

HOLY TRINITY ORTHODOX CHURCH

Yonkers, New York

TWO OPPORTUNITIES FOR LENTEN CHARITY

GUATEMALA: HOLY TRINITY ORTHODOX ORPHANAGE & MONASTERY

This year for Holy Week, Peter Bullock and his grandmother Matushka Masha Tkachuk are going to Guatemala to visit the monastery of The Holy Trinity and the Children's residence attached to the monastery. In 1992 Abbess Inez and two other nuns took over the administration of an orphanage in Guatemala city populated by not only orphans but homeless children as well. In addition, the newly built Cathedral of Holy Trinity serves an ever growing community of Orthodox Christians who have converted literally by the thousands in the past few years.

Maintaining the programs costs about \$15,000 a month so all donations are always welcome. You are welcome to make your donation to our parish, Holy Trinity, making a notation that this is a donation to the Guatemalan community. This way you are able to receive a tax receipt.

We hope you find it in your hearts to make a donation!
With gratitude, Peter Bullock and Matushka Masha Tkachuk

ALASKAN VILLAGE YOUTH OUTREACH: OUR TEENS' O.Y.M.T. MISSION TRIP FOR 2017

After 6 years of serving in West Virginia, Kentucky and Tennessee through the Appalachian Service Project (ASP) the Orthodox Youth Mission Team (OYMT) will be participating in an Orthodox Christian Mission Center short-term mission trip to Alaska. Youth and leaders from our parish and 5 others will be serving Orthodox brothers and sisters in the small village of Napaskiak, running youth camp programs and helping with construction projects. This is the first time a high school team will be volunteering through OCMC. It is a wonderful and unprecedented opportunity for our youth and we are very excited to go and do Christ's work! As in the past, OYMT is selling stock for \$10 a share to fund our trip during coffee hour. **And next Sunday, March 26, we will host a fundraising Brunch at Coffee Hour.** We ask that you please be as generous as you can in your support and pray for us as we prepare for our mission trip. Thank you!



Sunday, March 19, 2017

Third Sunday of Great Lent ~ Sunday of the Cross



Welcome, Archbishop Michael!

Eis Polla Eti, Dhespota!

Everyone, please stay afterward for His Eminence's talk,
"The Journey Through Holy Week," and enjoy Brunch!



HOLY TRINITY ORTHODOX CHURCH

Trinity Plaza ✦ 46 Seymour Street ✦ Yonkers, New York 10701
 Rector: V. Rev. David Cowan ✦ Protodeacon John Eby
 Attached: V. Rev. John Tkachuk ✦ Rev. Vitaly Bahanovich
 Rector Emeritus: V. Rev. Yaroslav Sudick, Ph.D., D.D.
 Rectory Phone 914-965-6815 ✦ Email: frdavidcowan@gmail.com
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 Diocese of New York & New Jersey: www.nynjoca.org

Sunday, March 19, 2017 ~ Third Sunday of Great Lent ~ Sunday of the Cross
Epistle: Hebrews 4:14-5:6; Gospel: Mark 8:34-9:1

SERVICES AND ACTIVITIES

Today

9:00 AM Greeting of Archbishop Michael
 9:30 AM Divine Liturgy, Followed by Church School
 At Coffee Hour: Luncheon with Archbishop Michael
 “The Journey Through Holy Week” – A Talk By Archbishop Michael
 5:00 PM Lenten Vespers & Supper – At St. Nicholas Church, 14-65 Clintonville St., Whitestone

Monday, March 20

7:30 PM Choir Rehearsal – in the Church

Wednesday, March 22

5:00 PM Private Confession Available
 6:00 PM Liturgy of the Pre-Sanctified Gifts

Friday, March 24

7:00 PM Vigil – Great Feast of the Annunciation of the Most-Holy Theotokos

Saturday, March 25 – Great Feast of the Annunciation of the Most-Holy Theotokos

9:30 AM Divine Liturgy for the Annunciation
 5:00 PM Private Confession Available
 5:30 PM Russian / Polish / Ukrainian Confessions, with Fr. Wiaczeslaw Krawczuk
 6:00 PM Great Vespers

Sunday, March 26 – Synaxis of the Archangel Gabriel

9:00 AM Private Confession Available
 9:30 AM Divine Liturgy followed by Altar Servers Meeting; Church School
 At Coffee Hour: Fundraising Brunch Hosted by OYMT (Orthodox Youth Mission Team);
 Talk by Jim Reduto, Esq.: “Tax Issues and Estate Planning”
 5:00 PM Lenten Vespers & Supper – At Holy Trinity Church, 369 Green Avenue, East Meadow

Monday, March 27

7:30 PM Choir Rehearsal – in the Church

PRAYER LIST

Above all, we are a praying community. Keep this list in your prayer corner, and in your daily prayers remember our Brothers & Sisters in Christ:

Nana Tchitchinadze; Klavdia, Vladimir & Svitlana; Matushka Christine Hoepflinger; newborn Veronica Wineski and mother Svetlana (Miroshnikovs’ daughter & granddaughter); Marian Harris; Christina Berencz, John Felenczak, Christina Soucek & newborn daughter Giselle; Matushka Laura Schmidt & newborn daughter Lucy; Veronika; John, Susanna, Jonathan, Sophia, Nathan, Clara, Keith & Frances Talley; Fr. Nicholas Harris, Maggie Bautista; Ursula Handley; Ioanna; Anna; Reader Frederick Fetkowitz; Vincent Knarr; Theodora Mandel; Adnan Abbasi; Nicholas Macagnone; Dragan Saric; Olga Vurgina; Eugene & Tanya Balasenowich; the children Nadia, Michael, and Alena; Andrew Czuchta; Ann Dahulich; Barbara Evanina; Boris Lyzak; Stephanie Davis, Susan Hansen, Alexander Kravchenko, Virginia & Arthur Shanahan, John O’Donnel; Christopher Olsen; Bill Bodack; Nina Dimas; catechumen Norman & Elena Herman; Courtney Lyzak; Anatole Honczarenko; Eleanor Wasilko; Ludmila Branzow; Suzanne Gee; Kathleen & Maryanne Nolan; Kevin Kuzmenko; Shawn Malone; Metropolitan Paul and Bishop Gregorios, Vera Bullock; Schuyler Perry; Vitaliy Khutko; Nikolai & Nadezhda Solidnov; the priests Frs. John Reeves, John Malcom, Alexis Vinogradov, Vitaly Bahanovich, John Tkachuk; Matushki Anastasia Harris, Kathryn Malcom, Masha Tkachuk and Elizabeth Vinogradov; Klara Borzova; Helen Delandri; Irene Homa; Olga Juck; Mary Kalakuka; Mary Kantor; Ann Karell; Daria Krawchuk; Mary Macagnone; Stephanie Phillips; Tekla Ryzyk; Martha Slivka; Nicholas Washenko; all those confined to hospitals, nursing homes, and their own homes due to illness; for all soldiers, especially Mykola; widows, orphans, prisoners, victims of violence, and refugees, especially in the Middle East and in Ukraine; all those suffering chronic illness, financial hardship, loneliness, addiction, abuse, abandonment and despair; all Orthodox seminarians & families; all Orthodox monks and nuns, and all those considering monastic life; all Orthodox missionaries and their families. Birthdays: Zofia Kowalczyk (turned 85 on 3/18!); Fr. Nicholas Harris (3/19); Nika Harris (3/19); Tony Prusak (3/23).

For blessed repose for the souls of: Newly departed Michael Maybo (Helen’s son); Elena Bereziouk Sherman (+3/17); Roberto Sanchez Moreno (+3/13); Sophie Wan (+3/6); Seman Jacewicz (Melanie Kowalczyk’s brother, +3/6). Millie Macagnone (Nick & Gail’s aunt, +3/3); ever-memorable Galina; Katinka; and all those departed this life in hope of the Resurrection.

Please give prayer requests to Fr. David, to Protodeacon John, or to an Altar Server. Typically, names remain on this list for 40 days, unless requested otherwise. Those confined to hospitals or homes, or suffering chronic illnesses, remain on the list.

CANDLE SPONSORSHIPS FOR MARCH:

Vigil Candle, Icon of Christ, Departed Members, Wirchansky Family: Janet, Peter, Christina, Anne, Helen & Anastasia). Living: Wirchansky, Seckerson & Carlucci Families.

THANK YOU

to everyone who helped at our
Ed Building Clean-Up and Pack-Up Day yesterday!
May God bless you richly for your contribution of time and cheerful labor!
With love in Christ, Fr. David

SCHEDULE OF SUNDAY LENTEN VESPERS SERVICES IN NYC AREA

March 19 Sunday of the Cross, 5:00 PM

Saint Nicholas Church, 14-65 Clintonville St., Whitestone

March 26 Sunday of St. John of the Ladder, 5:00 PM

Holy Trinity Church, 369 Green Avenue, East Meadow

April 2 Sunday of St. Mary of Egypt, 5:00 PM

Holy Cross Greek Orthodox Church, 8401 Ridge Blvd, Brooklyn

PRAY FOR OUR COLLEGE STUDENTS – our parish sons & daughters, OCF chapter members, AND those at nearby colleges who make HTO their spiritual home away from home!

Bassim Abbasi	Andrew Nolan	Joshua Rzyk
Elizabeth Bouteneff	August Perry	Peter Rzyk
Michael Bouteneff	Kamille Perry	Stephanie Rzyk
Joe Ciamarra	Schuyler Perry	Justyna Skalski
Jaroslav Kopcza	Christianna Piwinski	Monika Wislocki
Kaydee Kowalczyk	Roman Piwinski	
Dan Kozak	Amanda Rzyk	

“Sending our kids to college without a connection to the Church is like sending children to play in traffic.” -- Archbishop Michael
Please tell Fr. David if there are any errors or omissions on this list.

PASTORAL CARE – GENERAL INFORMATION

Emergency Sick Calls can be made at any time. Please call Fr. David at (914) 965-6815, when a family member is admitted to the hospital.

Anointing In Sickness: The Sacrament of Unction is available in Church, the hospital, or your home, for anyone who is sick, however severe. It doesn't mean “Last Rites!”

Marriages and Baptisms require early planning, scheduling, and selection of sponsors (crown bearers or godparents). See Father before booking dates and reception halls!

Funerals are celebrated for practicing Orthodox Christians. Please see Father for details.

The Church opposes cremation; we cannot celebrate funerals for cremations.

TODAY'S EPISTLE Hebrews 4:14-5:6 Brethren: Seeing then that we have a great High Priest who has passed through the heavens, Jesus the Son of God, let us hold fast our confession.¹⁵For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all points tempted as we are, yet without sin.¹⁶Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need.¹For every high priest taken from among men is appointed for men in things pertaining to God, that he may offer both gifts and sacrifices for sins.²He can have compassion on those who are ignorant and going astray, since he himself is also subject to weakness.³Because of this he is required as for the people, so also for himself, to offer sacrifices for sins.⁴And no man takes this honor to himself, but he who is called by God, just as Aaron was.⁵So also Christ did not glorify Himself to become High Priest, but it was He who said to Him: “You are My Son, Today I have begotten You.”⁶As He also says in another place: “You are a priest forever According to the order of Melchizedek...”

TODAY'S GOSPEL Mark 8:34-9:1 At that time, when Jesus had called the people to Himself, with His disciples also, He said to them, “Whoever desires to come after Me, let him deny himself, and take up his cross, and follow Me.³⁵For whoever desires to save his life will lose it, but whoever loses his life for My sake and the gospel's will save it.³⁶For what will it profit a man if he gains the whole world, and loses his own soul?³⁷Or what will a man give in exchange for his soul?³⁸For whoever is ashamed of Me and My words in this adulterous and sinful generation, of him the Son of Man also will be ashamed when He comes in the glory of His Father with the holy angels.¹And He said to them, “Assuredly, I say to you that there are some standing here who will not taste death till they see the kingdom of God present with power.”

HOW OFTEN SHOULD I COME TO CONFESSION AND COMMUNION?

From Archbishop Michael's Address to the 2016 Diocesan Assembly

When I was a child, we went to Communion this way: One Confession, one Communion, once a year. I was terrified of it – of committing a sin between the two Sacraments, of swallowing water if I brushed my teeth – but I took it seriously. Today, I fear, we are too cavalier with Communion. We just get into line with everybody else, and receive the Holy Eucharist.

Sacramental reception is a good thing indeed; BUT are we properly prepared to receive the Very Body and Blood of Our Lord? Have we gone to Vespers? Have we read the Canon of Preparation or at least said the prayers of preparation for Holy Communion in the Liturgy book? Have we made a daily confession in our icon corner at home, come to General Confession if it is offered, and given our private Confession in the church at least once each fasting season? Have we fasted properly? I visit some parishes outside of the fasting seasons, and I hardly ever see anyone going to Confession that weekend. Is that the norm? Has it become Casual Communion?

I hope and pray that this is not the case. St. Paul warns us sternly in I Cor. 11:27-29: "Therefore whoever eats this Bread or drinks the Cup of the Lord in an unworthy manner will be guilty of the Body and Blood of the Lord. But let a man examine himself, and so let him eat of the Bread and drink of the Cup. For he who eats and drinks in an unworthy manner eats and drinks judgment to himself, not discerning the Lord's Body."

The Church wants all of us to receive Holy Communion frequently, regularly. That's why She recommends Confession every month to six weeks, and always [at least] during each of the fasts. (The idea of going to confession once a year is from the Roman Council of Trent; it is not an Orthodox teaching.) ... Let us renew our Sacramental way of life, by receiving the Sacraments with proper preparation and greater enthusiasm!

See the Parish Lenten Calendar for opportunities to come to Confession.

Mark your calendar to come for Confession, and please plan to stay for the Liturgy or Vespers service that follows Confession.

TWO SPECIAL OPPORTUNITIES TO OFFER YOUR CONFESSION

***CONFESSION AVAILABLE IN RUSSIAN, UKRAINIAN,
and POLISH – Saturday, March 25, 5:30 PM***

В субботу, 25 марта в 5:30 вечера, до и во время службы великой вечерни, о. Вячеслав Кравчук будет слышать исповеди прихожан нашего храма говорящих на русском, украинском и польском языках.

***CONFESSION AVAILABLE BEFORE LITURGY –
Sunday, March 26, starting at 9:00 AM***

Father David will be available for Confessions at 9:00, and Father John Tkachuk will begin the Divine Liturgy at 9:30 if Confessions are still in progress.

