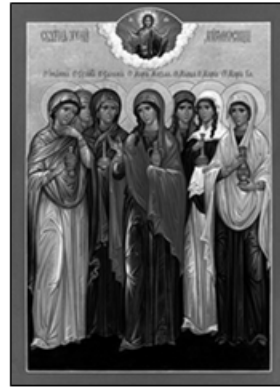


2014 DIOCESAN GIRLS RETREAT

November 14-16, 2014

Sponsored and hosted by the
Diocese of New York & New Jersey
For the girls in our parishes,
between Grades 7 and 12



The Holy Myrrh Bearing Women

WHEN: Friday-Sunday, November 14-16, 2014
WHERE: St. Basil's Academy, 79 Saint Basil Road, Garrison, NY
COST: There is no charge for this Diocesan sponsored event.

WHAT'S HAPPENING:

- Basketball and Games in the Gym; Swimming in the Indoor Pool
- Worship, Fellowship and "Q & A" Time with His Grace, Bishop Michael
- Lessons on Singing and Chanting in Church with Christine Nass, Director of Villanova Voices, Villanova University, Philadelphia

REGISTRATION DEADLINE: Nov. 3, 2014
Registration Forms are Available from Your Priest



Saint Basil's Academy

For More Information,
Go to www.nynjoca.org

Contact: Fr. Jason Vansuch
Chair, Diocesan Department of Youth Ministry
St. George Orthodox Church, Buffalo, NY
(716) 875-4222 ♦ Email jvansuch@hotmail.com



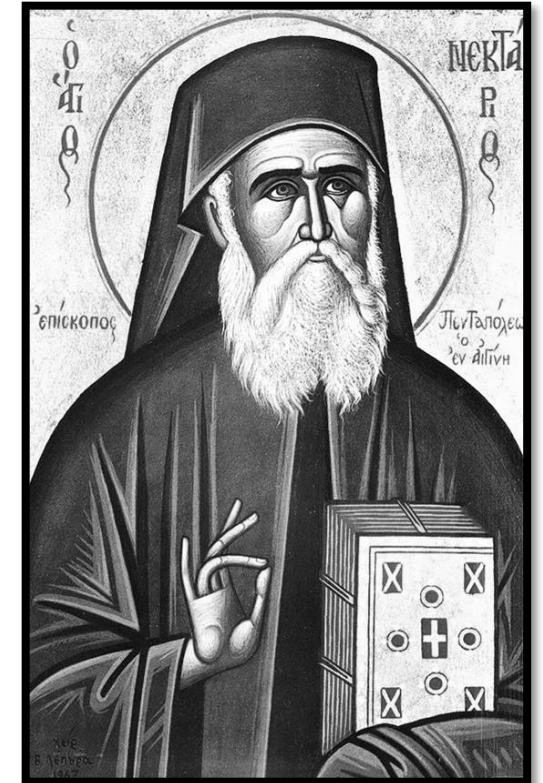
WANT TO HELP A STRUGGLING PARISH, MISSION, OR SEMINARIAN WITHIN OUR DIOCESAN FAMILY?

Become a **DISTINGUISHED DIOCESAN BENEFACTOR!**

To see a video "slice of life" of our Diocesan churches, visit www.nynjoca.org/vision_for_future_2012.html ... and scroll down to VIDEO HIGHLIGHTS. *Questions? See Fr. David.*

HOLY TRINITY ORTHODOX CHURCH

Yonkers, New York



Sunday, November 9, 2014
22nd Sunday After Pentecost
St. Nektarios of Aegina,
the Metropolitan of Pentapolis (+ 1920)

RIDES TO CHURCH NEEDED!

Have empty seats in your car on Sundays?
A number of people in our parish family need rides to Church.
See Fr. David if you could bring someone – even on a part-time basis!



HOLY TRINITY ORTHODOX CHURCH

Trinity Plaza ♦ 46 Seymour Street ♦ Yonkers, New York 10701

Rector: Fr. David Cowan ♦ Protodeacon John Eby

Rector Emeritus: V. Rev. Yaroslav Sudick, Ph.D., D.D.

Rectory Phone 914-965-6815

Email: frdavidcowan@gmail.com

Web: www.holytrinityyonkers.org

Facebook: www.facebook.com/holytrinityorthodox

Diocese of New York & New Jersey: www.nynjoca.org

Sunday, November 9, 2014 ~ 22nd Sunday After Pentecost
Saint Nektarios of Aegina, Metropolitan of Pentapolis (+1920)

Epistle: Galatians 6:11-18; Gospel: Luke 8:41-56

SERVICES AND ACTIVITIES

Today

9:30 AM

Divine Liturgy with Prayers for Veterans – Please write your soldiers' and veterans' names, both living and departed, on the sheet on the candle desk.
Also: *Panikhida* for Nikolai Mikhaylov (40 Days), requested by his daughter, Marina Mikhaylova; for Tamaz, Rosa, Liana and Nugzar, by Marina; for David, by Nona; for Archpriest Igor Tkachuk, by son Archpriest John Tkachuk and family; for John Kowalczyk, by Oksana and Taras Kulynych; and for Departed Soldiers & Veterans.

The New York and New Jersey Diocesan Assembly takes place this Tuesday.
Your prayers on that day for a joyful and fruitful Assembly are much appreciated!

The Nativity Fast (Advent) begins Saturday, November 15.

We strive to abstain from meat, to abstain from or limit our use of dairy products, and avoid spiritually unproductive entertainment and Internet activity.

Saturday, November 15

5:30 PM Private Confession Available

6:00 PM *Great Vespers*

Remember, we will take a Special Collection for St. Tikhon's Seminary on Sunday, November 16, to present to the seminarians when they visit November 22-23.

Sunday, November 16

9:30 AM *Divine Liturgy* with *Panikhida* for Jan Donski, requested by Olga & Marie Donski; and for John Kowalczyk, by Anna Kuylo.

Thursday, November 20

7:00 PM *Great Vespers & Litya* – Entrance of the Theotokos in the Temple



Friday, November 21

9:00 AM *Divine Liturgy* – Entrance of the Theotokos in the Temple

WELCOME NEWCOMERS & VISITORS: It is our joy to have you here today!

Please introduce yourself to Fr. David when everyone comes up to venerate the Cross at the end of Liturgy. Then, join us for Coffee Hour next door!

LUNCHEON WITH ST. TIKHON'S CHOIR AT COFFEE HOUR, SUNDAY, NOVEMBER 23

November 22-23, 2014

HOLY TRINITY ORTHODOX CHURCH PRESENTS:

St. Tikhon's Seminary

Mission Choir

Saturday Vespers at 6PM

Sunday Divine Liturgy at 9:30AM

The seminarians visit parishes throughout the school year to sing the Divine Services ... to share their stories ... and to raise funds for the work of Saint Tikhon's Seminary.

A contribution of any amount toward the pastoral formation of these and future seminarians is greatly appreciated. Please bring it for a special collection on 11/16.

Housing is needed for 8 - 10 seminarians for that Saturday night, November 22.

Please see Fr. David if you can host one or more students.

46 SEYMOUR STREET, YONKERS, NY 10701 -- 914-965-6815

Bring A Dish to Share If You Can ...
Sign up Today at Coffee Hour, or Contact Helen Maybo.

COMING UP AT HOLY TRINITY CHURCH:

- Sun 11/16: Special Collection for St. Tikhon's Seminary.** We want to be able to present the Seminary Mission Choir with a generous donation when they visit us the following weekend. Thank you for your generosity!
- Sat 11/22, 2:00 PM: Baking Breads to Take to our Homebound Parishioners,** in the Ed Building Kitchen. Contact Olga Ptach to sign up or learn details.
- Sat-Sun 11/22-23: St. Tikhon's Seminary Mission Choir, Here,** singing Vespers and Divine Liturgy. We need just one more family to offer housing over Saturday night for 2 seminarians. Anyone who can, please see Fr. David. **Also, we will have a luncheon with the St. Tikhon's Choir at Coffee Hour that Sunday.** If you can bring a dish to share, please sign up at Coffee Hour today, or speak with Helen Maybo. Thank you!
- Thurs 12/4, 7:30-8:30 PM, Bible Study on "The Nativity of Christ", at the home of Beth & Mark Rzyk.** This is the first in a series of periodic Bible Studies to be held in parishioners' homes, to allow opportunities for Adult Christian Education in different parts of our parish "map" – which stretches from Manhattan to Connecticut. If Yonkers is too far to drive on a weeknight, then maybe Beth and Mark's is closer to where you live ... or maybe the next location will be! Come enjoy fellowship and learning in your Faith!
- Sun 12/7 at Coffee Hour: St. Nicholas Celebration.** The Nolan Family will host their annual St. Nicholas Breakfast. There will be a special visit from St. Nicholas and new this year, a Gingerbread Church Contest! Edible building materials will be supplied for classes and families (and anyone else who would like to participate) to build in teams their "dream" church.
- Wed 12/24 Evening: Holy Supper** at the Rectory.
- Sun 12/28 After Liturgy: Christmas Caroling Visits** to Homebound Parishioners.
- Sun 1/4/2015 Christmas Yolka!**

PASTORAL CARE – GENERAL INFORMATION

Emergency Sick Calls can be made at any time. Please call Fr. David's cell phone, 1-(570) 878-5074, when a family member is admitted to the hospital.

Anointing In Sickness: The Sacrament of Anointing is available in Church, in the hospital, or in your home, for anyone who is sick, no matter how severe. It doesn't mean "Last Rites!"

Marriages and Baptisms require early planning, scheduling, and selection of sponsors (crown bearers or godparents). See Father before booking dates and reception halls!

Funerals are celebrated for practicing Orthodox Christians. Please see Father for details.

The Church opposes cremation; we cannot celebrate funerals for those being cremated.

TODAY'S EPISTLE Galatians 6:11-18 Brethren: See with what large letters I have written to you with my own hand!¹²As many as desire to make a good showing in the flesh, these would compel you to be circumcised, only that they may not suffer persecution for the cross of Christ.¹³For not even those who are circumcised keep the law, but they desire to have you circumcised that they may boast in your flesh.¹⁴But God forbid that I should boast except in the cross of our Lord Jesus Christ, by whom the world has been crucified to me, and I to the world.¹⁵For in Christ Jesus neither circumcision nor uncircumcision avails anything, but a new creation.¹⁶And as many as walk according to this rule, peace and mercy be upon them, and upon the Israel of God.¹⁷From now on let no one trouble me, for I bear in my body the marks of the Lord Jesus.¹⁸Brethren, the grace of our Lord Jesus Christ be with your spirit. Amen.

TODAY'S GOSPEL Luke 8:41-56 At that time, there came a man named Jairus, and he was a ruler of the synagogue. And he fell down at Jesus' feet and begged Him to come to his house,⁴²for he had an only daughter about twelve years of age, and she was dying. But as He went, the multitudes thronged Him.⁴³Now a woman, having a flow of blood for twelve years, who had spent all her livelihood on physicians and could not be healed by any,⁴⁴came from behind and touched the border of His garment. And immediately her flow of blood stopped.⁴⁵And Jesus said, "Who touched Me?" When all denied it, Peter and those with him said, "Master, the multitudes throng and press You, and You say, 'Who touched Me?'"⁴⁶But Jesus said, "Somebody touched Me, for I perceived power going out from Me."⁴⁷Now when the woman saw that she was not hidden, she came trembling; and falling down before Him, she declared to Him in the presence of all the people the reason she had touched Him and how she was healed immediately.⁴⁸And He said to her, "Daughter, be of good cheer; your faith has made you well. Go in peace."⁴⁹While He was still speaking, someone came from the ruler of the synagogue's house, saying to him, "Your daughter is dead. Do not trouble the Teacher."⁵⁰But when Jesus heard it, He answered him, saying, "Do not be afraid; only believe, and she will be made well."⁵¹When He came into the house, He permitted no one to go in except Peter, James, and John, and the father and mother of the girl.⁵²Now all wept and mourned for her; but He said, "Do not weep; she is not dead, but sleeping."⁵³And they ridiculed Him, knowing that she was dead.⁵⁴But He put them all outside, took her by the hand and called, saying, "Little girl, arise."⁵⁵Then her spirit returned, and she arose immediately. And He commanded that she be given something to eat.⁵⁶And her parents were astonished, but He charged them to tell no one what had happened.

WHEN SOMEONE YOU LOVE IS HAVING SURGERY...

- Find out what day and time the surgery starts and about how long it is to take.
- Pray at the time the surgery is to begin (or as close to it as you can). One common prayer: “O Lord Jesus Christ our God, Who patiently endured the scourging and wounding of Your most-holy Body, so that You might save the souls and bodies of Your people: Look graciously, we ask You, upon the suffering body of this Your servant, (Name), and strengthen him /her to endure patiently whatever You shall see fit to lay upon him / her. Bless the means employed for the working out of his / her cure, granting that he / she may so endure his / her sufferings in the flesh, that the wounding of his / her body may serve for the correcting and salvation of his / her soul. For Yours it is to show mercy and to save us, O Christ our God, and to You we ascribe glory together with Your eternal Father, and Your Most-holy-Good and Life-creating Spirit, now and ever and unto ages of ages. Amen.”
- FAST from food – or at least, keep it to a minimum, as is safe for you – for the expected duration of the surgery. You can also fast from social media, entertainment, idle conversation or distractions ... let your thoughts instead go toward prayers for the one having surgery.
- And, of course, try to call and visit and take them flowers and ice cream, like you usually do!

THANKSGIVING BREAD BAKING SAT., NOVEMBER 22 - FROM OLGA PTACH

Dear Ones, Glory to Jesus Christ!

As we prepare for the Nativity of the Lord, I would like to invite anyone who is able to gather Saturday 11-22-14 @ 2 pm, upstairs in the Education Building (bring a friend if they like.) Then we can do the following:

1. We will bake small loaves of pumpkin bread for Thanksgiving Day that will be distributed to the “homebound” in our parish. The next day, we’ll ask parishioners to assist in distributing the finished loaves to our “homebound” brothers and sisters in Christ. On Sunday 11-23-14 I will have their names, addresses & phone numbers.
2. While the breads are in the oven, we will make a card to be taken with the bread on behalf of our parish.

Since I am in church school on Sunday after the Divine Liturgy I will leave the breads on the table with a paper stating the name address and phone number of the “shut in” and you can take it and just place your name on the list next to the person you are taking bread to.

“I was sick and you visited Me...” Matt 25:36

Please let me know by this Friday 11/14 if you are able to participate.

In Christ, Olga

PS If you would like to donate money to defray the cost of the ingredients that would be great otherwise I will be paying for them.

PRAYER LIST

Above all, we are a praying community. Keep this list in your prayer corner, and in your daily prayers, remember our Brothers & Sisters in Christ:

Adriana Szpynda, preparing for surgery tomorrow; the newly Chrismated Vincent & Mary Macagnone; Paul “PJ” Sulich, recovering from multiple serious injuries in a car accident; the newly baptized Mia (Maria) and Sadie (Sarah) Olson; newborn Elena King, Isabelle Paprocki & Anastasia VanLare; Lubova Beketayeva; Edith Cromwell; Natasha Harris; Olga Ptach; Suzanne Gee; Matushka Dorothy Timko; Stephen Vagianos; Mat. Christine Hoepfner; Minerva Diaz; Matthew & Malek, traveling in the Middle East; Dorothy Vernak; Nikolette Katechis; Matushka Juliana Schmemann; Matushka Dorothy Sulich; John Loving; Mat. Leanne Parrott and the child to be born to her; Nicholas Washenko; Maryanne Nolan; Joan Giannelli; John; Rebecca; His Eminence, Archbishop Seraphim; George Miroshnikov & Madeline Loving, Jason Vitale & Kimberly Ovsag, Paul Stewart & Natalia Maicenko, and all those preparing for marriage; Kevin Kuzmenko; Shawn Malone; Metropolitan Paul and Bishop Gregorios, Vera Bullock; John & Julia Wislocki; Schuyler Perry; Doris Kulnicz Morin; Kelly Ray; Rose; Justin Solak; Carmen Fesh; Deborah Chaiko; Anne Kakos, Kay Baker (Anne’s sister); Vitaliy Khutko; Malcolm Kirkpatrick; Stephanie Phillips; Tekla Rzyk; Inga Serniak; Nikolai & Nadezhda Solidnov; Kathleen Nolan; the priests Frs. Leonid Kishkovsky, John Pawelchak; Herman Schick, Matthew Searfoorce, Ken James Stavrevsky, Daniel Degyansky, Michael Koblosh, Paul Kucynda, Stephen Mack; PDns. Peter Skoog & Michael Sochka; Alvin; Ann Belchyk; Aleksandra Borzova; Helen Delandri; Helen Dempsey; Olga Jaworski; Olga Juck; Mary Kalakuka; Mary Kantor; Daria Krawchuk; Olga Pavelchak; Martha Scigliano; Zena Weshta; all those confined to hospitals, nursing homes, and their own homes due to illness; for all soldiers, especially Jorge; widows, orphans, prisoners, victims of violence, and refugees, especially in Iraq, Syria, Egypt, and the Ukraine; all those suffering chronic illness, financial hardship, loneliness, addiction, abuse, abandonment and despair; all Orthodox seminarians and their families; all Orthodox monks, nuns and all those considering the monastic life; all Orthodox missionaries and their families. Birthdays: Bill Szpynda (11/14); James Cowan (11/15).

For blessed repose for the souls of: Newly departed Constance Tarasar (+11/7); Protodeacon Joseph Hotrovich (+10/30); Wander Francisco Bautista (+10/25); Panayiotis Zamarello (+10/25); Mary “Tay” Thomas (+10/17); Vera Hetman (+10/16); Matushka Daria Mason (+10/11); Robert Chenot (+10/7); Nikolai Mikhaylov (+10/2); those remembered in the *Panikhida* today; the ever-memorable Fr. Igor Tkachuk; Vladimir & Vira; and all departed this life in hope of the Resurrection.

Please give prayer requests to Fr. David, to Protodeacon John, or to an Altar Server. Typically, names remain on this list for 40 days, unless requested otherwise. Those confined to hospitals or homes, or suffering chronic illnesses, remain on the list.

PRAY FOR OUR COLLEGE STUDENTS – our parish sons and daughters, AND those attending college near us who are making HTO their spiritual home away from home!

Michael Bouteneff	Madeline Loving	Amanda Rzyk
Joe Ciamarra	George Miroshnikov	Peter Rzyk
Megan Jones	Kamille Perry	Matt Skalski
Kaydee Kowalczyk	Schuyler Perry	Alexandra Solak
Dan Kozak	Roman Piwinski	Monika Wislocki

Please tell Fr. David if there are any errors or omissions on this list.