

**IT'S NOT TOO LATE TO PLAN
YOUR SUMMER *VO* CATION!**

How is God calling you to grow spiritually this summer?
Here are some suggestions. Try one or more (that you aren't already doing).

- Fast one step more strictly than the last Apostles' Fast: Skip desserts; or skip meat on Wednesdays & Fridays or for the whole Fast; wait on your favorite TV or Netflix shows or secular music until the Fast is over.
- Trade in Web surfing for reading a chapter from the Gospels a day.
- Reclaim the first five minutes of each day to say Morning Prayers if you have drifted away from that practice.
 - Most particularly, ask God, in the morning, to help you in any situations (tests ... tryouts ... meetings ... medical appointments) which you are anxious about that are coming up that day.
- Before you go to sleep, "rewind" over the day and ask God's forgiveness of any sins you can remember from the day that has passed.
- If you're married, ask your spouse's forgiveness before you go to sleep.
- On a fast day (Wednesday or Friday) or during a fasting period, read a book like...
 - *Everyday Saints*;
 - *Born to Hate, Reborn to Love*; or
 - *The Gurus, The Young Man, and Elder Paisios*.
- Before sending a text message, ask, "Lord, is this okay?"
- When you DO go away on vacation, while you're making your reservations, find the church you'll go to on Sunday: Go to www.orthodoxyinamerica.org and use their "Search" tool. Call the church to verify the service times, and tell the priest you'd like his blessing to come to Holy Communion if that is your intention.

**HOLY TRINITY ORTHODOX CHURCH
Yonkers, New York**



**Sunday, June 21, 2015 ~ 3rd Sunday After Pentecost
St. Martyr Archil II, the King of Georgia
St. Julian the Martyr of Tarsus
~ HAPPY FATHER'S DAY! ~**



HOLY TRINITY ORTHODOX CHURCH

Trinity Plaza ✦ 46 Seymour Street ✦ Yonkers, New York 10701
Rector: V. Rev. David Cowan ✦ Protodeacon John Eby
Attached: V. Rev. John Tkachuk ✦ Rev. Vitaly Bahanovich
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June 21, 2015: 3rd Sunday After Pentecost
Martyr Archil II, King of Georgia; St. Julian, the Martyr of Tarsus
Epistle: Romans 5:1-10; Gospel: Matthew 6:22-33

SERVICES AND ACTIVITIES

Today – 3rd Sunday After Pentecost – Happy Father’s Day!

9:30 AM *Divine Liturgy* with Prayers for Living & Departed Fathers, and *Panikhida* for Vladimir Kowalczyk, requested by his wife Zofia; for John Kowalczyk, by Jan Andrejczak; and for John Wislocki, by Luba Ardan.
Coffee Hour Hosted by the Statkevics Family, in Honor of Helen Maybo

Tuesday, June 23

6:00 PM Trinity Plaza Community Group Meeting–Upstairs in the Education Building
7:00 PM *Great Vespers & Litya* – Nativity of St. John the Baptist

Wednesday, June 24

9:30 AM *Divine Liturgy* – Nativity of St. John the Baptist

Saturday, June 27

5:30 PM Private Confession Available
6:00 PM *Great Vespers*

Sunday, June 28 – 4th Sunday After Pentecost

9:30 AM *Divine Liturgy* with *Panikhida* for James Dempsey (one year since his repose), requested by his wife, Helen, and family; for John Kowalczyk, by Truchan Wladyslaw; and for John Wislocki, by Nikolaus Ardan, Jr.
Coffee Hour Hosted by the Mark & Beth Rzyk Family

12:30 PM Parish Council Meeting – in the Education Building

6:00 PM *Great Vespers & Litya* – The Holy Apostles Peter and Paul

Monday, June 29 – The Leaders of the Apostles, Saints Peter and Paul

9:30 AM *Divine Liturgy*

Saturday, July 4 – Happy Independence Day!

5:00 PM Private Confession Available
6:00 PM *Great Vespers*

Sunday, July 5

9:30 AM *Divine Liturgy*; with Prayers for Those About to Travel for the ASP Team
Coffee Hour Hosted by the Ladies’ Guild

WELCOME NEWCOMERS & VISITORS: It is our joy to have you here today!
Please introduce yourself to Fr. David when everyone comes up to venerate the Cross at the end of Liturgy. Then, join us for Coffee Hour next door!

Are you “restless” to help people in need?

We have a number of thriving ministries at work in our church right now. To name a few:

We have a **Homebound Ministry**, headed by Olga Ptach; the **Coffee Hour Hospitality Ministry**, coordinated by Tina Reduto; we are leaders in the **Trinity Plaza Community Group**, overseen by Dasha Piwinski; and we are “humbly proud” (if I can say that) to have sent teams of teens and parents to help families in need, via the **Appalachia Service Project**, for several years now. Presently we are growing a **Greeters Ministry**, led by Mardi Perry; and we are starting a **Service Books Ministry**, with the help of Mardi and Jim Perry.

What is next?

As I mentioned on Pentecost Sunday, we as a parish are called to **“blossom where we’re planted”**.

Our challenge is to show Christ’s love to the people who are here, where we are, in this part of Yonkers, **now**. To that end:

One, or more, of you has a **calling to help the poor**.

Please consider coordinating an effort within our church family to assemble **“kits” for the homeless and impoverished persons** who come to the Rectory on a regular basis for help.

And one or more of you, I am confident,

has a **calling to help women and couples facing crisis pregnancies**.

Please consider leading us in a commitment to provide **maternity and baby supplies for Yonkers’ only crisis-pregnancy counseling center, the Life Options Center of Westchester County**

(upon whose Board I currently serve as the sole Orthodox presence).

The “LOC” is in continual need of diapers, baby formula, cribs, strollers, and the like.

If you feel your heart stirred when you read this ... then, **it’s you**. Please come and see me.

With love in Christ,
Fr. David



**DIOCESAN
YOUTH DAY**
Thursday, Aug. 20
Six Flags
Great Adventure,
New Jersey

From elementary to college ages, all parish kids and friends – Orthodox and not – are invited! Tickets \$30; an \$11.99 food voucher will be given at no cost. See Father David for a registration form or with questions.

FAMILIES SOUGHT TO HOST *SUNDAY COFFEE HOUR!*

You can see how breaking bread together grows friendships and draws visitors more deeply into our parish family...

Hosts are needed for July and August, and beyond.

To be part of this incredible ministry of hospitality, talk to Tina Reduto:
(914) 713 4716 or email legalcareers2000@hotmail.com ... Thank you!

PARISH COUNCIL MEMBERS SOUGHT FOR 2016

Elections will be held at the
next Annual Meeting, late January 2016.
See Father David or Council President
Vicky Statkevics for more information!

Please visit the LADIES' GUILD GIFT SHOP

Featuring Icons ... Decorated Eggs ...
Orthodox Greeting Cards and Gifts for All Occasions!
Open Today During Coffee Hour,
Located in the Education Building,
Second Room on the Right from the Courtyard Entrance

**DONATIONS GRATEFULLY ACCEPTED –
TOWARD NEW PUMPS FOR OUR HEATING SYSTEM**

It is summer now ... but it'll be winter again before we know it!

**We have raised \$2,730 thus far,
and we have \$3,270 left to raise.**

The cost to install new pumps is approximately \$6,000.00.

Anyone wishing to contribute toward
this project, please see Fr. David,
Parish Council President Vicky Statkevics,
or any other Parish Council member. Thank you!

TODAY'S EPISTLE Romans 5:1-10 Brethren: Therefore, having been justified by faith, we have peace with God through our Lord Jesus Christ,²through whom also we have access by faith into this grace in which we stand, and rejoice in hope of the glory of God.³And not only that, but we also glory in tribulations, knowing that tribulation produces perseverance;⁴and perseverance, character; and character, hope.⁵Now hope does not disappoint, because the love of God has been poured out in our hearts by the Holy Spirit who was given to us.⁶For when we were still without strength, in due time Christ died for the ungodly.⁷For scarcely for a righteous man will one die; yet perhaps for a good man someone would even dare to die.⁸But God demonstrates His own love toward us, in that while we were still sinners, Christ died for us.⁹Much more then, having now been justified by His blood, we shall be saved from wrath through Him.¹⁰For if when we were enemies we were reconciled to God through the death of His Son, much more, having been reconciled, we shall be saved by His life.

TODAY'S GOSPEL Matthew 6:22-33 The Lord said to His disciples: "The lamp of the body is the eye. If therefore your eye is good, your whole body will be full of light.²³But if your eye is bad, your whole body will be full of darkness. If therefore the light that is in you is darkness, how great is that darkness!²⁴No one can serve two masters; for either he will hate the one and love the other, or else he will be loyal to the one and despise the other. You cannot serve God and mammon.²⁵Therefore I say to you, do not worry about your life, what you will eat or what you will drink; nor about your body, what you will put on. Is not life more than food and the body more than clothing?²⁶Look at the birds of the air, for they neither sow nor reap nor gather into barns; yet your heavenly Father feeds them. Are you not of more value than they?²⁷Which of you by worrying can add one cubit to his stature?²⁸So why do you worry about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin;²⁹and yet I say to you that even Solomon in all his glory was not arrayed like one of these.³⁰Now if God so clothes the grass of the field, which today is, and tomorrow is thrown into the oven, will He not much more clothe you, O you of little faith?³¹Therefore do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?'³²For after all these things the Gentiles seek. For your heavenly Father knows that you need all these things.³³But seek first the kingdom of God and His righteousness, and all these things shall be added to you."

LOOKING FOR WORK?

A gentleman who often comes to our parish and has recently come home from the hospital, needs someone to assist him during the day. Ukrainian language would be helpful but not required. You can call Irina at (914) 556-6346 or (845) 729-2567, or ask Fr. David if you'd like more information.

PUT CONFESSION ON YOUR CALENDAR ... NOT JUST AN EASTER THING!

Not only is Confession a requirement for voting membership in the parish according to our bylaws ... more importantly, Confession is a staple of the spiritual life! **Orthodox Christians have Confession; Orthodox Christians have Communion. Such has been the Tradition of our Church for 2,000 years.** Along with doctor's appointments, sports events, SAT prep, and all your other commitments, see the Confession times offered in the Bulletin and **put Confession on the calendar for you and your family!**

PASTORAL CARE – GENERAL INFORMATION

Emergency Sick Calls can be made at any time. Please call Fr. David at (914) 965-6815, when a family member is admitted to the hospital.

Anointing In Sickness: The Sacrament of Unction is available in Church, the hospital, or your home, for anyone who is sick, however severe. It doesn't mean "Last Rites!"

Marriages and Baptisms require early planning, scheduling, and selection of sponsors (crown bearers or godparents). See Father before booking dates and reception halls!

Funerals are celebrated for practicing Orthodox Christians. Please see Father for details. The Church opposes cremation; we cannot celebrate funerals for cremations.

**WANT TO HELP A STRUGGLING PARISH, MISSION, OR SEMINARIAN WITHIN OUR DIOCESAN FAMILY?
Become a DISTINGUISHED DIOCESAN BENEFACTOR!**

To see a video "slice of life" of our Diocesan churches, visit www.nynjoca.org/vision_for_future_2012.html ... and scroll down to VIDEO HIGHLIGHTS. Questions? See Fr. David.



PRAYER LIST

Above all, we are a praying community. Keep this list in your prayer corner, and in your daily prayers, remember our Brothers & Sisters in Christ:

Newly married Paul & Natalia and Kimberly & Jason; Anatole Honczarenko; Tekla Ryzyk; Boris Lyzak; Mat. Anastasia Harris; Jennifer Drake (Beth Ryzyk's sister); Helen; Elizabeth; Elias Kachur; Mat. Olga Meerson; Gail Saldis; Elena Herman; Eleanor Wasilko; Adriana Szynda; Paul "PJ" Sulich; newborn Elena King; Ludmila Branzow; Nathan Orsini; Suzanne Gee; Matthew & Malek; Dorothy Vernak; Nikolette Katechis; the newborn Walter Pulley and Christopher Safchuk; expecting parents Sara & Eros, and the child to be born to them; Nicholas Washenko; Maryanne Nolan; His Eminence, Archbishop Seraphim; Stan & Victoria, and all those preparing for marriage; Kevin Kuzmenko; Shawn Malone; Metropolitan Paul and Bishop Gregorios, Vera Bullock; Julia Wislocki; Schuyler Perry; Doris Morin; Kelly Ray; Justin Solak; Carmen Fesh; Deborah Chaiko; Anne Kakos, Kay Baker (Anne's sister); Vitaliy Khutko; Malcolm Kirkpatrick; Inga Serniak; Nikolai & Nadezhda Solidnov; Kathleen Nolan; the priests Frs. John Tkachuk, Vitaly Bahanovich, Joseph Chupeck, Boris Gulin, Leonid Kishkovsky, John Pawelchak, Herman Schick, Ken James Stavrevsky, Daniel Degyansky, Stephen Mack; PDns. Peter Skoog & Michael Sochka; Ann Belchuk; Klara Borzova; Helen Delandri; Helen Dempsey; Olga Jaworski; Olga Juck; Mary Kalakuka; Mary Kantor; Daria Krawchuk; Olga Pavelchak; Stephanie Phillips; Mat. Juliana Schmemann; Martha Slivka; Zena Weshta; all those confined to hospitals, nursing homes, and their own homes due to illness; for all soldiers, especially Jorge, Bryan & Mykola; widows, orphans, prisoners, victims of violence, and refugees, especially in Iraq, Syria, Egypt, and the Ukraine; all those suffering chronic illness, financial hardship, loneliness, addiction, abuse, abandonment and despair; all Orthodox seminarians and their families; all Orthodox monks, nuns and all those considering the monastic life; all Orthodox missionaries and their families; and all of our fathers, grandfathers, great-grandfathers and godfathers. Birthdays: Peter Bouteneff (6/17); Adriana and Emily Szynda (today); Olga Ptach (6/23).

For blessed repose for the souls of: The newly departed Mary Stankovich; the ever-memorable John Kowalczyk, John Kowalczyk, John Wislocki; all of our departed fathers, grandfathers, great-grandfathers and godfathers; and all departed this life in hope of the Resurrection.

Please give prayer requests to Fr. David, to Protodeacon John, or to an Altar Server. Typically, names remain on this list for 40 days, unless requested otherwise. Those confined to hospitals or homes, or suffering chronic illnesses, remain on the list.

PRAY FOR OUR COLLEGE STUDENTS – our parish sons & daughters, OCF chapter members, AND those at nearby colleges who make HTO their spiritual home away from home!

Michael Bouteneff	Madeline Miroshnikov	Matt Skalski
Joe Ciamarra	Kamille Perry	Alexandra Solak
Megan Jones	Schuyler Perry	Nick Thanasias
Kaydee Kowalczyk	Roman Piwinski	Monika Wislocki
Dan Kozak	Amanda Ryzyk	
Peter Kreatsoulas	Peter Ryzyk	

"Sending our kids to college without a connection to the Church is like sending children to play in traffic." -- Archbishop Michael
Please tell Fr. David if there are any errors or omissions on this list.