

**IT'S NOT TOO LATE TO PLAN
YOUR SUMMER *VO* CATION!**

How is God calling you to grow spiritually this summer? Here are some suggestions. Try one or more (that you aren't already doing).

- Fast one step more strictly than the last Apostles' Fast: Skip desserts; or skip meat on Wednesdays & Fridays or for the whole Fast; wait on your favorite TV or Netflix shows or secular music until the Fast is over.
- Trade in Web surfing for reading a chapter from the Gospels a day.
- Reclaim the first five minutes of each day to say Morning Prayers if you have drifted away from that practice.
 - Most particularly, ask God, in the morning, to help you in any situations (tests ... tryouts ... meetings ... medical appointments) which you are anxious about that are coming up that day.
- Before you go to sleep, "rewind" over the day and ask God's forgiveness of any sins you can remember from the day that has passed.
- If you're married, ask your spouse's forgiveness before you go to sleep.
- On a fast day (Wednesday or Friday) or during a fasting period, read a book like...
 - *Everyday Saints*;
 - *Born to Hate, Reborn to Love*; or
 - *The Gurus, The Young Man, and Elder Paisios*.
- Before sending a text message, ask, "Lord, is this okay?"
- When you DO go away on vacation, while you're making your reservations, find the church you'll go to on Sunday: Go to www.orthodoxyinamerica.org and use their "Search" tool. Call the church to verify the service times, and tell the priest you'd like his blessing to come to Holy Communion if that is your intention.

HOLY TRINITY ORTHODOX CHURCH
Yonkers, New York



Sunday, June 14, 2015 ~ All Saints of North America

WELCOME NEWCOMERS & VISITORS: It is our joy to have you here today! Please introduce yourself to Fr. David when everyone comes up to venerate the Cross at the end of Liturgy. Then, join us for Coffee Hour next door!



HOLY TRINITY ORTHODOX CHURCH

Trinity Plaza ✦ 46 Seymour Street ✦ Yonkers, New York 10701
Rector: V. Rev. David Cowan ✦ Protodeacon John Eby
Attached: V. Rev. John Tkachuk ✦ Rev. Vitaly Bahanovich
Rector Emeritus: V. Rev. Yaroslav Sudick, Ph.D., D.D.
Rectory Phone 914-965-6815 ✦ Email: frdavidcowan@gmail.com
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Diocese of New York & New Jersey: www.nynjoca.org

June 14, 2015: The Sunday of All Saints of North America

Epistles: Romans 2:10-16, Hebrews 11:33-12:2;

Gospels: Matthew 4:15-23, Matthew 4:25-5:12

SERVICES AND ACTIVITIES

Today: 2nd Sunday After Pentecost: Sunday of All Saints of North America

9:30 AM *Divine Liturgy* with *Panikhida* for John Kowalczyk, requested by his parents Joseph & Olga Kowalczyk; for John Kowalczyk, by Mr. & Mrs. Peter Howansky; and for John Wislocki, by the Kopcza Family.
Coffee Hour Today Hosted by the Cowan Family

Saturday, June 20

5:30 PM Private Confession Available

6:00 PM *Great Vespers*

Sunday, June 21 – 3rd Sunday After Pentecost – Happy Father's Day!

9:30 AM *Divine Liturgy* with Prayers for Living & Departed Fathers, and *Panikhida* for Vladimir Kowalczyk, requested by his wife Zofia; for John Kowalczyk, by Jan Andrejczak; and for John Wislocki, by Luba Ardan.
Coffee Hour Hosted by the Statkevics Family, in Honor of Helen Maybo

Tuesday, June 23

7:00 PM *Great Vespers & Litya* – Nativity of St. John the Baptist

Wednesday, June 24

9:30 AM *Divine Liturgy* – Nativity of St. John the Baptist

Saturday, June 27

5:30 PM Private Confession Available

6:00 PM *Great Vespers*

Sunday, June 28 – 4th Sunday After Pentecost

9:30 AM *Divine Liturgy* with *Panikhida* for James Dempsey (one year since his repose), requested by his wife, Helen, and family; for John Kowalczyk, by Truchan Wladyslaw; and for John Wislocki, by Nikolaus Ardan, Jr.
Coffee Hour Hosted by the Mark & Beth Rzyk Family

6:00 PM *Great Vespers & Litya* – The Holy Apostles Peter and Paul

Monday, June 29 – The Leaders of the Apostles, Saints Peter and Paul

9:30 AM *Divine Liturgy*

Are you “restless” to help people in need?

We have a number of thriving ministries at work in our church right now. To name a few:

We have a **Homebound Ministry**, headed by Olga Ptach; the **Coffee Hour Hospitality Ministry**, coordinated by Tina Reduto; we are leaders in the **Trinity Plaza Community Group**, overseen by Dasha Piwinski; and we are “humbly proud” (if I can say that) to have sent teams of teens and parents to help families in need, via the **Appalachia Service Project**, for several years now.

Presently we are growing a **Greeters Ministry**, led by Mardi Perry; and we are starting a **Service Books Ministry**, with the help of Mardi and Jim Perry.

What is next?

As I mentioned on Pentecost Sunday, we as a parish are called to **“blossom where we’re planted”**.

Our challenge is to show Christ’s love to the people who are here, where we are, in this part of Yonkers, **now**. To that end:

One, or more, of you has a calling to help the poor. Please consider coordinating an effort within our church family to assemble **“kits” for the homeless and impoverished persons** who come to the Rectory on a regular basis for help.

And one or more of you, I am confident, has a calling to help women and couples facing crisis pregnancies. Please consider leading us in a commitment to provide **maternity and baby supplies for Yonkers’ only crisis-pregnancy counseling center, the Life Options Center of Westchester County**

(upon whose Board I currently serve as the sole Orthodox presence). The “LOC” is in continual need of diapers, baby formula, cribs, strollers, and the like.

If you feel your heart stirred when you read this ... then, **it’s you**. Please come and see me.

With love in Christ,
Fr. David

FAMILIES SOUGHT TO HOST *SUNDAY COFFEE HOUR!*

You can see how breaking bread together grows friendships and draws visitors more deeply into our parish family...

Hosts are needed for July and August, and beyond.

To be part of this incredible ministry of hospitality, talk to Tina Reduto:
(914) 713 4716 or email legalcareers2000@hotmail.com ... Thank you!

A NEW LOOK FOR OUR WEB SITE –

Seeking a One Time \$75.00 Sponsorship

Our site is in need of a new look -- with more color and life. Our Webmaster, Nick Macagnone, has a design ready to go; it will cost \$75 to “go live”. If you’re interested in seeing the

new look, email Nick at nick.macagnone@gmail.com . Thank you!

PARISH COUNCIL MEMBERS SOUGHT FOR 2016

Elections will be held at the
next Annual Meeting, late January 2016.
See Father David or Council President
Vicky Statkevics for more information!

Please visit the LADIES’ GUILD GIFT SHOP

Featuring Icons ... Decorated Eggs ...
Orthodox Greeting Cards and Gifts for All Occasions!
Open Today During Coffee Hour,
Located in the Education Building,
Second Room on the Right from the Courtyard Entrance

**DONATIONS GRATEFULLY ACCEPTED –
TOWARD NEW PUMPS FOR OUR HEATING SYSTEM**

It is summer now ... but it’ll be winter again before we know it!

**We have raised \$2,730 thus far,
and we have \$3,270 left to raise.**

The cost to install new pumps is approximately \$6,000.00.

Anyone wishing to contribute toward
this project, please see Fr. David,
Parish Council President Vicky Statkevics,
or any other Parish Council member. Thank you!

TODAY’S EPISTLE Romans 2:10-16 Brethren: Glory, honor, and peace to everyone who works what is good, to the Jew first and also to the Greek. 11For there is no partiality with God. 12For as many as have sinned without law will also perish without law, and as many as have sinned in the law will be judged by the law 13(for not the hearers of the law are just in the sight of God, but the doers of the law will be justified; 14for when Gentiles, who do not have the law, by nature do the things in the law, these, although not having the law, are a law to themselves, 15who show the work of the law written in their hearts, their conscience also bearing witness, and between themselves their thoughts accusing or else excusing them) 16in the day when God will judge the secrets of men by Jesus Christ, according to my gospel.

TODAY’S GOSPEL Matthew 4:18-23 At that time: Jesus, walking by the Sea of Galilee, saw two brothers, Simon called Peter, and Andrew his brother, casting a net into the sea; for they were fishermen. 19Then He said to them, “Follow Me, and I will make you fishers of men.” 20They immediately left their nets and followed Him. 21Going on from there, He saw two other brothers, James the son of Zebedee, and John his brother, in the boat with Zebedee their father, mending their nets. He called them, 22and immediately they left the boat and their father, and followed Him. 23And Jesus went about all Galilee, teaching in their synagogues, preaching the gospel of the kingdom, and healing all kinds of sickness and all kinds of disease among the people.

COMING EVENTS, HERE AND ELSEWHERE...

- **Saturday, June 20, Christian Education Conference**, at Holy Trinity Church, East Meadow, Long Island, NY. See full-page flyer in this Bulletin. .
- **Thursday, August 20. Orthodox Youth Day at Six Flags Great Adventure!**

LOOKING FOR WORK?

A gentleman who often comes to our parish and has recently come home from the hospital, needs someone to assist him during the day. Ukrainian language would be helpful but not required. You can call Irina at (914) 556-6346 or (845) 729-2567, or ask Fr. David if you'd like more information.

PUT CONFESSION ON YOUR CALENDAR ... NOT JUST AN EASTER THING!

Not only is Confession a requirement for voting membership in the parish according to our bylaws ... more importantly, Confession is a staple of the spiritual life! **Orthodox Christians have Confession; Orthodox Christians have Communion. Such has been the Tradition of our Church for 2,000 years.** Along with doctor's appointments, sports events, SAT prep, and all your other commitments, see the Confession times offered in the Bulletin and **put Confession on the calendar for you and your family!**

PASTORAL CARE – GENERAL INFORMATION

Emergency Sick Calls can be made at any time. Please call Fr. David at (914) 965-6815, when a family member is admitted to the hospital.

Anointing In Sickness: The Sacrament of Unction is available in Church, the hospital, or your home, for anyone who is sick, however severe. It doesn't mean "Last Rites!"

Marriages and Baptisms require early planning, scheduling, and selection of sponsors (crown bearers or godparents). See Father before booking dates and reception halls!

Funerals are celebrated for practicing Orthodox Christians. Please see Father for details.

The Church opposes cremation; we cannot celebrate funerals for cremations.



WANT TO HELP A STRUGGLING PARISH, MISSION, OR SEMINARIAN WITHIN OUR DIOCESAN FAMILY?

Become a **DISTINGUISHED DIOCESAN BENEFACTOR!**

To see a video "slice of life" of our Diocesan churches, visit www.nynjoca.org/vision_for_future_2012.html ... and scroll down to VIDEO HIGHLIGHTS. **Questions? See Fr. David.**

PRAYER LIST

Above all, we are a praying community. Keep this list in your prayer corner, and in your daily prayers, remember our Brothers & Sisters in Christ:

Newly married Paul & Natalia and Kimberly & Jason; Anatole Honczarenko; Tekla Ryzzyk; Boris Lyzak; Mat. Anastasia Harris; Jennifer Drake (Beth Ryzzyk's sister); Helen; Elizabeth; Elias Kachur; Mat. Olga Meerson; Christopher Olsen; Gail Saldis; Elena Herman; Eleanor Wasilko; Adriana Szpynda; Paul "PJ" Sulich; newborn Elena King; Ludmila Branzow; Nathan Orsini; Suzanne Gee; Matthew & Malek; Dorothy Vernak; Nikolette Katechis; the newborn Walter Pulley and Christopher Safchuk; expecting parents Sara & Eros, and the child to be born to them; Nicholas Washenko; Maryanne Nolan; His Eminence, Archbishop Seraphim; Stan & Victoria, and all those preparing for marriage; Kevin Kuzmenko; Shawn Malone; Metropolitan Paul and Bishop Gregorios, Vera Bullock; Julia Wislocki; Schuyler Perry; Doris Morin; Kelly Ray; Justin Solak; Carmen Fesh; Deborah Chaiko; Anne Kakos, Kay Baker (Anne's sister); Vitaliy Khutko; Malcolm Kirkpatrick; Inga Serniak; Nikolai & Nadezhda Solidnov; Kathleen Nolan; the priests Frs. John Tkachuk, Vitaly Bahanovich, Joseph Chupeck, Boris Gulin, Leonid Kishkovsky, John Pawelchak, Herman Schick, Ken James Stavrevsky, Daniel Degyansky, Stephen Mack; PDns. Peter Skoog & Michael Sochka; Ann Belchyk; Klara Borzova; Helen Delandri; Helen Dempsey; Olga Jaworski; Olga Juck; Mary Kalakuka; Mary Kantor; Daria Krawchuk; Olga Pavelchak; Stephanie Phillips; Mat. Juliana Schmemann; Martha Slivka; Zena Weshta; all those confined to hospitals, nursing homes, and their own homes due to illness; for all soldiers, especially Jorge, Bryan & Mykola; widows, orphans, prisoners, victims of violence, and refugees, especially in Iraq, Syria, Egypt, and the Ukraine; all those suffering chronic illness, financial hardship, loneliness, addiction, abuse, abandonment and despair; all Orthodox seminarians and their families; all Orthodox monks, nuns and all those considering the monastic life; all Orthodox missionaries and their families. Birthdays: Fr. John Tkachuk (today); Fr. David (6/16); Dirk Ferguson (6/19).

For blessed repose for the souls of: The ever-memorable John Kowalczyk, John Kowalczyk, John Wislocki; and all departed this life in hope of the Resurrection.

Please give prayer requests to Fr. David, to Protodeacon John, or to an Altar Server.

Typically, names remain on this list for 40 days, unless requested otherwise. Those confined to hospitals or homes, or suffering chronic illnesses, remain on the list.

PRAY FOR OUR COLLEGE STUDENTS – our parish sons & daughters, OCF chapter members, AND those at nearby colleges who make HTO their spiritual home away from home!

Michael Bouteneff	Madeline Miroschnikov	Matt Skalski
Joe Ciamarra	Kamille Perry	Alexandra Solak
Megan Jones	Schuyler Perry	Nick Thanasias
Kaydee Kowalczyk	Roman Piwinski	Monika Wislocki
Dan Kozak	Amanda Ryzzyk	
Peter Kreatsoulas	Peter Ryzzyk	

Please tell Fr. David if there are any errors or omissions on this list.