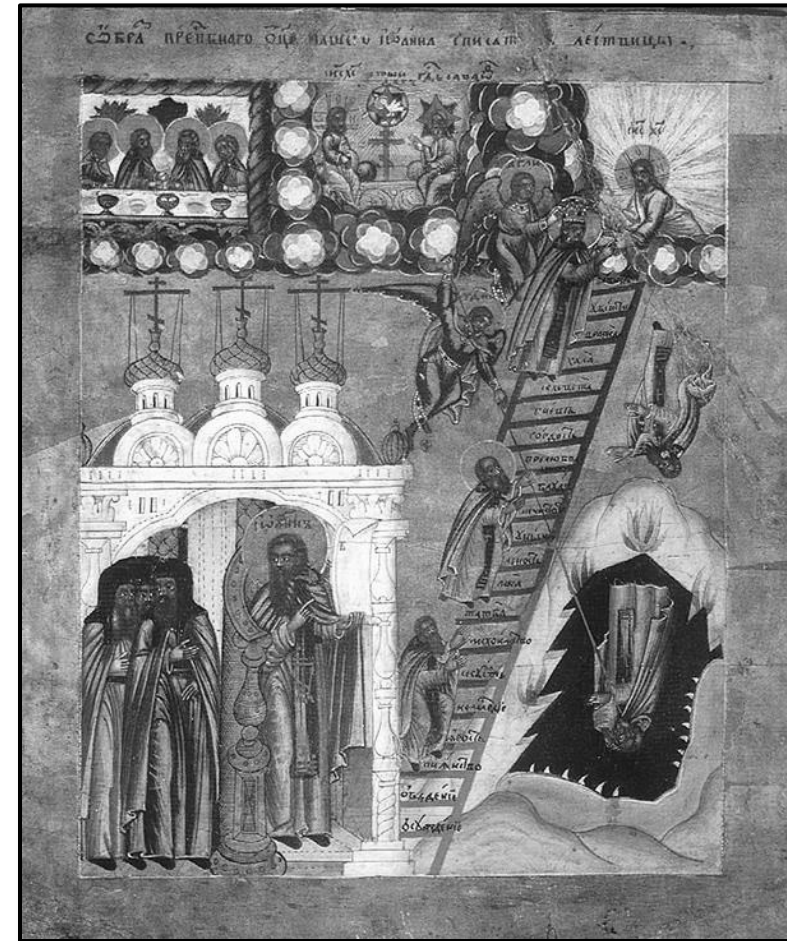


HOLY TRINITY ORTHODOX CHURCH

Yonkers, New York

COMING EVENTS, HERE AND ELSEWHERE...

- Saturday, March 28, 11 AM: NYC Deanery “Town Hall” Meeting on the Draft Revision of the OCA Statute, St. Nicholas Church, 14-65 Clintonville St., Whitestone NY
- Lazarus Saturday, April 4, Here: Church School Retreat (Details to Come); Parish Pre-Pascha Clean-Up Day; AND, A Special Guest Presentation at 1 PM: “Aging Is Everybody’s Business” – A Workshop in Growing Bonds Between Generations, with Dr. Jean Coppola, Professor at Pace University.
- Sat-Sun, May 2-3: Archbishop Michael Visits Us, Here, for Vespers & Liturgy. Details to Come.
- Sunday, June 7, Afternoon (Time TBA): Parish Council Conference, “Sound Financial Practices in the Parish”, Matushka Mary Breton, CPA, Treasurer of the Diocese – at Transfiguration Cathedral, 228 North 12th Street, Brooklyn NY



Sunday, March 22, 2015
Fourth Sunday of Great Lent
St. John of the Ladder

WANT TO HELP A STRUGGLING PARISH, MISSION, OR SEMINARIAN WITHIN OUR DIOCESAN FAMILY?

Become a **DISTINGUISHED DIOCESAN BENEFACTOR!**

To see a video “slice of life” of our Diocesan churches, visit www.nynjoca.org/vision_for_future_2012.html ... and scroll down to VIDEO HIGHLIGHTS. Questions? See Fr. David.



WELCOME NEWCOMERS & VISITORS: It is our joy to have you here today!
Please introduce yourself to Fr. David when everyone comes up to venerate the Cross at the end of Liturgy. Then, join us for Coffee Hour next door!



HOLY TRINITY ORTHODOX CHURCH

Trinity Plaza ✦ 46 Seymour Street ✦ Yonkers, New York 10701
 Rector: Rev. David Cowan ✦ Protodeacon John Eby
 Attached: V. Rev. John Tkachuk ✦ Rev. Vitaly Bahanovich
 Rector Emeritus: V. Rev. Yaroslav Sudick, Ph.D., D.D.
 Rectory Phone 914-965-6815 ✦ Email: frdavidcowan@gmail.com
 Web: www.holytrinityyonkers.org
 Facebook: www.facebook.com/holytrinityorthodox
 Diocese of New York & New Jersey: www.nynjoca.org

March 22, 2015: Fourth Sunday of Great Lent ~ St. John of the Ladder

Epistle: Hebrews 6:13-20; Gospel: Mark 9:17-31

SERVICES AND ACTIVITIES

Today – Fourth Sunday of Lent – St. John of the Ladder

9:30 AM *Divine Liturgy* – Welcome, Fr. Abbot Sergius from St. Tikhon’s Monastery
 5:00 PM *Deanery Lenten Vespers* at St. Nicholas Church, 14-65 Clintonville St., Whitestone,
 Archbishop MICHAEL Celebrating

Monday, March 23

7:00 PM *Compline & Great Canon of St. Andrew of Crete* – with the Life of St. Mary of Egypt
 (This service is moved from its usual place on the 5th Thursday of Lent,
 because of the Feast and Afterfeast of Annunciation.).

Tuesday, March 24 – Eve of the Annunciation

7:00 PM *Vigil* – Great Feast of the Annunciation

Wednesday, March 25 – Great Feast of the Annunciation to the Theotokos

9:00 AM *Vesperal Divine Liturgy of St. John Chrysostom*

Friday, March 27

9:00 AM *Liturgy of the Presanctified Gifts*
 6:00 PM *Great Akathist* – at *Virgin Mary Antiochian Church, 236 Grandview Blvd.,
 Yonkers* – with Supper Afterward in the Parish Hall

Saturday, March 28

4:00 PM “An Invitation” Inquirers Hour – in the Church
 5:00 PM Private Confession Available
 6:00 PM *Great Vespers*

Sunday, March 29 – Fifth Sunday of Lent – St. Mary of Egypt

9:30 AM *Divine Liturgy* with *Panikhida* for John Wislocki (40 Days), requested by his wife,
 Julia, and their children and grandchildren
 5:00 PM *Service of the Sacrament of Holy Unction.* At the Cathedral of the Holy Virgin
 Protection, 59 E. 2nd St., NYC 10003

Tuesday, March 31

7:00 PM *Akathist* to Saint Innocent of Moscow, Enlightener of Alaska

Wednesday, April 1

5:00 PM Private Confession Available (in English)
 6:00 PM Private Confession Available (in Russian, Polish, Ukrainian – During the
 Presanctified Liturgy)
 6:00 PM *Liturgy of the Presanctified Gifts*, with Pot Luck & Talk Afterward

CONGRATULATIONS TO ARCHBISHOP MICHAEL!

Bishop Michael has been elevated by the Holy Synod of the Orthodox Church in America to the rank of Archbishop. **May God grant His Eminence, Archbishop Michael, many more blessed years in His vineyard! “Eis Polla Eti, Despota!”**

SUNDAY EVENING LENTEN SCHEDULE

for the NEW YORK CITY DEANERY

All services start at 5:00 PM.

- Sunday, March 22: Sunday of St. John of the Ladder. St. Nicholas Church (Whitestone), 14-65 Clintonville Street, Whitestone NY 11357
- Sunday, March 29: Sunday of St. Mary of Egypt. **Service of the Sacrament of Holy Unction.** Cathedral of the Holy Virgin Protection, 59 E. 2nd St., NYC 10003

PUT CONFESSION ON YOUR CALENDAR ...

Not only is Confession a requirement, at least once a year, for voting membership in the parish according to our bylaws ... more importantly, Confession is a staple of the spiritual life! Along with doctor’s appointments, sports events, SAT prep, and all your other commitments, see the Confession times offered in the Bulletin and **put Confession on the calendar for you and your family!**

THE GREAT FAST CONTINUES ...

The Great Fast of Lent continues, through Holy PASCHA (Easter), Sunday, April 12, with the Paschal Divine Liturgy. During Great Lent we are called to abstain from meat and dairy products and from spiritually unproductive entertainment.

ALL ARE INVITED:

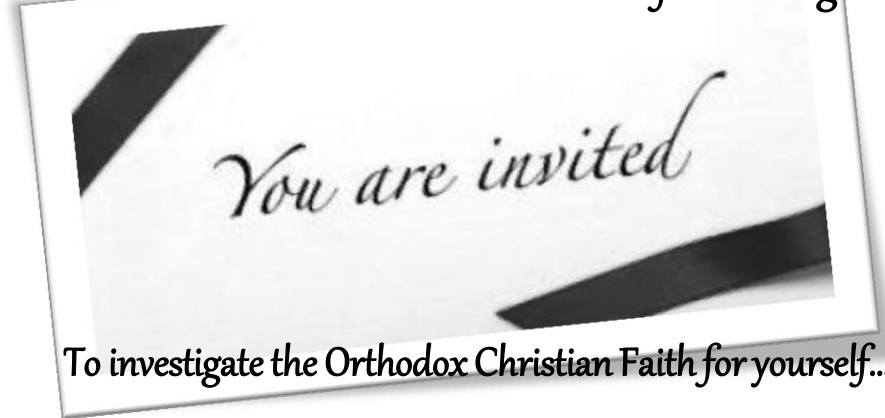
**PAN-ORTHODOX AKATHIST SERVICE,
 FRIDAY EVENING, MARCH 27, 6:00 PM,**

VIRGIN MARY ANTIOCHIAN CHURCH, 236 GRANDVIEW BL., YONKERS

The traditional Akathist Service to the Mother of God sung on the Fifth Friday of Great Lent, will be served together with our brothers and sisters from St. Vladimir’s Seminary, St. Mary’s Carpatho-Russian Church, and Virgin Mary Antiochian Church. The Antiochian parish is hosting the service; and their ladies will offer a Middle Eastern Lenten Supper after the Akathist. Do not miss it!

CHOIR MEMBERS: You are all invited to sing, together with the St. Vladimir’s Seminary Choir. Combined choirs and chanters from the Russian-American and Byzantine traditions will be singing portions of the service. There is no rehearsal required. Simply show up, gather together with Father Herman and the St. Vladimir’s singers, and join in!

To our visitors ... spouses ... fiancées ... family, and friends
from other Christian traditions and other faith backgrounds...



To investigate the Orthodox Christian Faith for yourself...

ONLINE, on the Diocese of New York & New Jersey's
"INVITATION" Website, at www.nynjoca/invitation.html

And IN PERSON, on one more Saturday during Great Lent:
Saturday, March 28 – 4:00-5:00 PM, in the Church

The Orthodox Church is evangelical, but not Protestant.

It is orthodox, but not Jewish.

It is catholic, but not Roman.

It is not non-denominational, it is pre-denominational.

Come and Learn ... Come and Ask ... Come and See!

**DONATIONS GRATEFULLY ACCEPTED –
TOWARD NEW PUMPS FOR OUR HEATING SYSTEM**

As you can tell, our heating system has much improved the last couple of months. However, the technicians have notified us that of the two pumps which enable warm air to be sent up into the church, one is no longer working, and the other is "on borrowed time." **The cost to install new pumps is approximately \$6,000.00.** Anyone wishing to contribute toward this project, please see Fr. David, Council President Vicky Statkevics, or any other Parish Council member. Thank you!

TODAY'S EPISTLE Ephesians 5:9-19 Brethren: (for the fruit of the Spirit is in all goodness, righteousness, and truth),¹⁰finding out what is acceptable to the Lord.¹¹And have no fellowship with the unfruitful works of darkness, but rather expose them.¹²For it is shameful even to speak of those things which are done by them in secret.¹³But all things that are exposed are made manifest by the light, for whatever makes manifest is light.¹⁴Therefore He says: "Awake, you who sleep, Arise from the dead, And Christ will give you light."¹⁵See then that you walk circumspectly, not as fools but as wise,¹⁶redeeming the time, because the days are evil.¹⁷Therefore do not be unwise, but understand what the will of the Lord is.¹⁸And do not be drunk with wine, in which is dissipation; but be filled with the Spirit,¹⁹speaking to one another in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord.

TODAY'S GOSPEL Matthew 4:25-5:12 At that time, great multitudes followed Jesus – from Galilee, and from Decapolis, Jerusalem, Judea, and beyond the Jordan.¹And seeing the multitudes, He went up on a mountain, and when He was seated His disciples came to Him.²Then He opened His mouth and taught them, saying:³Blessed are the poor in spirit, For theirs is the kingdom of heaven.⁴Blessed are those who mourn, For they shall be comforted.⁵Blessed are the meek, For they shall inherit the earth.⁶Blessed are those who hunger and thirst for righteousness, For they shall be filled.⁷Blessed are the merciful, For they shall obtain mercy.⁸Blessed are the pure in heart, For they shall see God.⁹Blessed are the peacemakers, For they shall be called sons of God.¹⁰Blessed are those who are persecuted for righteousness' sake, For theirs is the kingdom of heaven.¹¹Blessed are you when they revile and persecute you, and say all kinds of evil against you falsely for My sake.¹²Rejoice and be exceedingly glad, for great is your reward in heaven, for so they persecuted the prophets who were before you.

INVEST IN OUR 2015 ASP TEEN MISSION TEAM!

Buy ASP stock sales at coffee hour beginning 3/29 to 5/3, except Pascha. Shares are \$10 each.

Our 2015 Orthodox Youth Mission Team consists of 23 teens and 14 adults from 7 parishes in CT, NY and NJ.

Our Yonkers team is Andrew, Peter and Chris Nolan, Adriana, Emily and Chris Szpynda, and Beth Rzyk.

We will be going to Kentucky in July to make homes warmer, after and drier!

CONFESSIONS IN RUSSIAN / POLISH / UKRAINIAN: WED., APRIL 1, 6:00pm, with Fr. Wiaczeslaw Krawczuk:

В среду, 1 апреля в 6:00 вечера, о. Вячеслав Кравчук будет принимать Исповеди прихожан нашего Храма говорящих на Русском, Украинском и Польском языках.

DID WE MISS YOUR BIRTHDAY? We are very happy to add anyone to our Birthday prayer list ... please give Fr. David a written note, or email him, with your and your loved ones' birthdays, so you and they will be prayed for when the day comes!

PASTORAL CARE – GENERAL INFORMATION

Emergency Sick Calls can be made at any time. Please call Fr. David at (914) 965-6815, when a family member is admitted to the hospital.

Anointing In Sickness: The Sacrament of Unction is available in Church, the hospital, or your home, for anyone who is sick, however severe. It doesn't mean "Last Rites!"

Marriages and Baptisms require early planning, scheduling, and selection of sponsors (crown bearers or godparents). See Father before booking dates and reception halls!

Funerals are celebrated for practicing Orthodox Christians. Please see Father for details. ***The Church opposes cremation; we cannot celebrate funerals for cremations.***

PRAYER LIST

Above all, we are a praying community. Keep this list in your prayer corner, and in your daily prayers, remember our Brothers & Sisters in Christ:

Boris Lyzak (Dasha's uncle); David Barret; Warren; Melissa; Erik; Anthony; Elias Kachur; Matushka Shirley Lickwar; Michael Mellin; Paula West; Danielle; newborn Vera Parrott; recovering Tamara, Elena & Alexandra; Eleanor Wasilko; the child August Veerman; Carol; Becka; Richard; Tatiana Mordovina; Matushka Patricia Mason; Catechumen Mary Ann Paprocki; Adriana Szpynda; Paul "PJ" Sulich; Gloria Panciera; Mary Smith; Fr. John Tkachuk; Stephen Wartella; newborn Elena King; Ludmila Branzow; Natasha Harris; Nathan Orsini; Suzanne Gee; Matthew & Malek; Dorothy Vernak; Nikolette Katechis; John Loving; Sherry & Nathaniel, Sara & Eros and the child to be born to her; Nicholas Washenko; Maryanne Nolan; His Eminence, Archbishop Seraphim; Jason & Kimberly, Paul & Natalia, Stan & Victoria, and all those preparing for marriage; Kevin Kuzmenko; Shawn Malone; Metropolitan Paul and Bishop Gregorios, Vera Bullock; Julia Wislocki; Schuyler Perry; Doris Morin; Kelly Ray; Justin Solak; Carmen Fesh; Deborah Chaiko; Anne Kakos, Kay Baker (Anne's sister); Vitaliy Khutko; Malcolm Kirkpatrick; Inga Serniak; Nikolai & Nadezhda Solidnov; Kathleen Nolan; the priests Frs. Joseph Chupeck, Leonid Kishkovsky, John Pawelchak, Herman Schick, Ken James Stavrevsky, Daniel Degyansky, Michael Koblosh, Stephen Mack; PDns. Peter Skoog & Michael Sochka; Ann Belchyk; Helen Delandri; Helen Dempsey; Olga Jaworski; Olga Juck; Mary Kalakuka; Mary Kantor; Daria Krawchuk; Olga Pavelchak; Stephanie Phillips; Tekla Rzyk; Mat. Juliana Schmemann; Zena Weshta; all those confined to hospitals, nursing homes, and their own homes due to illness; for all soldiers, especially Jorge; widows, orphans, prisoners, victims of violence, and refugees, especially in Iraq, Syria, Egypt, and the Ukraine; all those suffering chronic illness, financial hardship, loneliness, addiction, abuse, abandonment and despair; all Orthodox seminarians and their families; all Orthodox monks, nuns and all those considering the monastic life; all Orthodox missionaries and their families. Birthdays: Irene Homa (3/17); Tony Prusak (3/23).

For blessed repose for the souls of: Newly departed Fr. Thomas Hopko (3/18); Fr. Matthew Baker (+3/1); Alexandra Tregubova (+2/23); Rose Genovese (+2/22); Christina McDonald (+2/22); John Wislocki (+2/19); the 21 Coptic Orthodox Christians newly martyred in Libya; the ever-memorable Vladimir & Vira; and all departed this life in hope of the Resurrection.

Please give prayer requests to Fr. David, to Protodeacon John, or to an Altar Server. Typically, names remain on this list for 40 days, unless requested otherwise. Those confined to hospitals or homes, or suffering chronic illnesses, remain on the list.

PRAY FOR OUR COLLEGE STUDENTS – our parish sons & daughters, OCF chapter members, AND those at nearby colleges who make HTO their spiritual home away from home!

- | | | |
|-------------------|----------------------|-----------------|
| Michael Bouteneff | Madeline Miroshnikov | Matt Skalski |
| Joe Ciamarra | Kamille Perry | Alexandra Solak |
| Megan Jones | Schuyler Perry | Nick Thanasias |
| Kaydee Kowalczyk | Roman Piwinski | Monika Wislocki |
| Dan Kozak | Amanda Rzyk | |
| Peter Kreatsoulas | Peter Rzyk | |

Please tell Fr. David if there are any errors or omissions on this list.