

IT'S TIME TO PREPARE THE "ED BUILDING" FOR A RENTER!

(We'll still have it for Coffee Hour.)

Our Parish Council is in the process of negotiating a lease to rent out the Education Building. The possible tenant is a local not-for-profit agency that supports and educates children who are transitioning out of disadvantaged circumstances. So far, the negotiations are moving very positively. This rental would greatly help the parish financially -- and it would greatly bless us in many other ways too, since the Education Building would be put to use, every day, for education!

The lease clearly states that the parish will have access to the Education Building restrooms and upper floor (the kitchen and the gym) on Sundays, until the end of Coffee Hour. Also, we do not need to remove the tables, chairs, and most other furniture – the tenant would use those things for their classes and programs. Our Church School and other parish needs, including facilities for non-Sunday services, will be accommodated in other ways. The Council is working on those arrangements now.

We all need to come together and work as a family to prepare our "house" for this blessing. Below is a schedule of upcoming Sundays, most including packing sessions. Please see Dasha Piwinski or Pat Bouteneff to find out how you can help. From making lists, to labeling boxes, to "heavy lifting" – anyone of any age and ability can join in!

Sun 2/26 Forgiveness Sunday and "Cheesecake Sunday" Coffee Hour!
Sun 3/5 Packing Session After Coffee Hour, 30 Minutes
Sun 3/12 Packing Session After Coffee Hour, 30 Minutes

Additional weekday packing sessions will be announced.

WE NEED PEOPLE TO HAUL THINGS TO THE DUMP. Please see Pat Bouteneff or Matushka Tamara if you can help haul.

**** Thank you to everyone who has helped so far, on Sundays and weekdays too! ****

WANT TO HELP A STRUGGLING PARISH, MISSION, OR SEMINARIAN WITHIN OUR DIOCESAN FAMILY?

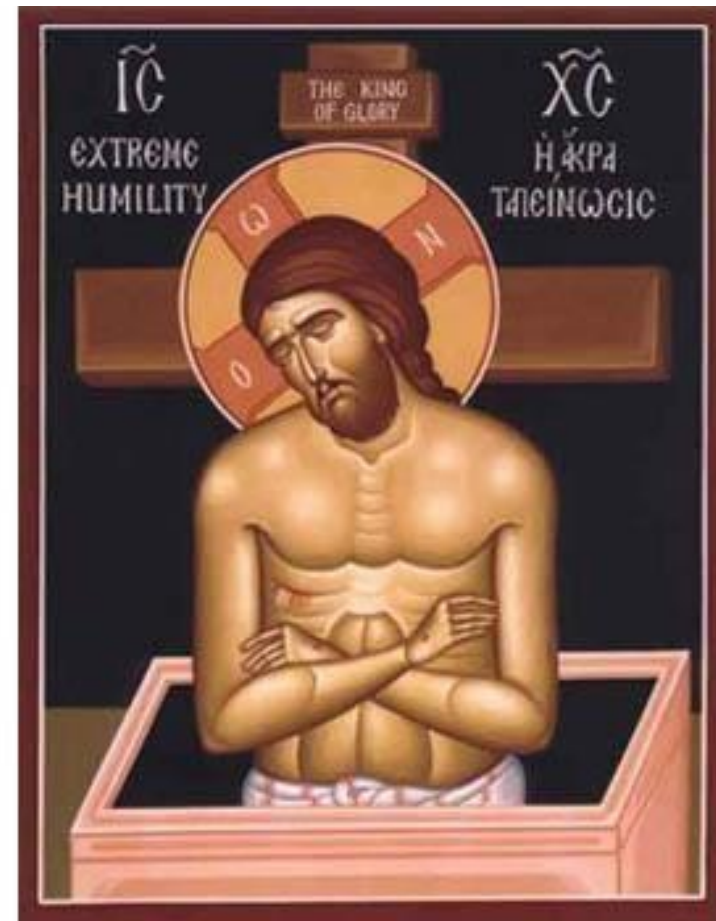
Become a DISTINGUISHED DIOCESAN BENEFACTOR!

To see a video "slice of life" of our Diocesan churches, visit www.nynjoca.org/2016_diocesan_assembly.html ... scroll down to: **VIDEO: 2016 – THE YEAR IN REVIEW . Any questions? See Fr. David.**



HOLY TRINITY ORTHODOX CHURCH

Yonkers, New York



Sunday, February 26, 2017

**Forgiveness Sunday ~ Adam's Expulsion from Paradise
Last Preparatory Sunday Before Lent ~ Cheesefare Sunday**

TODAY IS "CHEESEFARE SUNDAY". This means that:

At the end of today, we begin to fast from dairy products,
and continue to fast from meat,
until after the Divine Liturgy of Holy PASCCHA, April 16.



HOLY TRINITY ORTHODOX CHURCH

Trinity Plaza ♦ 46 Seymour Street ♦ Yonkers, New York 10701

Rector: V. Rev. David Cowan ♦ Protodeacon John Eby

Attached: V. Rev. John Tkachuk ♦ Rev. Vitaly Bahanovich

Rector Emeritus: V. Rev. Yaroslav Sudick, Ph.D., D.D.

Rectory Phone 914-965-6815 ♦ Email: frdavidcowan@gmail.com

Web: www.HolyTrinityYonkers.org

Facebook: www.facebook.com/HolyTrinityOrthodox

Diocese of New York & New Jersey: www.nynjoca.org

Sunday, February 26, 2017: Forgiveness Sunday ~ Adam's Expulsion from Paradise

Last Preparatory Sunday Before Lent ~ Cheesefare Sunday

Epistle: Romans 13:11-14:4; Gospel: Matthew 6:14-21

SERVICES AND ACTIVITIES

Today

9:30 AM *Divine Liturgy*, Installation of Parish Council, and *Forgiveness Vespers with the Rite of Mutual Forgiveness*

Afterward: "Cheese-Cake Sunday" Coffee Hour; Parish Council Meets (Rescheduled from 2/19)

Monday AND Tuesday, February 27-28 – Clean Monday and Clean Tuesday

7:00 PM *Great Canon of St. Andrew of Crete, First Monday and Tuesday of Lent*

Wednesday, March 1 – Clean Wednesday

5:00 PM Private Confession Available

6:00 PM *Liturgy of the Presanctified Gifts*

Thursday, March 2 – Clean Thursday

7:00 PM *Great Canon of St. Andrew of Crete, First Wednesday of Lent*

(due to the celebration of the Presanctified Liturgy on Wed. 3/1)

Friday, March 3 – Clean Friday

9:30 AM *Liturgy of the Presanctified Gifts*

Saturday, March 4 – First Saturday of Lent

5:00 PM Private Confession Available

6:00 PM *Great Vespers*

Sunday, March 5 – First Sunday of Lent – Sunday of the Triumph of Orthodoxy

9:30 AM *Divine Liturgy* with *Children's Icon Procession*; then Coffee Hour and Church School; Teens' Monthly Meeting with Fr. David

4:00 PM *Orthodoxy Sunday Vespers* at St. Nicholas Cathedral, Brooklyn, Details in Bulletin.

Tuesday, March 7

7:30 PM Choir Rehearsal, in the Church

Wednesday, March 8

5:00 PM Private Confession Available

6:30 PM *Liturgy of the Presanctified Gifts*

Friday, March 10

2:00 PM *Akathist* and Bible Study, in the Church

Saturday, March 11

9:30 AM *Memorial Divine Liturgy* – Come Pray for Your Departed Loved Ones

5:00 PM Private Confession Available

6:00 PM *Great Vespers*

PRAYER LIST

Above all, we are a praying community. Keep this list in your prayer corner, and in your daily prayers remember our Brothers & Sisters in Christ:

Christina Berencz, John Felenczak, Christina Soucek & newborn daughter Giselle; Matushka Laura Schmidt & newborn daughter Lucy; Elena, Vernonika; John, Susanna, Jonathan, Sophia, Nathan, Clara, Keith & Frances Talley; Fr. Nicholas Harris, Maggie Bautista; Ursula Handley; Ioanna; Anna; Reader Frederick Fetkowitz; Vincent Knarr; Theodora Mandel; Adnan Abbasi; Nicholas Macagnone; Dragan Saric; Olga Vurgina; Eugene & Tanya Balasenowich; Natasha Work; Svetlana Wineski and the child to be born to her; the children Nadia, Michael, and Alena; Andrew Czuchta; Ann Dahulich; Barbara Evanina; Boris Lyzak; Stephanie Davis, Susan Hansen, Alexander Kravchenko, Virginia & Arthur Shanahan, John O'Donnel; Christopher Olsen; Bill Bodack; Nina Dimas; catechumen Norman & Elena Herman; Courtney Lyzak; Anatole Honczarenko; Eleanor Wasilko; Ludmila Branzow; Suzanne Gee; Kathleen & Maryanne Nolan; Kevin Kuzmenko; Shawn Malone; Metropolitan Paul and Bishop Gregorios, Vera Bullock; Schuyler Perry; Vitaliy Khutko; Malcolm Kirkpatrick; Nikolai & Nadezhda Solidnov; the priests Frs. Ken James Stavrevsky, John Reeves, John Malcom, Alexis Vinogradov, Vitaly Bahanovich, John Tkachuk; Matushki Anastasia Harris, Kathryn Malcom, Masha Tkachuk and Elizabeth Vinogradov; Klara Borzova; Helen Delandri; Irene Homa; Olga Juck; Mary Kalakuka; Mary Kantor; Ann Karell; Daria Krawchuk; Mary Macagnone; Stephanie Phillips; Tekla Rzyzyk; Martha Slivka; Nicholas Washenko; all those confined to hospitals, nursing homes, and their own homes due to illness; for all soldiers, especially Bryan, Mykola & Marin; widows, orphans, prisoners, victims of violence, and refugees, especially in the Middle East and in Ukraine; all those suffering chronic illness, financial hardship, loneliness, addiction, abuse, abandonment and despair; all Orthodox seminarians & families; all Orthodox monks and nuns, and all those considering monastic life; all Orthodox missionaries and their families. Birthdays: Bill Bolinsky (2/18); Katherine Wislocki (3/2) Matushka Tamara (3/3).

For blessed repose for the souls of: Newly departed Richard Dosin (+2/6). Matushka Juliana Schmemann (+1/29); Daniel Markewich (+1/29); Antonina Krawczuk (+1/26); Sami Kassis (+1/22); Alexis Troubetzkoy (+1/22); ever-memorable Vasil Danch; Steven Moskaluk; Galina; Katinka; and all those departed this life in hope of the Resurrection.

Please give prayer requests to Fr. David, to Protodeacon John, or to an Altar Server. Typically, names remain on this list for 40 days, unless requested otherwise. Those confined to hospitals or homes, or suffering chronic illnesses, remain on the list.

CANDLE SPONSORSHIPS FOR FEBRUARY:

Vigil Candle, Icon of Christ, Departed Members, Wirchansky Family: Janet, Peter, Christina, Anne, Helen & Anastasia). Living: Wirchansky, Seckerson & Carlucci Families.

FINANCIAL OBLIGATION FOR MEMBERSHIP WITH VOTING PRIVILEGES

The financial obligation determined by the 2017 Annual Parish Meeting is the following: To submit a financial pledge for 2017, by means of the Stewardship Commitment Form (Pledge Form); and to prayerfully attempt to fulfill that pledge by remitting to the parish the pledged financial contribution no later than December 31, 2017. Have you turned in your Pledge Form yet? About 20 percent of the forms sent out have been returned. Please put yours in the “2017 Pledges” box on the candle desk today!

PRAY FOR OUR COLLEGE STUDENTS – our parish sons & daughters, OCF chapter members, AND those at nearby colleges who make HTO their spiritual home away from home!

Bassim Abbasi	Andrew Nolan	Joshua Rzyk
Elizabeth Bouteneff	August Perry	Peter Rzyk
Michael Bouteneff	Kamille Perry	Stephanie Rzyk
Joe Ciamarra	Schuyler Perry	Justyna Skalski
Jaroslav Kocza	Christianna Piwinski	Monika Wislocki
Kaydee Kowalczyk	Roman Piwinski	
Dan Kozak	Amanda Rzyk	

“Sending our kids to college without a connection to the Church is like sending children to play in traffic.” -- Archbishop Michael
Please tell Fr. David if there are any errors or omissions on this list.

PASTORAL CARE – GENERAL INFORMATION

Emergency Sick Calls can be made at any time. Please call Fr. David at (914) 965-6815, when a family member is admitted to the hospital.

Anointing In Sickness: The Sacrament of Unction is available in Church, the hospital, or your home, for anyone who is sick, however severe. **It doesn't mean “Last Rites!”**

Marriages and Baptisms require early planning, scheduling, and selection of sponsors (crown bearers or godparents). **See Father before booking dates and reception halls!**

Funerals are celebrated for practicing Orthodox Christians. Please see Father for details.

The Church opposes cremation; we cannot celebrate funerals for cremations.

TODAY'S EPISTLE Romans 13:11-14:4 Brethren: Do this, knowing the time, that now it is high time to awake out of sleep; for now our salvation is nearer than when we first believed.¹²The night is far spent, the day is at hand. Therefore let us cast off the works of darkness, and let us put on the armor of light.¹³Let us walk properly, as in the day, not in revelry and drunkenness, not in lewdness and lust, not in strife and envy.¹⁴But put on the Lord Jesus Christ, and make no provision for the flesh, to fulfill its lusts.¹Receive one who is weak in the faith, but not to disputes over doubtful things.²For one believes he may eat all things, but he who is weak eats only vegetables.³Let not him who eats despise him who does not eat, and let not him who does not eat judge him who eats; for God has received him.⁴Who are you to judge another's servant? To his own master he stands or falls. Indeed, he will be made to stand, for God is able to make him stand. **TODAY'S GOSPEL Matthew 6:14-21** Our Lord said: “For if you forgive men their trespasses, your heavenly Father will also forgive you.¹⁵But if you do not forgive men their trespasses, neither will your Father forgive your trespasses.¹⁶Moreover, when you fast, do not be like the hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be fasting. Assuredly, I say to you, they have their reward.¹⁷But you, when you fast, anoint your head and wash your face,¹⁸so that you do not appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly.¹⁹Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal;²⁰but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal.²¹For where your treasure is, there your heart will be also.”

SCHEDULE OF SUNDAY LENTEN VESPERS SERVICES IN THE N.Y.C. AREA

(All but March 5 begin at 5:00 PM)

March 5 Sunday of Orthodoxy, 4:00 PM

(with Metropolitan Joseph,

Metropolitan Tikhon, Archbishop Michael, Bishop John)

St. Nicholas Antiochian Cathedral, 355 State St., Brooklyn, NY 11217

March 12 Sunday of St. Gregory Palamas, 5:00 PM

Holy Trinity Church (Brooklyn), 400 Glenmore Avenue, Brooklyn

March 19 Sunday of the Cross, 5:00 PM

Saint Nicholas Church, 14-65 Clintonville St., Whitestone

March 26 Sunday of St. John of the Ladder, 5:00 PM

Holy Cross Greek Church, 8401 Ridge Boulevard, Brooklyn

April 2 Sunday of St. Mary of Egypt

Location To Be Announced

HOW OFTEN SHOULD I COME TO CONFESSION AND COMMUNION?

From Archbishop Michael's Address to the 2016 Diocesan Assembly

When I was a child, we went to Communion this way: One Confession, one Communion, once a year. I was terrified of it – of committing a sin between the two Sacraments, of swallowing water if I brushed my teeth – but I took it seriously. Today, I fear, we are too cavalier with Communion. We just get into line with everybody else, and receive the Holy Eucharist.

Sacramental reception is a good thing indeed; BUT are we properly prepared to receive the Very Body and Blood of Our Lord? Have we gone to Vespers? Have we read the Canon of Preparation or at least said the prayers of preparation for Holy Communion in the Liturgy book? Have we made a daily confession in our icon corner at home, come to General Confession if it is offered, and given our private Confession in the church at least once each fasting season? Have we fasted properly? I visit some parishes outside of the fasting seasons, and I hardly ever see anyone going to Confession that weekend. Is that the norm? Has it become Casual Communion?

I hope and pray that this is not the case. St. Paul warns us sternly in I Cor. 11:27-29: "Therefore whoever eats this Bread or drinks the Cup of the Lord in an unworthy manner will be guilty of the Body and Blood of the Lord. But let a man examine himself, and so let him eat of the Bread and drink of the Cup. For he who eats and drinks in an unworthy manner eats and drinks judgment to himself, not discerning the Lord's Body."

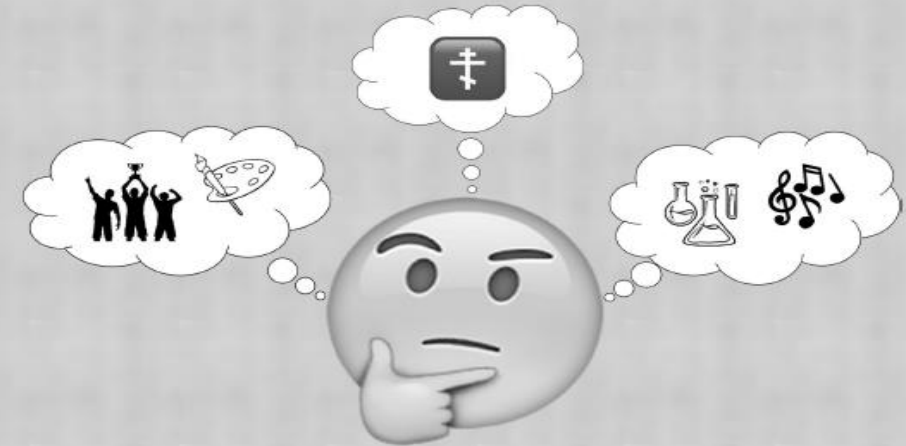
The Church wants all of us to receive Holy Communion frequently, regularly. That's why She recommends Confession every month to six weeks, and always [at least] during each of the fasts. (The idea of going to confession once a year is from the Roman Council of Trent; it is not an Orthodox teaching.) ... Let us renew our Sacramental way of life, by receiving the Sacraments with proper preparation and greater enthusiasm!

See the Parish Lenten Calendar for opportunities to come to Confession.
Mark your calendar to come for Confession, and
please plan to stay for the Liturgy or Vespers service that follows Confession.

TEENS AND TEENS' PARENTS:

The next meeting of Fr. David with our teens
will be next Sunday, March 5, during Coffee Hour.
Topic: "What is Heaven and why is there a hell?"

The Challenge: Who Are We Called To Be?



ANNUAL LENTEN TEEN RETREAT

Saint Basil Academy | Garrison, NY
Friday-Sunday, March 10-12, 2017

Sponsored by the OCA Diocese of New York & New Jersey
All jurisdictions and nearby dioceses are welcome!

OPEN TO: Teens in Grades 7-12

QUESTIONS?

Contact: Danielle Geeza

Phone: (914) 222-1317

Email: danielle.geeza@gmail.com



SPEAKER: Gregory Fedorchak

Ph.D. Candidate at Cornell University
President, Cornell Orthodox Christian Fellowship (OCF)

Registration deadline is March 6th ... sign up today!

To register online, please visit:

nynjoca.wixsite.com/nynjocayouth/upcoming-events