

### COMING EVENTS, HERE AND ELSEWHERE...

- **Tuesday, July 19, 7:30 PM: Church School Planning Meeting**, for Teachers and Parents, at the Rectory.
- **Thursday, August 25: Orthodox Youth Day, Six Flags Great Adventure, Jackson NJ.** Information and forms are on the candle desk.
- **Sat., August 27: Church School Conference, “Church School Approaches for Small Classrooms, One Room Classrooms & Special-Needs Children,”** at Holy Transfiguration Cathedral, 228 N. 12th St., Brooklyn. Church School teachers are encouraged to attend!
- **Sun., August 28, Trinity Plaza Neighborhood Picnic!** The Yonkers Police are grilling again ... and once again, all three church communities are joining forces with local residents for an afternoon of food and fun on “Longfellow Field”, across from the Ed Building! See Dasha for details, or to offer your help in bringing treats!
- **Sunday, September 11, 1-4 PM: Church School Pool Party,** at Mark & Beth Rzyk’s Home.

### WANT TO HELP A STRUGGLING PARISH, MISSION, OR SEMINARIAN WITHIN OUR DIOCESAN FAMILY?

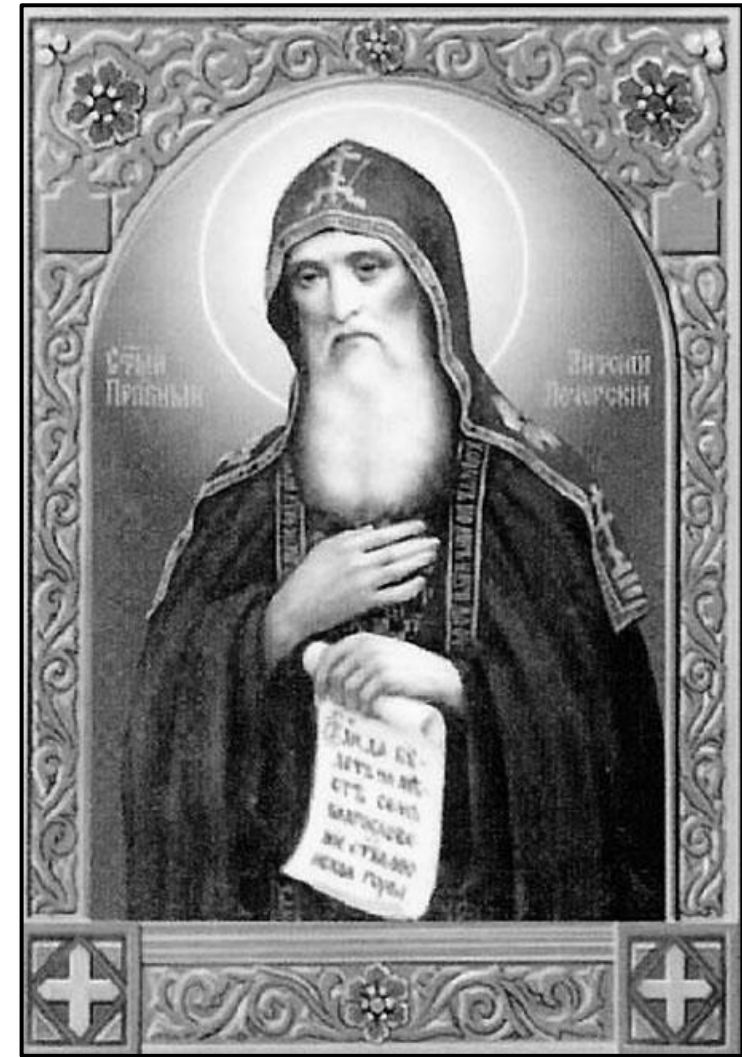
Become a ***DISTINGUISHED DIOCESAN BENEFACTOR!***

To see a video “slice of life” of our Diocesan churches, visit [www.nynjoca.org/vision\\_for\\_future\\_2012.html](http://www.nynjoca.org/vision_for_future_2012.html) ... and scroll down to VIDEO HIGHLIGHTS. *Questions? See Fr. David.*



## HOLY TRINITY ORTHODOX CHURCH

Yonkers, New York



Sunday, July 10, 2016 ~ Third Sunday After Pentecost  
Saint Anthony of the Kiev Caves,  
Founder of Monastic Life in Russia  
Sunday of All Saints of Great Britain and Ireland



### HOLY TRINITY ORTHODOX CHURCH

Trinity Plaza ✦ 46 Seymour Street ✦ Yonkers, New York 10701  
Rector: V. Rev. David Cowan ✦ Protodeacon John Eby  
Attached: V. Rev. John Tkachuk ✦ Rev. Vitaly Bahanovich  
Rector Emeritus: V. Rev. Yaroslav Sudick, Ph.D., D.D.  
Rectory Phone 914-965-6815 ✦ Email: frdavidcowan@gmail.com  
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Facebook: www.facebook.com/holytrinityorthodox  
Diocese of New York & New Jersey: www.nynjoca.org

**Sunday, July 10, 2016 ~ 3<sup>rd</sup> Sunday After Pentecost ~ St. Anthony of the Kiev Caves,  
Founder of Monastic Life in Russia ~ All Saints of Great Britain & Ireland**

Epistle: Romans 5:1-10; Gospel: Matthew 6:22-33

### SERVICES AND ACTIVITIES

**Today ~ St. Anthony of Kiev; All Saints of Great Britain & Ireland**

9:30 AM *Divine Liturgy*

**Saturday, July 16**

5:30 PM Private Confession Available

6:00 PM *Great Vespers*

**Sunday, July 17**

9:30 AM *Divine Liturgy*

**Tuesday, July 19**

7:30 PM Church School Planning Meeting – at the Rectory

**Saturday, July 23**

5:30 PM Private Confession Available

6:00 PM *Great Vespers*

**Sunday, July 24**

9:30 AM *Divine Liturgy*

12:30 PM Parish Council Meets – in the Education Building

**Saturday, July 30**

5:30 PM Private Confession Available

6:00 PM *Great Vespers*

**Sunday, July 31**

9:30 AM *Divine Liturgy*

12:30 PM Parish Council Meets – in the Education Building

**WELCOME NEWCOMERS & VISITORS:** It is our joy to have you here today!  
Please introduce yourself to Fr. David when everyone comes up to  
venerate the Cross at the end of Liturgy. Then, join us for Coffee Hour next door!

## ATTENTION, COLLEGE FRESHMEN-TO-BE AND THEIR PARENTS:

### THE FIRST 40 DAYS

#### Help OCF connect with students!

Submit *your* incoming freshmen's information by July 15th, and help us ensure that *your* students will receive information, materials and personal contact from local contacts to help them navigate their freshman year of college as Orthodox college student!

Let us join together as a Church and in true Orthodox fashion make the first forty days of college a time of spiritual preparation and growth for our college students!

TO FIND OUT MORE, VISIT [WWW.OCF.NET/](http://WWW.OCF.NET/)  
[FIRSTFORTYDAYS](http://FIRSTFORTYDAYS) AND CONTACT US AT  
[FIRSTFORTYDAYS@OCF.NET](mailto:FIRSTFORTYDAYS@OCF.NET)



## AND FOR THOSE YOUNGER ...

### THERE IS STILL TIME TO SIGN UP FOR ST. ANDREW'S CAMP!

July 17-23: Art Week

July 24-30: Ecology Week

July 31-August 6: Music Week (Fr. David and  
Mat. Tamara will be the music teachers)

Tuition is \$300 / week;  
scholarships are available.

See Fr. David for details;  
more info at [www.saintandrewscamp.org](http://www.saintandrewscamp.org)



**After the Liturgy, come visit ...**  
**The LADIES' GUILD GIFT SHOP!**  
**The Coffee Mugs you've**  
**been waiting for have arrived!**

**PRAY FOR OUR COLLEGE STUDENTS – our parish sons & daughters, OCF chapter members, AND those at nearby colleges who make HTO their spiritual home away from home!**

Bassim Abbasi	Andrew Nolan	Joshua Rzyzyk
Elizabeth Bouteneff	August Perry	Peter Rzyzyk
Michael Bouteneff	Kamille Perry	Stephanie Rzyzyk
Joe Ciamarra	Schuyler Perry	Matt Skalski
Kaydee Kowalczyk	Roman Piwinski	Justyna Skalski
Dan Kozak	Amanda Rzyzyk	Monika Wislocki

*“Sending our kids to college without a connection to the Church is like sending children to play in traffic.” -- Archbishop Michael*

Please tell Fr. David if there are any errors or omissions on this list.

**PASTORAL CARE – GENERAL INFORMATION**

**Emergency Sick Calls** can be made at any time. Please call Fr. David at (914) 965-6815, when a family member is admitted to the hospital.

**Anointing In Sickness:** The Sacrament of Unction is available in Church, the hospital, or your home, for anyone who is sick, however severe. It doesn't mean "Last Rites!"

**Marriages and Baptisms** require early planning, scheduling, and selection of sponsors (crown bearers or godparents). See Father before booking dates and reception halls!

**Funerals** are celebrated for practicing Orthodox Christians. Please see Father for details.

***The Church opposes cremation; we cannot celebrate funerals for cremations.***

**TODAY'S EPISTLE Romans 5:1-10** Brethren: Having been justified by faith, we have peace with God through our Lord Jesus Christ, through whom also we have access by faith into this grace in which we stand, and rejoice in hope of the glory of God. And not only that, but we also glory in tribulations, knowing that tribulation produces perseverance; and perseverance, character; and character, hope. Now hope does not disappoint, because the love of God has been poured out in our hearts by the Holy Spirit who was given to us. For when we were still without strength, in due time Christ died for the ungodly. For scarcely for a righteous man will one die; yet perhaps for a good man someone would even dare to die. But God demonstrates His own love toward us, in that while we were still sinners, Christ died for us. Much more then, having now been justified by His blood, we shall be saved from wrath through Him. For if when we were enemies we were reconciled to God through the death of His Son, much more, having been reconciled, we shall be saved by His life.

**TODAY'S GOSPEL Matthew 6:22-33** The Lord said to His disciples: “The lamp of the body is the eye. If therefore your eye is good, your whole body will be full of light.<sup>23</sup> But if your eye is bad, your whole body will be full of darkness. If therefore the light that is in you is darkness, how great is that darkness!<sup>24</sup> No one can serve two masters; for either he will hate the one and love the other, or else he will be loyal to the one and despise the other. You cannot serve God and mammon.<sup>25</sup> Therefore I say to you, do not worry about your life, what you will eat or what you will drink; nor about your body, what you will put on. Is not life more than food and the body more than clothing?<sup>26</sup> Look at the birds of the air, for they neither sow nor reap nor gather into barns; yet your heavenly Father feeds them. Are you not of more value than they?<sup>27</sup> Which of you by worrying can add one cubit to his stature?<sup>28</sup> So why do you worry about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin;<sup>29</sup> and yet I say to you that even Solomon in all his glory was not arrayed like one of these.<sup>30</sup> Now if God so clothes the grass of the field, which today is, and tomorrow is thrown into the oven, will He not much more clothe you, O you of little faith?<sup>31</sup> Therefore do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’<sup>32</sup> For after all these things the Gentiles seek. For your heavenly Father knows that you need all these things.<sup>33</sup> But seek first the kingdom of God and His righteousness, and all these things shall be added to you.”

**36<sup>TH</sup> ANNUAL POLISH HERITAGE DAY CELEBRATION**

**Today, July 10, 12 Noon – 6:00 PM**

**Kensico Dam Place ~ Valhalla, NY**

Free Admission ~ Come enjoy Polka Music & Dancing;

Polish Foods & Bakery; Craft Vendors; Polska Sobotnia Szkola Performance

For more information, take a flyer from the glass table at the back of the church.

**Church School Teachers and Parents:**

**Please come to a**

**CHURCH SCHOOL PLANNING MEETING**

**for the 2016-2017 School Year**

**on Tuesday, July 19, at 7:30 PM, at the Rectory.**

**PLEASE HELP REPLENISH  
OUR LOCAL CHARITY FUND!**

From time to time, local individuals and families facing hard times will come to the church seeking some material assistance, beyond what we typically provide in the parish-made Homeless Care Kits already on hand. Your monetary donations fund a limited quantity of MetroCards and grocery gift-cards.

**Please see Fr. David or Parish Council Financial Secretary  
Jessica Moreno if you would like to make a contribution. *Thank you very much!***

**PRAYER LIST**

**Above all, we are a praying community. Keep this list in your prayer corner, and in your daily prayers, remember our Brothers & Sisters in Christ:**

Newborn Michael Eugene Roshak & newborn Elias Michael Budica and their families; Matushka Masha; Adnan Abbasi; Nicholas Macagnone; Cris Saraceno; Matushka Juliana Schmemann; Olga Pavelchak; Tanya Balasenowich; John Batson; James Cowan; Ann Dahulich; Anna Bolinsky; Peter Tymus; Marina; Edita, Gordana, Sanja, Marina; Nina; Jason; Ayden & Andrew; Boris Lyzak; Caroline Wisniewski (Suzanne Nolan's sister); Stephanie Davis, Susan Hansen, Alexander Kravchenko, Virginia Shanahan, John O'Donnel; Bill Bodack; Cathy O'Connor; Michael Speck; Nina Dimas; Richard Dosin; Elena Herman; John Paluch; Danielle Geeza; infant Maria; child Bryce; Courtney Lyzak; Anatole Honczarenko; Mat. Anastasia Harris; Jennifer Drake; Elias Kachur; Mat. Olga Meerson; Lorna Nelson; Eleanor Wasilko; baby Alena King; Ludmila Branzow; Suzanne Gee; Nicholas Washenko; Kathleen & Maryanne Nolan; expecting parents Victoria & Joel Statkevics, Nadia & John Constantine, and their unborn children; Kenneth & Cristina and all those preparing for marriage; Kevin Kuzmenko; Shawn Malone; Metropolitan Paul and Bishop Gregorios, Vera Bullock; Schuyler Perry; Doris Morin; Kelly Ray; Carmen Fesh; Vitaliy Khutko; Malcolm Kirkpatrick; Nikolai & Nadezhda Solidnov; the priests Frs. David Cowan, Vitaly Bahanovich, John Tkachuk, Igor Burdikoff, Joseph Chupeck, Jonathan Ivanoff, Leonid Kishkovsky, Joseph Kreshik; Herman Schick, Ken James Stavrevsky, Stephen Mack, PDns. Peter Skoog & Michael Sochka; Dn. John Holoduek; Klara Borzova; Helen Delandri; Helen Dempsey; Irene Homa; Olga Juck; Mary Kalakuka; Mary Kantor; Daria Krawchuk; Mary Macagnone; Stephanie Phillips; Tekla Rzyzyk; Martha Slivka; Zena Weshta; all those confined to hospitals, nursing homes, and their own homes due to illness; for all soldiers, especially Jorge, Bryan, Mykola & Marin; widows, orphans, prisoners, victims of violence, and refugees, especially in Iraq, Syria, Egypt, and the Ukraine; all those suffering chronic illness, financial hardship, loneliness, addiction, abuse, abandonment and despair; all Orthodox seminarians & families; all Orthodox monks and nuns, and all those considering the monastic life; all Orthodox missionaries and their families. Our ASP Mission team, currently traveling: Olivia Wislocki; Adriana, Emily & Victoria Szpynda; Beth Rzyzyk; and Chris Nolan. All those named Anthony, on this Feast of St. Anthony of Kiev.

**For blessed repose for the souls of:** Newly departed Ann Connors (+7/1); Konstantina Doufekias (+6/24); Elliott Copeland (+6/19); Noah Goldstein (+6/18); Lawrence Moriak (+6/17); Elinor O'Brien; all the departed named Anthony; and all those departed this life in hope of the Resurrection.

**Please give prayer requests to Fr. David, to Protodeacon John, or to an Altar Server. Typically, names remain on this list for 40 days, unless requested otherwise. Those confined to hospitals or homes, or suffering chronic illnesses, remain on the list.**