun 3/5 Packing Session After Coffee Hour, 30 Minutes
Sun 3/12 Packing Session After Coffee Hour, 30 Minutes

Additional weekday packing sessions will be announced.

**WE NEED PEOPLE TO HAUL THINGS TO THE DUMP. Please see
Pat Bouteneff or Matushka Tamara if you can help haul.**

**** Thank you to everyone who has helped so far, on Sundays and weekdays too!****

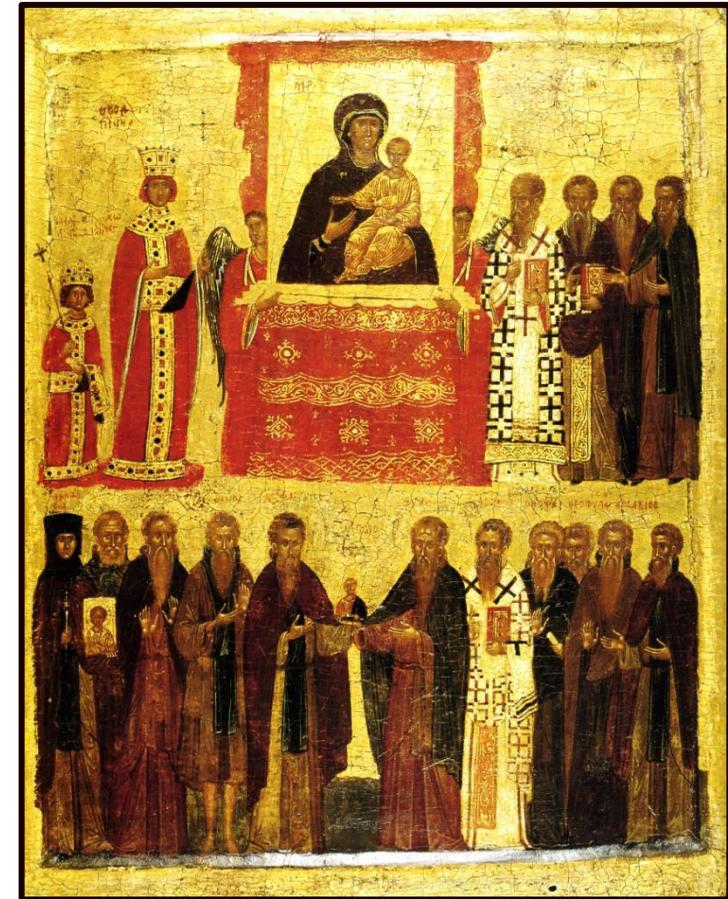
**WANT TO HELP A STRUGGLING PARISH, MISSION, OR
SEMINARIAN WITHIN OUR DIOCESAN FAMILY?**

Become a ***DISTINGUISHED DIOCESAN BENEFACTOR!***

To see a video "slice of life" of our Diocesan churches, visit
www.nynjoca.org/2016_diocesan_assembly.html ... scroll down to:
VIDEO: 2016 - THE YEAR IN REVIEW . *Any questions? See Fr. David.*



HOLY TRINITY ORTHODOX CHURCH Yonkers, New York



Sunday, March 5, 2017

First Sunday of Great Lent

Triumph of Orthodoxy ~ The Restoration of Icons

MEMORIAL SATURDAYS ~ PRAYERS FOR THE DEPARTED

Put the names of your departed loved ones on the list on the candle desk ... and then come to one of the Memorial Liturgies on Saturdays, March 11 and March 18, to join your prayers for your reposed loved ones with the prayers of the Saints!



HOLY TRINITY ORTHODOX CHURCH

Trinity Plaza ✦ 46 Seymour Street ✦ Yonkers, New York 10701
Rector: V. Rev. David Cowan ✦ Protodeacon John Eby
Attached: V. Rev. John Tkachuk ✦ Rev. Vitaly Bahanovich
Rector Emeritus: V. Rev. Yaroslav Sudick, Ph.D., D.D.
Rectory Phone 914-965-6815 ✦ Email: frdavidcowan@gmail.com
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Diocese of New York & New Jersey: www.nynjoca.org

Sun., March 5, 2017 ~ First Sunday of Lent: Triumph of Orthodoxy; Restoration of Icons
Epistle: Hebrews 11:24-26,32-12:2; Gospel: John 1:43-51

SERVICES AND ACTIVITIES

Today

9:30 AM *Divine Liturgy* with *Children's Icon Procession*; then Coffee Hour and Church School;
Teens' Monthly Meeting with Fr. David; Cleaning & Packing Session
4:00 PM *Orthodoxy Sunday Vespers* at St. Nicholas Cathedral, Brooklyn, Details in Bulletin.

Monday, March 6

7:30 PM Choir Rehearsal, in the Church

Wednesday, March 8

5:00 PM Private Confession Available
6:30 PM *Liturgy of the Presanctified Gifts*

Friday, March 10

2:00 PM *Akathist* and Bible Study, in the Church

Saturday, March 11

9:30 AM *Memorial Divine Liturgy* – Come Pray for Your Departed Loved Ones
5:00 PM Private Confession Available
6:00 PM *Great Vespers*

Sunday, March 12

9:30 AM *Divine Liturgy* followed by Coffee Hour, Church School, Adult Altar Servers' Meeting
At Coffee Hour: Moms' Group – First Meeting! After Coffee Hour: Cleaning & Packing Session
5:00 PM *Lenten Vespers & Supper* at Holy Trinity Church, 400 Glenmore Ave., Brooklyn

Monday, March 13

7:30 PM Choir Rehearsal – in the Church

Wednesday, March 15

5:00 PM Private Confession Available
6:00 PM *Liturgy of the Presanctified Gifts*

Thursday, March 16

7:00 PM Bible Study in English & Spanish – at the Kristensen Apartments Across the Street;
Parishioners Welcome – Call Fr. David beforehand so you can be let inside.

Friday, March 17

2:00 PM *Akathist* and Bible Study, in the Church

PRAYER LIST

Above all, we are a praying community. Keep this list in your prayer corner, and in your daily prayers remember our Brothers & Sisters in Christ:

Sophie Wan; newborn Veronica Wineski and mother Svetlana (Miroshnikovs' daughter & granddaughter); Marian Harris; Christina Berencz, John Felenczak, Christina Soucek & newborn daughter Giselle; Matushka Laura Schmidt & newborn daughter Lucy; Elena, Veronika; John, Susanna, Jonathan, Sophia, Nathan, Clara, Keith & Frances Talley; Fr. Nicholas Harris, Maggie Bautista; Ursula Handley; Ioanna; Anna; Reader Frederick Fetkowitz; Vincent Knarr; Theodora Mandel; Adnan Abbasi; Nicholas Macagnone; Dragan Saric; Olga Vurgina; Eugene & Tanya Balasenowich; Natasha Work; Svetlana Wineski and the child to be born to her; the children Nadia, Michael, and Alena; Andrew Czuchta; Ann Dahulich; Barbara Evanina; Boris Lyzak; Stephanie Davis, Susan Hansen, Alexander Kravchenko, Virginia & Arthur Shanahan, John O'Donnel; Christopher Olsen; Bill Bodack; Nina Dimas; catechumen Norman & Elena Herman; Courtney Lyzak; Anatole Honczarenko; Eleanor Wasilko; Ludmila Branzow; Suzanne Gee; Kathleen & Maryanne Nolan; Kevin Kuzmenko; Shawn Malone; Metropolitan Paul and Bishop Gregorios, Vera Bullock; Schuyler Perry; Vitaliy Khutko; Malcolm Kirkpatrick; Nikolai & Nadezhda Solidnov; the priests Frs. John Reeves, John Malcom, Alexis Vinogradov, Vitaly Bahanovich, John Tkachuk; Matushki Anastasia Harris, Kathryn Malcom, Masha Tkachuk and Elizabeth Vinogradov; Klara Borzova; Helen Delandri; Irene Homa; Olga Juck; Mary Kalakuka; Mary Kantor; Ann Karell; Daria Krawchuk; Mary Macagnone; Stephanie Phillips; Tekla Rzyzyk; Martha Slivka; Nicholas Washenko; all those confined to hospitals, nursing homes, and their own homes due to illness; for all soldiers, especially Bryan, Mykola & Marin; widows, orphans, prisoners, victims of violence, and refugees, especially in the Middle East and in Ukraine; all those suffering chronic illness, financial hardship, loneliness, addiction, abuse, abandonment and despair; all Orthodox seminarians & families; all Orthodox monks and nuns, and all those considering monastic life; all Orthodox missionaries and their families. Birthdays: Rafael Moreno (3/7), Alexandra Kowalczyk (3/8); Roman Piwinski (3/9).

For blessed repose for the souls of: Newly departed Millie Macagnone (Nick & Gail's aunt, +3/3); Richard Dosin (+2/6). Matushka Juliana Schmemann (+1/29); Daniel Markewich (+1/29); Antonina Krawczuk (+1/26); ever-memorable Galina; Katinka; and all those departed this life in hope of the Resurrection.

Please give prayer requests to Fr. David, to Protodeacon John, or to an Altar Server. Typically, names remain on this list for 40 days, unless requested otherwise. Those confined to hospitals or homes, or suffering chronic illnesses, remain on the list.

CANDLE SPONSORSHIPS FOR MARCH:

Vigil Candle, Icon of Christ, Departed Members, Wirchansky Family: Janet, Peter, Christina, Anne, Helen & Anastasia). Living: Wirchansky, Seckerson & Carlucci Families.

NEW! MOMS' GROUP - STARTING NEXT SUNDAY

Meets Sundays at Coffee Hour, During Church School

(We will begin March 12, skip March 19 so we can attend Archbishop Michael's talk, then resume on March 26.)

See Elena Paolercio if you'd like more information.

SCHEDULE OF SUNDAY LENTEN VESPERS SERVICES IN NYC AREA (All but March 5 begin at 5:00 PM)

March 5 Sunday of Orthodoxy, 4:00 PM

(with Metropolitans Joseph & Tikhon, Archbishop Michael, Bishop John)

St. Nicholas Antiochian Cathedral, 355 State St., Brooklyn, NY 11217

March 12 Sunday of St. Gregory Palamas, 5:00 PM

Holy Trinity Church (Brooklyn), 400 Glenmore Avenue, Brooklyn

March 19 Sunday of the Cross, 5:00 PM

Saint Nicholas Church, 14-65 Clintonville St., Whitestone

March 26 Sunday of St. John of the Ladder, 5:00 PM

Holy Cross Greek Church, 8401 Ridge Boulevard, Brooklyn

April 2 Sunday of St. Mary of Egypt

Location To Be Announced

PRAY FOR OUR COLLEGE STUDENTS – our parish sons & daughters, OCF chapter members, AND those at nearby colleges who make HTO their spiritual home away from home!

Bassim Abbasi	Andrew Nolan	Joshua Ryzyk
Elizabeth Bouteneff	August Perry	Peter Ryzyk
Michael Bouteneff	Kamille Perry	Stephanie Ryzyk
Joe Ciamarra	Schuyler Perry	Justyna Skalski
Jaroslav Kopczka	Christianna Piwinski	Monika Wislocki
Kaydee Kowalczyk	Roman Piwinski	
Dan Kozak	Amanda Ryzyk	

“Sending our kids to college without a connection to the Church is like sending children to play in traffic.” -- Archbishop Michael
Please tell Fr. David if there are any errors or omissions on this list.

PASTORAL CARE – GENERAL INFORMATION

Emergency Sick Calls can be made at any time. Please call Fr. David at (914) 965-6815, when a family member is admitted to the hospital.

Anointing In Sickness: The Sacrament of Unction is available in Church, the hospital, or your home, for anyone who is sick, however severe. It doesn't mean “Last Rites!”

Marriages and Baptisms require early planning, scheduling, and selection of sponsors (crown bearers or godparents). See Father before booking dates and reception halls!

Funerals are celebrated for practicing Orthodox Christians. Please see Father for details.

The Church opposes cremation; we cannot celebrate funerals for cremations.

Saturday, March 18

9:30 AM *Memorial Divine Liturgy* – Come Pray for Your Departed Loved Ones

5:00 PM Private Confession Available

6:00 PM *Great Vespers*

Sunday, March 19 ~ Archbishop Michael Visits

9:00 AM Greeting of Archbishop Michael

9:30 AM *Divine Liturgy*, Archbishop Michael Celebrating

At Coffee Hour: “The Journey Through Holy Week” – Talk by Archbishop Michael

TODAY'S EPISTLE Hebrews 11:24-26, 32-12:2 Brethren: By faith Moses, when he became of age, refused to be called the son of Pharaoh's daughter, choosing rather to suffer affliction with the people of God than to enjoy the passing pleasures of sin, esteeming the reproach of Christ greater riches than the treasures in Egypt; for he looked to the reward. And what more shall I say? For the time would fail me to tell of Gideon and Barak and Samson and Jephthah, also of David and Samuel and the prophets: who through faith subdued kingdoms, worked righteousness, obtained promises, stopped the mouths of lions, quenched the violence of fire, escaped the edge of the sword, out of weakness were made strong, became valiant in battle, turned to flight the armies of the aliens. Women received their dead raised to life again. Others were tortured, not accepting deliverance, that they might obtain a better resurrection. Still others had trial of mockings and scourgings, yes, and of chains and imprisonment. They were stoned, they were sawn in two, were tempted, were slain with the sword. They wandered about in sheepskins and goatskins, being destitute, afflicted, tormented – of whom the world was not worthy. They wandered in deserts and mountains, in dens and caves of the earth. And all these, having obtained a good testimony through faith, did not receive the promise, God having provided something better for us, that they should not be made perfect apart from us. Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.

TODAY'S GOSPEL John 1:43-51 At that time, Jesus wanted to go to Galilee, and He found Philip and said to him, “Follow Me.” Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael and said to him, “We have found Him of whom Moses in the law, and also the prophets, wrote – Jesus of Nazareth, the son of Joseph.” Nathanael said to him, “Can anything good come out of Nazareth?” Philip said to him, “Come and see.” Jesus saw Nathanael coming toward Him, and said of him, “Behold, an Israelite indeed, in whom is no deceit!” Nathanael said to Him, “How do You know me?” Jesus answered and said to him, “Before Philip called you, when you were under the fig tree, I saw you.” Nathanael answered and said to Him, “Rabbi, You are the Son of God! You are the King of Israel!” Jesus answered and said to him, “Because I said to you, ‘I saw you under the fig tree,’ do you believe? You will see greater things than these.” And He said to him, “Most assuredly, I say to you, hereafter you shall see heaven open, and the angels of God ascending and descending upon the Son of Man.”

HOW OFTEN SHOULD I COME TO CONFESSION AND COMMUNION?

From Archbishop Michael's Address to the 2016 Diocesan Assembly

When I was a child, we went to Communion this way: One Confession, one Communion, once a year. I was terrified of it – of committing a sin between the two Sacraments, of swallowing water if I brushed my teeth – but I took it seriously. Today, I fear, we are too cavalier with Communion. We just get into line with everybody else, and receive the Holy Eucharist.

Sacramental reception is a good thing indeed; BUT are we properly prepared to receive the Very Body and Blood of Our Lord? Have we gone to Vespers? Have we read the Canon of Preparation or at least said the prayers of preparation for Holy Communion in the Liturgy book? Have we made a daily confession in our icon corner at home, come to General Confession if it is offered, and given our private Confession in the church at least once each fasting season? Have we fasted properly? I visit some parishes outside of the fasting seasons, and I hardly ever see anyone going to Confession that weekend. Is that the norm? Has it become Casual Communion?

I hope and pray that this is not the case. St. Paul warns us sternly in I Cor. 11:27-29: "Therefore whoever eats this Bread or drinks the Cup of the Lord in an unworthy manner will be guilty of the Body and Blood of the Lord. But let a man examine himself, and so let him eat of the Bread and drink of the Cup. For he who eats and drinks in an unworthy manner eats and drinks judgment to himself, not discerning the Lord's Body."

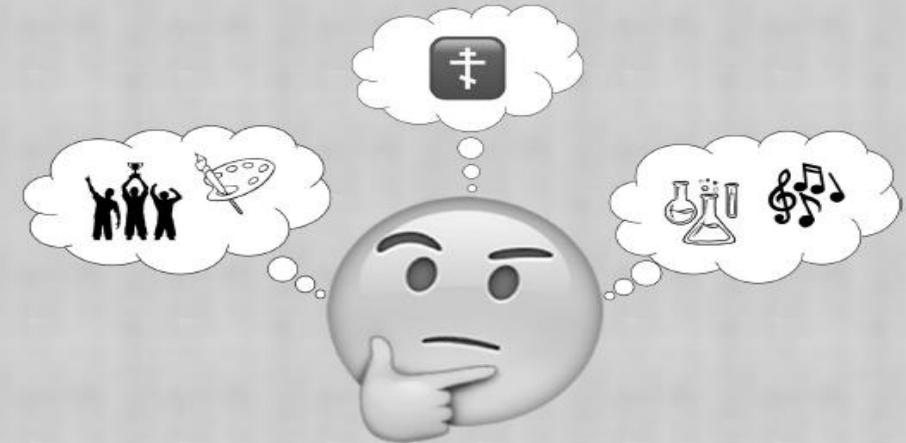
The Church wants all of us to receive Holy Communion frequently, regularly. That's why She recommends Confession every month to six weeks, and always [at least] during each of the fasts. (The idea of going to confession once a year is from the Roman Council of Trent; it is not an Orthodox teaching.) ... Let us renew our Sacramental way of life, by receiving the Sacraments with proper preparation and greater enthusiasm!

See the Parish Lenten Calendar for opportunities to come to Confession.
Mark your calendar to come for Confession, and
please plan to stay for the Liturgy or Vespers service that follows Confession.

TEENS AND TEENS' PARENTS:

The next meeting of Fr. David with our teens
will be next Sunday, March 5, during Coffee Hour.
Topic: "What is Heaven and why is there a hell?"

The Challenge: Who Are We Called To Be?



ANNUAL LENTEN TEEN RETREAT

Saint Basil Academy | Garrison, NY

Friday-Sunday, March 10-12, 2017

Sponsored by the OCA Diocese of New York & New Jersey
All jurisdictions and nearby dioceses are welcome!

OPEN TO: Teens in Grades 7-12

QUESTIONS?

Contact: Danielle Geeza

Phone: (914) 222-1317

Email: danielle.geeza@gmail.com



SPEAKER: Gregory Fedorchak

Ph.D. Candidate at Cornell University
President, Cornell Orthodox Christian Fellowship (OCF)

Registration deadline is March 6th ... sign up today!

To register online, please visit:

nynjoca.wixsite.com/nynjocayouth/upcoming-events