

PRAYER FOR THE VICTIMS OF ABORTION

O Lord Jesus Christ, the only begotten Son, Who are in the bosom of the Father, True God, source of life and immortality, Light of Light, who came into the world to enlighten it, You were pleased to be conceived in the womb of the Virgin Mary for the salvation of our souls by the power of Your All-Holy Spirit. O Master, Who came that we might have life more abundantly, we ask that You might enlighten the minds and hearts of those blinded to the truth that life begins at conception, and that the unborn in the womb are already adorned with Your image and likeness; enable us to guard, cherish and protect the lives of all those who are unable to care for themselves. For You re the Giver of Life, bringing each person from non-being into being, sealing each person with divine and infinite love. Be merciful, O Lord, to those who, through ignorance or willfulness, affront Your divine goodness and providence through the evil act of abortion. May they, and all of us, come to the light of Your Truth and glorify You, the Giver of Life, together with Your Father and Your All-Holy and Life-giving Spirit, now and ever, and unto ages of ages. Amen.

NEXT MEETING OF THE TRINITY PLAZA COMMUNITY GROUP:

TUESDAY, JANUARY 26, 6:00 PM – Here, in the Education Building

With the Longfellow School gone, we now hope to make headway with issues of inadequate street lighting and the poor condition of the roads here in the Plaza – and ask local leaders for updates on the future of “Longfellow Field” and the Most Holy Trinity Catholic Church property. Please come, and be a part of the re-vitalizing of this historic neighborhood!

WANT TO HELP A STRUGGLING PARISH, MISSION, OR SEMINARIAN WITHIN OUR DIOCESAN FAMILY?

Become a ***DISTINGUISHED DIOCESAN BENEFACTOR!***

To see a video “slice of life” of our Diocesan churches, visit www.nynjoca.org/vision_for_future_2012.html ... and scroll down to VIDEO HIGHLIGHTS. Questions? See Fr. David.



HOLY TRINITY ORTHODOX CHURCH

Yonkers, New York



Sunday, January 10, 2016

32nd Sunday After Pentecost ~ Tone 7

Sunday After the Theophany (Baptism)

of Our Lord, God, and Savior Jesus Christ

St. Gregory of Nyssa ~ St. Theophan the Recluse

MEMORY ETERNAL ~ JULIA WISLOCKI

Julia fell asleep in the Lord on January 6. Her services were held Friday and yesterday, and she was laid to rest in Oakland Cemetery. Our prayerful sympathies are with Bogdan, Lidia, George, Stephan and all their family.
May Julia's memory be eternal! "Vechnaya Pamyat!"



HOLY TRINITY ORTHODOX CHURCH

Trinity Plaza ✦ 46 Seymour Street ✦ Yonkers, New York 10701
Rector: V. Rev. David Cowan ✦ Protodeacon John Eby
Attached: V. Rev. John Tkachuk ✦ Rev. Vitaly Bahanovich
Rector Emeritus: V. Rev. Yaroslav Sudick, Ph.D., D.D.
Rectory Phone 914-965-6815 ✦ Email: frdavidcowan@gmail.com
Web: www.holytrinityyonkers.org
Facebook: www.facebook.com/holytrinityorthodox
Diocese of New York & New Jersey: www.nynjoca.org

Sunday, January 10, 2016 ~ 32nd Sunday After Pentecost ~ Tone 7
Sunday After Theophany ~ St. Gregory of Nyssa ~ St. Theophan the Recluse
Epistle: Ephesians 4:7-13; Gospel: Matthew 4:12-17

SERVICES AND ACTIVITIES

Today – Sunday After Theophany

9:30 AM *Divine Liturgy* with *Panikhida* for Walter Kowalczyk, requested by his wife Maria & Family; for Joanna & Stefan Kurylo and Family Members, by Maria Rysz, John Kowalczyk & Family; for John Kowalczyk, by Peter Gres; and for John & Julia Wislocki.

Blessing of Homes Continues – Contact Fr. David if you would like him to visit and bless your home, (914) 965-6815 or email frdavidcowan@gmail.com

Wednesday, January 13

7:00 PM *Akathist* to Saint Nino (Nina) of Georgia

Saturday, January 16

5:30 PM Private Confession Available

6:00 PM *Great Vespers*

Sunday, January 17 – Saint Anthony the Great

9:30 AM *Divine Liturgy*

Thursday, January 21

7:00 PM *Molieben (Service of Supplication) for the Victims of Abortion*, in solemn commemoration of the 43rd Anniversary of the *Roe v. Wade* Decision

Saturday, January 23

3:30 PM Yolka Rehearsal – in the Education Building

5:30 PM Private Confession Available

6:00 PM *Great Vespers*

Sunday, January 24

9:30 AM *Divine Liturgy*

After Liturgy: The Christmas Yolka – Church School Class Presentation, Teen Class Coffee Café, Parish Talent Showcase and Luncheon! (Rescheduled from January 10) – Suggested Donation \$20 for Adults

PLEASE MARK YOUR CALENDARS:

The Christmas Yolka has been rescheduled for Sunday, January 24.
The Annual Parish Meeting has been rescheduled for Sunday, January 31.

RE-CLAIMING OUR HOMES FOR CHRIST: A NOTE ON HOUSE BLESSINGS

When our homes are blessed, we reclaim our homes, and everyone and everything in them, for Christ: our wives, our husbands, our marriages... our children... our working and studying... our worrying and our struggling... our decisions and our dilemmas... our successes and our rejoicing: we reclaim all of our lives for Christ, by inviting Him into our inner sanctum.



The custom of blessing homes during the Theophany season is of special beauty and significance. We show the Lord – and the devil – that we wish for God to physically expel every trace of sin, anger, bitterness, and worry that has invaded our homes and our families over the past year!

When Father comes to bless the family and house, these things should be prepared:

- A lit candle, an icon, and a wide bowl for Holy Water should be on the table.
- All present in the house should come together and stand at the table. If kids are present, an icon for each child to carry (who is big enough to carry one) should also be on the table.
- All radios, televisions, etc. should be turned off.
- Lists of Departed and Living family members and loved ones to be prayed for.

THE ANNUAL ALTAR SERVERS RETREAT

The Annual Diocesan Altar Servers retreat is scheduled for **February 12-14, 2016 at Saint Basil's Academy, 79 St. Basil's Road, Garrison NY**. Saint Basil's Academy has beautiful grounds offering dormitory style rooms, an indoor basketball court and an Olympic-size indoor swimming pool which will be available for use.

Saint Basil's Academy dormitory space has been reserved for the Diocese of New York and New Jersey. The arrival of the altar servers will be on Friday evening, February 12. The retreat will conclude on Sunday, February 14, following the celebration of the Divine Liturgy.

Last year we had over 50 participants attending the retreat where they enjoyed fellowship, education, and spiritual enrichment under the guidance of His Eminence Archbishop MICHAEL. We look forward to another successful retreat where we learn the basics and fundamentals of serving the Divine Services. A special feature at this year's retreat will be learning how to serve a Hierarchical Divine Liturgy along with how to read and chant in church. Those servers who are interested in attending the retreat should contact their parish priest for information and registration forms. Clergy of the Diocese of New York and New Jersey should report the number of altar servers that will attend the retreat to Priest Jason Vansuch (as soon as possible). Adult supervision will also be sought to accompany the servers.



See Father David to sign up!

TODAY'S EPISTLE Ephesians 4:7-13 Brethren: to each one of us grace was given according to the measure of Christ's gift.⁸Therefore He says: "When He ascended on high, He led captivity captive, And gave gifts to men."⁹(Now this, "He ascended" – what does it mean but that He also first descended into the lower parts of the earth?¹⁰He who descended is also the One who ascended far above all the heavens, that He might fill all things.)¹¹And He Himself gave some to be apostles, some prophets, some evangelists, and some pastors and teachers,¹²for the equipping of the saints for the work of ministry, for the edifying of the body of Christ,¹³till we all come to the unity of the faith and of the knowledge of the Son of God, to a perfect man, to the measure of the stature of the fullness of Christ.

TODAY'S GOSPEL Matthew 4:12-17 At that time, when Jesus heard that John had been put in prison, He departed to Galilee.¹³And leaving Nazareth, He came and dwelt in Capernaum, which is by the sea, in the regions of Zebulun and Naphtali,¹⁴that it might be fulfilled which was spoken by Isaiah the prophet, saying:¹⁵The land of Zebulun and the land of Naphtali, By the way of the sea, beyond the Jordan, Galilee of the Gentiles:¹⁶The people who sat in darkness have seen a great light, And upon those who sat in the region and shadow of death Light has dawned."¹⁷From that time Jesus began to preach and to say, "Repent, for the kingdom of heaven is at hand."

PASTORAL CARE – GENERAL INFORMATION

Emergency Sick Calls can be made at any time. Please call Fr. David at (914) 965-6815, when a family member is admitted to the hospital.

Anointing In Sickness: The Sacrament of Unction is available in Church, the hospital, or your home, for anyone who is sick, however severe. **It doesn't mean "Last Rites!"**

Marriages and Baptisms require early planning, scheduling, and selection of sponsors (crown bearers or godparents). **See Father before booking dates and reception halls!**

Funerals are celebrated for practicing Orthodox Christians. Please see Father for details. ***The Church opposes cremation; we cannot celebrate funerals for cremations.***

PRAY FOR OUR COLLEGE STUDENTS – our parish sons & daughters, OCF chapter members, AND those at nearby colleges who make HTO their spiritual home away from home!

Bassim Abbasi	Andrew Nolan	Matt Skalski
Michael Bouteneff	Kamille Perry	Alexandra Solak
Joe Ciamarra	Schuyler Perry	Justyna Skalski
Kaydee Kowalczyk	Roman Piwinski	Monika Wislocki
Dan Kozak	Amanda Rzyk	
Madeline Miroshnikov	Peter Rzyk	

"Sending our kids to college without a connection to the Church is like sending children to play in traffic." -- Archbishop Michael
Please tell Fr. David if there are any errors or omissions on this list.

MARCH FOR LIFE | 2016

JANUARY 22, 2016 | WASHINGTON, D.C.



SO, YOU CAN GO? *GREAT!*

We are invited to ride a chartered bus with our neighbors at St. Joseph Catholic Church, 141 Ashburton Ave., Yonkers. They will serve Mass at 5:00 AM (even though we can not commune, we may attend); they intend to depart on the bus from their church at 6:00 AM.

Tickets are \$50 per adult and \$25 per minor (age 12 years+ and accompanied by a responsible adult). ALL pilgrims MUST be able to walk the March route *without a cane or a walker*. Kindly bring your ID (there will be security at the March site) and funds for meals, snacks, etc. Dress adequately for winter in Washington per the weather reports. **RESERVE NOW** one of the 25 remaining bus seats – call Saint Joseph's Church at 963-0730.

CAN'T GO? Here are some things you CAN do:

- ❖ **PRAY THE NIGHT BEFORE.** Come here to church Thursday, Jan. 21, 7:00 PM, for the Molieben (Service of Supplication) for the Victims of Abortion.
- ❖ **PRAY THAT DAY.** At 12:00 noon, stop what you're doing and say the prayer on the back of the Bulletin (and if not then, do it sometime Friday).
- ❖ **FAST.** On Friday, skip a meal ... or skip meat or dairy ... to add action to prayers.
- ❖ **GIVE.** Donate \$25, \$50 or more so that someone can March for you! See Fr. David.

Say **"NO MORE"** to the legalized and profit-ized murder of over *one baby for every five born alive**.

*www.cdc.gov/reproductivehealth/data_stats - see "Abortion", item 1

PRO-LIFE + PRO-WOMAN
GO HAND-IN-HAND

PRAYER LIST

Above all, we are a praying community. Keep this list in your prayer corner, and in your daily prayers, remember our **Brothers & Sisters in Christ:**

His Eminence Archbishop Nikon; children Rafael, Isabelle & Lucy Moreno, Anthony & Adriana Prusak, John King, and Matvey Wulsing; Daniel Paprocki; John & Elizabeth Batson; Andrew, Julia & Dmitriy Galkin; Nataliya Kaufova; Zoya Levankovskaya; Alexandra, Roman & Valeriy Spechev; Mat. Mary & Danielle Geeza; Mat. Kathy Kowalczyk; the survivors of the terrorist attack in California; Adnan Abbasi; newborn Courtney Lyzak; Anatole Honczarenko; Tekla Ryzyk; Timothy; Mat. Anastasia Harris; Jennifer Drake; Elias Kachur; Mat. Olga Meerson; Elena Herman; Eleanor Wasilko; Adriana Szynda; baby Alena King; Ludmila Branzow; Suzanne Gee; Evan; Nicholas; Dorothy Vernak; Nikolette Katechis; Nicholas Washenko; Kathleen & Maryanne Nolan; expecting parents Victoria & Joel Statkevics, Juliana & Mark Federoff, Mat. Anastasia & Fr. Timothy Hojnicky, Mat. Viktoria & Fr. Adrian Budica and their unborn children; Stan & Victoria, and all those preparing for marriage; Kevin Kuzmenko; Shawn Malone; Metropolitan Paul and Bishop Gregorios, Vera Bullock; Schuyler Perry; Doris Morin; Kelly Ray; Justin Solak; Carmen Fesh; Anne Kakos, Kay Baker; Vitaliy Khutko; Malcolm Kirkpatrick; Nikolai & Nadezhda Solidnov; the priests Frs. Vitaly Bahanovich, John Tkachuk, John Udics; Joseph Chupeck, Jonathan Ivanoff, Leonid Kishkovsky, Joseph Kreshik; John Nehrebecki, Herman Schick, David Shewczyk, Ken James Stavrevsky, Daniel Degyansky, Stephen Mack, PDn. Peter Skoog; Klara Borzova; Helen Delandri; Helen Dempsey; Irene Homa; Olga Juck; Mary Kalakuka; Mary Kantor; Daria Krawchuk; Vincent & Mary Macagnone; Olga Pavelchak; Stephanie Phillips; Mat. Juliana Schmemann; Martha Slivka; Zena Weshta; all those confined to hospitals, nursing homes, and their own homes due to illness; for all soldiers, especially Jorge, Bryan & Mykola; widows, orphans, prisoners, victims of violence, and refugees, especially in Iraq, Syria, Egypt, and the Ukraine; all those suffering chronic illness, financial hardship, loneliness, addiction, abuse, abandonment and despair; all Orthodox seminarians & families, especially John & Brenda Mikitish; all Orthodox monks and nuns, and all those considering the monastic life; all Orthodox missionaries and their families. Birthday: Lucy Moreno (1/12).

For blessed repose for the souls of: Newly departed Maria Plakakis (+1/1); Sophie Turko (12/20); the victims of the terrorist attacks in California (+12/2); Fr. Gabriel Seamore & Mat. Barbara Stashkevetch (+12/2); Betty Israel (+12/1); Yuri Maslov (+11/01); the ever-memorable Valentina & Olga; Tatiana & Peter Simonov; William Moskwa; and all those departed this life in hope of the Resurrection.

Please give prayer requests to **Fr. David**, to **Protodeacon John**, or to an **Altar Server**. Typically, names remain on this list for **40 days**, unless requested otherwise. Those confined to hospitals or homes, or suffering chronic illnesses, remain on the list.