

# HOLY TRINITY ORTHODOX CHURCH

## Yonkers, New York

The ANNUAL PARISH MEETING is SUNDAY, JANUARY 24, 2016.

Please read the following excerpt from our Parish By-Laws, and if you wish to have a voice and vote at the Annual Meeting, take any needed steps to fulfill all the following requirements. Thank you!

### Parish By-laws Section 1: *Voting Membership*

The following requirement *[sic]*  
shall establish the right for full voting membership:

- a) be baptized and chrismated as an Orthodox Christian  
[actually, if you are a chrismated Orthodox Christian  
even if you were baptized in another tradition,  
then you are an Orthodox Christian and meet requirement (a)],
- b) be 18 years of age or older,
- c) be a [sacramentally Orthodox –  
see item (a)] member of the parish for six months,
- d) partake in the Sacraments of private Confession,  
and Holy Communion at least once a year,
- e) fulfill all financial obligations, as established by the parish, by the end of the  
year [currently, this is the \$145/year Diocesan Assessment, which the sooner  
we receive, the more accurately we can submit our Parish Census to the Diocese],
- f) must respect and adhere to the Bylaws of the parish,
- g) shall not be a member of any other parish.

[This doesn't mean you can't worship in another parish, merely that you may only  
participate as a voting parish member in this parish in a given year.]

Voting isn't everything ... Communion with Christ is! Still, your voice is valuable.  
So please, work on meeting these criteria so that you can participate both  
spiritually and materially in the care and growth of your family in Christ!

### SNOW REMOVAL: "HAVE YOU GOT A GUY FOR THAT??" We Don't!

The winter is coming and we have no snow removal vendor in place.

Does anyone have any names? Who clears your driveway, at work or at home?

We are willing to pay a reasonable fee; we are even willing to let them park  
a truck or two in our lot. Please see Fr. David or any Council member. Thank you!



Sunday, November 1, 2015 ~ 22<sup>nd</sup> Sunday After Pentecost  
The Holy Wonderworkers and Unmercenary Physicians  
Cosmas and Damian of Asia Minor

### PLEASE BRING YOUR 2015 DIOCESAN ASSESSMENT "A.S.A.P.!"

The Diocesan Assessment is again set at \$145.00 per person for 2015.  
So we may submit our accurate parish census to the Diocesan Office by Nov. 1,  
please bring your \$145.00 Diocesan Assessment today, or as soon as possible.



## HOLY TRINITY ORTHODOX CHURCH

Trinity Plaza ✦ 46 Seymour Street ✦ Yonkers, New York 10701  
 Rector: V. Rev. David Cowan ✦ Protodeacon John Eby  
 Attached: V. Rev. John Tkachuk ✦ Rev. Vitaly Bahanovich  
 Rector Emeritus: V. Rev. Yaroslav Sudick, Ph.D., D.D.  
 Rectory Phone 914-965-6815 ✦ Email: frdavidcowan@gmail.com  
 Web: www.holytrinityyonkers.org  
 Facebook: www.facebook.com/holytrinityorthodox  
 Diocese of New York & New Jersey: www.nynjoca.org

Sunday, November 1, 2015 ~ 22nd Sunday After Pentecost  
 The Holy Unmercenary Physicians, Ss. Cosmas & Damian of Asia Minor  
 Epistle: Galatians 6:11-18; Luke 8:26-39

### SERVICES AND ACTIVITIES

Today – Holy Wonderworkers & Unmercenary Physicians, Ss. Cosmas & Damian

9:30 AM *Divine Liturgy*; Coffee Hour Hosted by the Bouteneff Family

12:30 PM Parish Council Meeting – in the Education Building

Tuesday, November 3

7:30 PM Choir Rehearsal, in the Church

Saturday, November 7

5:30 PM Private Confession Available

6:00 PM *Great Vespers & Litya* – Feast of the Archangels, SS. Michael, Gabriel and Raphael, and All the Bodiless Powers

Sunday, Nov. 8 – Feast of SS. Michael, Gabriel, Raphael and the Bodiless Powers

9:30 AM *Divine Liturgy* with *Panikhida* for Fr. Igor Tkachuk, requested & celebrated by his son, Fr. John Tkachuk; Coffee Hour Hosted by the Tkachuks & Bullocks

Saturday, Nov. 14

10 AM–3 PM “Meat Lovers Last Chance” Church Cleanup Day  
Including a Hearty Lunch on the Eve of the Nativity Fast!

3:00 PM *Great Vespers* – Note the Time Change, Today Only

After Vespers: Private Confession Available

Sunday, Nov. 15 – St. Philip the Apostle – *Nativity Fast Begins*

9:30 AM *Divine Liturgy*

Today: Bids Open for “Freezer Pleazers” Gourmet Dish Auction!

### PASTORAL CARE – GENERAL INFORMATION

**Emergency Sick Calls** can be made at any time. Please call Fr. David at (914) 965-6815, when a family member is admitted to the hospital.

**Anointing In Sickness:** The Sacrament of Unction is available in Church, the hospital, or your home, for anyone who is sick, however severe. It doesn't mean “Last Rites!”

**Marriages and Baptisms** require early planning, scheduling, and selection of sponsors (crown bearers or godparents). See Father before booking dates and reception halls!

**Funerals** are celebrated for practicing Orthodox Christians. Please see Father for details.

***The Church opposes cremation; we cannot celebrate funerals for cremations.***

## The Chamber Choir of St. Tikhon's Monastery



## TILL MORN ETERNAL BREAKS

### A Concert of New Music to Benefit St. Tikhon's

The concert will celebrate the release of the chamber choir's forthcoming debut album, **“Till Morn Eternal Breaks: Sacred Choral Music of Benedict Sheehan,”** the first album of its kind, and will feature original compositions, arrangements, and transcriptions of sacred music by composer and conductor Benedict Sheehan, resident music director at St. Tikhon's Seminary and Monastery.



November 12, 2015  
 7:30 PM

Church of St. John Nepomucene  
 411 East 66th St.  
 New York, NY

To purchase tickets visit [monasterychamberchoir.com](http://monasterychamberchoir.com) or call 1-888-454-6678

Tickets \$40. Students \$18. Groups of 10 or more \$30 per person.

# "FREEZER PLEAZERS"

## Charity Auction

Sunday, November 22  
(during Coffee Hour)



On Sunday, Nov. 22, we will auction off **freezer-ready, home-cooked gourmet favorites and family pleaser meals** that are prepared by the best Parish Chefs of Holy Trinity Parish and local restaurants – all to benefit our beloved St. Andrew's Diocesan Summer Camp. Help our Camp to continue the good and worthy work of providing an Orthodox Christian experience for the youth of our Church in New York, who are in such urgent need of wholesome, unmaterialistic, Godly experiences!

Bidders can buy gourmet meals and desserts for your Thanksgiving Feast, for a family dinner, for your Christmas Feast or New Year's Celebration. Cooking for one? Serve it up, again and again from your freezer. Makes a great gift too – for new moms, those who are ill or homebound, or those who just enjoy good food!

### PARISH CHEFS:

What's your best dish or dessert? The one that people request, ask for the recipe, or rave about to others? Are you willing to take that talent and use it for charity? See Matushka Tamara to participate in this fun and worthy cause!



Bidders will be able to review the auction menu before the event, and can place an email bid if unable to be present.

**TODAY'S EPISTLE Galatians 6:11-18** Brethren: See with what large letters I have written to you with my own hand!<sup>12</sup>As many as desire to make a good showing in the flesh, these would compel you to be circumcised, only that they may not suffer persecution for the cross of Christ.<sup>13</sup>For not even those who are circumcised keep the law, but they desire to have you circumcised that they may boast in your flesh.<sup>14</sup>But God forbid that I should boast except in the cross of our Lord Jesus Christ, by whom the world has been crucified to me, and I to the world.<sup>15</sup>For in Christ Jesus neither circumcision nor uncircumcision avails anything, but a new creation.<sup>16</sup>And as many as walk according to this rule, peace and mercy be upon them, and upon the Israel of God.<sup>17</sup>From now on let no one trouble me, for I bear in my body the marks of the Lord Jesus.<sup>18</sup>Brethren, the grace of our Lord Jesus Christ be with your spirit. Amen.

**TODAY'S GOSPEL Luke 8:26-39** At that time, Jesus and His disciples sailed to the country of the Gadarenes, which is opposite Galilee.<sup>27</sup>And when He stepped out on the land, there met Him a certain man from the city who had demons for a long time. And he wore no clothes, nor did he live in a house but in the tombs.<sup>28</sup>When he saw Jesus, he cried out, fell down before Him, and with a loud voice said, "What have I to do with You, Jesus, Son of the Most High God? I beg You, do not torment me!"<sup>29</sup>For He had commanded the unclean spirit to come out of the man. For it had often seized him, and he was kept under guard, bound with chains and shackles; and he broke the bonds and was driven by the demon into the wilderness.<sup>30</sup>Jesus asked him, saying, "What is your name?" And he said, "Legion," because many demons had entered him.<sup>31</sup>And they begged Him that He would not command them to go out into the abyss.<sup>32</sup>Now a herd of many swine was feeding there on the mountain. So they begged Him that He would permit them to enter them. And He permitted them.<sup>33</sup>Then the demons went out of the man and entered the swine, and the herd ran violently down the steep place into the lake and drowned.<sup>34</sup>When those who fed them saw what had happened, they fled and told it in the city and in the country.<sup>35</sup>Then they went out to see what had happened, and came to Jesus, and found the man from whom the demons had departed, sitting at the feet of Jesus, clothed and in his right mind. And they were afraid.<sup>36</sup>They also who had seen it told them by what means he who had been demon-possessed was healed.<sup>37</sup>Then the whole multitude of the surrounding region of the Gadarenes asked Him to depart from them, for they were seized with great fear. And He got into the boat and returned.<sup>38</sup>Now the man from whom the demons had departed begged Him that he might be with Him. But Jesus sent him away, saying,<sup>39</sup>Return to your own house, and tell what great things God has done for you. And he went his way and proclaimed throughout the whole city what great things Jesus had done for him.



**THANKS TO ALL WHO HELPED WITH THE HOMELESS KITS!  
A few have been given out, and most gratefully received. Thank You!**

**CHOIR MEMBERS: Rehearsal Schedule for the Rest of 2015**

Tuesday, November 3, 7:30 PM • Tuesday, November 17, 7:30 PM

Tuesday, December 1, 7:30 PM • Tuesday, December 15, 7:30 PM

... and a Pre-Christmas Rehearsal, Sunday, December 20, after the Liturgy

*Thank you, Singers, for every effort you can make  
to participate in rehearsals and in the Divine Services!*

*With love in Christ ~ Fr. David*

**LAST CHANCE, PRE-FAST, "MEAT LOVERS" CHURCH CLEAN-UP DAY  
SATURDAY, NOVEMBER 14 – Starting 10 AM, Ending with 3 PM Vespers**

Let's prepare the church for Advent decorations – and enjoy a last day of carnivorous fun together before the Advent Fast begins on Sunday, Nov. 15.  
Details to come on a list of the jobs that need doing.



*This Diocesan event for girls in Grades 7-12 will take place at St. Basil's Academy in Garrison, NY, one hour north of here. There is no charge to attend. See Father or Matushka for more information!*

**DONATIONS GRATEFULLY ACCEPTED –**

**LET'S PAY OFF THE NEW HOT WATER PUMPS!**

We have raised \$5,575 thus far, and we have \$425 left to raise.

We are grateful for a recent *ANONYMOUS* donation of \$100.00!

The cost to install new pumps is \$6,000.00.

The pumps are working ... your continued donations are most appreciated!

To contribute, please see Fr. David, Parish Council President Vicky Statkevics, or any other Parish Council member. *Thank you* for your generous assistance!

**WANT TO HELP A STRUGGLING PARISH, MISSION, OR SEMINARIAN WITHIN OUR DIOCESAN FAMILY?**

Become a ***DISTINGUISHED DIOCESAN BENEFACTOR!***

To see a video "slice of life" of our Diocesan churches, visit [www.nynjoca.org/vision\\_for\\_future\\_2012.html](http://www.nynjoca.org/vision_for_future_2012.html) ... and scroll down to VIDEO HIGHLIGHTS. *Questions? See Fr. David.*



**PRAYER LIST**

**Above all, we are a praying community. Keep this list in your prayer corner, and in your daily prayers, remember our Brothers & Sisters in Christ:**

Newborn Amelia; MaryAnn Paprocki; Presbyter Irene Ivanoff; Julianna Sannella; Edward Kiss; Newborn Courtney Lyzak; Anatole Honczarenko; Tekla Rzyzyk; Timothy; Mat. Anastasia Harris; Jennifer Drake (Beth Rzyzyk's sister; Elias Kachur; Mat. Olga Meerson; Elena Herman; Eleanor Wasilko; Adriana Szpynda; baby Alena King; Ludmila Branzow; Nathan Orsini; Suzanne Gee; Evan; Nicholas; Dorothy Vernak; Nikolette Katechis; expecting parents Juliana & Mark Federoff and baby; Nicholas Washenko; Maryanne Nolan; Stan & Victoria, and all those preparing for marriage; Mat. Anastasia Hojnicky and her unborn child; Kevin Kuzmenko; Shawn Malone; Metropolitan Paul and Bishop Gregorios, Vera Bullock; Julia Wislocki; Schuyler Perry; Doris Morin; Kelly Ray; Justin Solak; Carmen Fesh; Anne Kakos, Kay Baker (Anne's sister); Vitaliy Khutko; Malcolm Kirkpatrick; Nikolai & Nadezhda Solidnov; Kathleen Nolan; the priests Frs. Michael Koblosh, Vitaly Bahanovich, John Tkachuk, Joseph Chupeck, George Hasenecz, Alexey Karlut, Leonid Kishkovsky, Joseph Kreshik; Joseph Lickwar, Herman Schick, David Shewczyk, Ken James Stavrevsky, Daniel Degyansky, Stephen Mack, PDn. Peter Skoog; Klara Borzova; Helen Delandri; Helen Dempsey; Irene Homa; Olga Juck; Mary Kalakuka; Mary Kantor; Daria Krawchuk; Vincent & Mary Macagnone; Olga Pavelchak; Stephanie Phillips; Mat. Juliana Schmemann; Martha Slivka; Zena Weshita; all those confined to hospitals, nursing homes, and their own homes due to illness; for all soldiers, especially Jorge, Bryan & Mykola; widows, orphans, prisoners, victims of violence, and refugees, especially in Iraq, Syria, Egypt, and the Ukraine; all those suffering chronic illness, financial hardship, loneliness, addiction, abuse, abandonment and despair; all Orthodox seminarians & families, especially John & Brenda Mikitish; all Orthodox monks and nuns, especially Monk Seraphim, and all those considering the monastic life; all Orthodox missionaries and their families. Birthdays: Joshua Rzyzyk (11/3), Christine Szpynda (11/7).

**For blessed repose for the souls of:** The newly departed Fr. Sergei Garklavs (+10/19); Nellie Berezina (+10/12); Deacon Mark Hoepfinger (+10/8); Julia Petrisko (+10/2); Corey; Edward Kepple; the ever-memorable William Bolinsky, Sr. (+10/28/89); and all those departed this life in hope of the Resurrection.

**Please give prayer requests to Fr. David, to Protodeacon John, or to an Altar Server.**

**Typically, names remain on this list for 40 days, unless requested otherwise. Those confined to hospitals or homes, or suffering chronic illnesses, remain on the list.**

**PRAY FOR OUR COLLEGE STUDENTS – our parish sons & daughters, OCF chapter members, AND those at nearby colleges who make HTO their spiritual home away from home!**

Michael Bouteneff

Joe Ciamarra

Kaydee Kowalczyk

Dan Kozak

Madeline Miroshnikov

Andrew Nolan

Kamille Perry

Schuyler Perry

Roman Piwinski

Amanda Rzyzyk

Peter Rzyzyk

Matt Skalski

Alexandra Solak

Justyna Skalski

Monika Wislocki

*"Sending our kids to college without a connection to the Church is like sending children to play in traffic." -- Archbishop Michael*  
Please tell Fr. David if there are any errors or omissions on this list.