

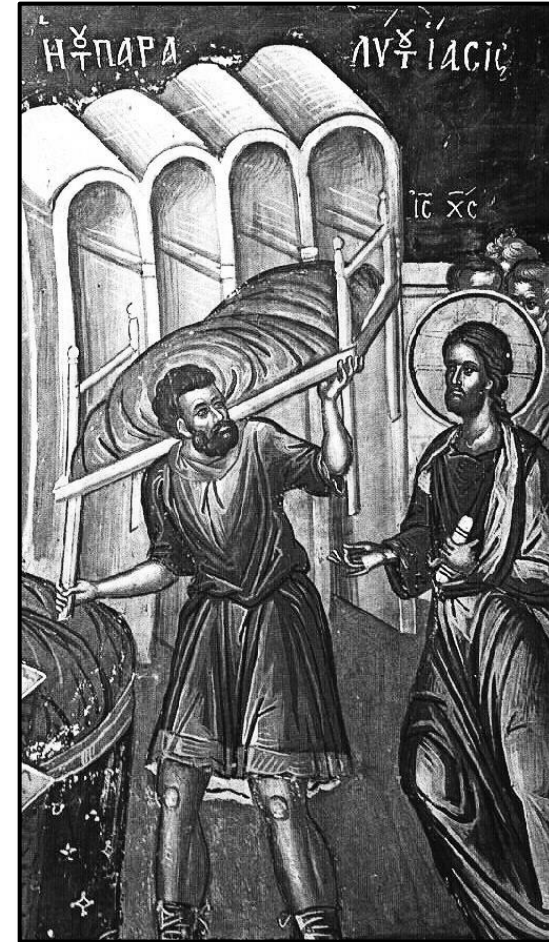
GRADUATE SUNDAY AT HTOC IS SUNDAY, JUNE 5



We will honor graduates from junior high; high school; and college; as well as post-graduate degree and professional certification recipients.

If you are a 2016 graduate or have a 2016 graduate in your family, then please see Fr. David immediately ... so we can include your graduate in the honors!

HOLY TRINITY ORTHODOX CHURCH Yonkers, New York



Sunday, May 22, 2016 ~ The Paralytic
CHRIST IS RISEN! INDEED HE IS RISEN!
ΧΡΙΣΤΟΣ ΒΟСКРЕСЕ!
ВОИСТИНУ ΒΟСКРЕСЕ!



HOLY TRINITY ORTHODOX CHURCH

Trinity Plaza ✦ 46 Seymour Street ✦ Yonkers, New York 10701
 Rector: V. Rev. David Cowan ✦ Protodeacon John Eby
 Attached: V. Rev. John Tkachuk ✦ Rev. Vitaly Bahanovich
 Rector Emeritus: V. Rev. Yaroslav Sudick, Ph.D., D.D.
 Rectory Phone 914-965-6815 ✦ Email: frdavidcowan@gmail.com
 Web: www.holytrinityyonkers.org
 Facebook: www.facebook.com/holytrinityorthodox
 Diocese of New York & New Jersey: www.nynjoca.org

May 22, 2016: Fourth Sunday of Pascha ~ Sunday of the Paralytic

Epistle: Acts 9:32-42; Gospel: John 5:1-15

SERVICES AND ACTIVITIES

Today ~ Sunday of the Paralytic

9:30 AM *Divine Liturgy*
 12:30 PM Parish Council Meeting – in the Education Building

Wednesday, May 25

6:00 PM Trinity Plaza Community Group Meeting – In Our Fellowship Hall

Thursday, May 26

10:00 AM *Baptism* of Andrew

Saturday, May 28

5:30 PM Private Confession Available
 6:00 PM *Great Vespers*

Sunday, May 29 ~ Sunday of the Samaritan Woman – Welcome, Archbishop Michael!

9:00 AM Greeting of Archbishop Michael
 9:30 AM *Divine Liturgy*, Archbishop Michael Celebrating
 At Coffee Hour; Lunch with Abp. Michael: Sign up in the hall to bring a dish!
 4:00 PM *Wedding* of Victoria Smolskaya and Stanislav Miroshnikov

Saturday, June 4

5:30 PM Private Confession Available
 6:00 PM *Great Vespers*

Sunday, June 5 ~ Sunday of the Blind Man ~ Graduate Sunday

9:30 AM *Divine Liturgy* with Recognition of Our Graduates!

Wednesday, June 8

7:00 PM *Great Vespers with Litya* – Great Feast of the Ascension of Our Lord

Thursday, June 9 ~ The Ascension of Our Lord

9:30 AM *Divine Liturgy*

Saturday, June 11

5:30 PM Private Confession Available
 6:00 PM *Great Vespers*

Sunday, June 12 ~ Sunday of the Fathers of the Ecumenical Councils

9:30 AM *Divine Liturgy*

ATTENTION, COLLEGE FRESHMEN-TO-BE AND THEIR PARENTS:

40

THE FIRST 40 DAYS

Help OCF connect with students!

Submit *your* incoming freshmen's information by July 15th, and help us ensure that *your* students will receive information, materials and personal contact from local contacts to help them navigate their freshman year of college as Orthodox college student!

Let us join together as a Church and in true Orthodox fashion make the first forty days of college a time of spiritual preparation and growth for our college students!

TO FIND OUT MORE, VISIT WWW.OCF.NET/FIRSTFORTYDAYS AND CONTACT US AT FIRSTFORTYDAYS@OCF.NET

A SPECIAL COLLECTION TODAY:

Saint Andrew's Camp has almost reached their goal of renovating the existing boys' bathrooms and building a new bathroom facility for the new boys' cabin. If you are able to offer a few dollars (in addition to the great generosity you showed in last Fall's "Freezer Pleazers" Fundraiser!), then these crucial projects can be completed for the improvement of our young Orthodox Christians' camping experience!

Thank you for anything you can offer!



Pot Luck Luncheon for Archbishop Michael's Visit – Next Sunday, May 29

After the Divine Liturgy with Abp. Michael on Sunday, May 29, His Eminence will join us for a Luncheon in the Fellowship Hall.

Please sign up to bring a dish,
on the sign-in sheets in the hall today ... *Thank you!*

Do You Love Gardening?

If you'd like to help plant the flowers from Pascha on the church grounds, see Matushka Tamara.

Cleaning Your Kitchen? Sautee Pans Needed!

If you are "downsizing" and have an extra sautee pan, please bring it to the kitchen in the Ed Building! Thank you!

TODAY'S EPISTLE Acts 9:32-42 In those days, it came to pass, as Peter went through all parts of the country, that he also came down to the saints who dwelt in Lydda. 33 There he found a certain man named Aeneas, who had been bedridden eight years and was paralyzed. 34 And Peter said to him, "Aeneas, Jesus the Christ heals you. Arise and make your bed." Then he arose immediately. 35 So all who dwelt at Lydda and Sharon saw him and turned to the Lord. 36 At Joppa there was a certain disciple named Tabitha, which is translated Dorcas. This woman was full of good works and charitable deeds which she did. 37 But it happened in those days that she became sick and died. When they had washed her, they laid her in an upper room. 38 And since Lydda was near Joppa, and the disciples had heard that Peter was there, they sent two men to him, imploring him not to delay in coming to them. 39 Then Peter arose and went with them. When he had come, they brought him to the upper room. And all the widows stood by him weeping, showing the tunics and garments which Dorcas had made while she was with them. 40 But Peter put them all out, and knelt down and prayed. And turning to the body he said, "Tabitha, arise." And she opened her eyes, and when she saw Peter she sat up. 41 Then he gave her his hand and lifted her up; and when he had called the saints and widows, he presented her alive. 42 And it became known throughout all Joppa, and many believed on the Lord.

TODAY'S GOSPEL John 5:1-15 At that time, there was a feast of the Jews, and Jesus went up to Jerusalem. 2 Now there is in Jerusalem by the Sheep Gate a pool, which is called in Hebrew, Bethesda, having five porches. 3 In these lay a great multitude of sick people, blind, lame, paralyzed, waiting for the moving of the water. 4 For an angel went down at a certain time into the pool and stirred up the water; then whoever stepped in first, after the stirring of the water, was made well of whatever disease he had. 5 Now a certain man was there who had an infirmity thirty-eight years. 6 When Jesus saw him lying there, and knew that he already had been in that condition a long time, He said to him, "Do you want to be made well?" 7 The sick man answered Him, "Sir, I have no man to put me into the pool when the water is stirred up; but while I am coming, another steps down before me." 8 Jesus said to him, "Rise, take up your bed and walk." 9 And immediately the man was made well, took up his bed, and walked. And that day was the Sabbath. 10 The Jews therefore said to him who was cured, "It is the Sabbath; it is not lawful for you to carry your bed." 11 He answered them, "He who made me well said to me, 'Take up your bed and walk.' " 12 Then they asked him, "Who is the Man who said to you, 'Take up your bed and walk'?" 13 But the one who was healed did not know who it was, for Jesus had withdrawn, a multitude being in that place. 14 Afterward Jesus found him in the temple, and said to him, "See, you have been made well. Sin no more, lest a worse thing come upon you." 15 The man departed and told the Jews that it was Jesus who had made him well.

COMING EVENTS, HERE AND ELSEWHERE...

- **Wednesday, May 25, 6:00 PM: Trinity Plaza Community Group Meeting**, in the Fellowship Hall. Come and welcome our neighbors from the Syro-Malankara Catholic parish who have moved into Most Holy Trinity Catholic Church!
- **Sunday, May 29: Archbishop Michael will be here for an Archpastoral Visit.**
- **Sunday, June 5: Graduate Sunday at HTOC.** See back page for details.
- **Saturday, June 25, Time TBA (approx. 10AM-4PM), Parish Council Conference**, "Making the Transition to Stewardship As A Diocesan Family", Matushka Mary Breton, CPA, Treasurer of the Diocese – at Holy Virgin Protection Cathedral, 59 E. 2nd Street, NYC. All Parish Council members are requested to attend. Thank you!
- **Thursday, August 25: Orthodox Youth Day, Six Flags Great Adventure, Jackson NJ.** Details coming soon.

PRAY FOR OUR COLLEGE STUDENTS – our parish sons & daughters, OCF chapter members, AND those at nearby colleges who make HTO their spiritual home away from home!

Bassim Abbasi	Andrew Nolan	Matt Skalski
Michael Bouteneff	Kamille Perry	Alexandra Solak
Joe Ciamarra	Schuyler Perry	Justyna Skalski
Kaydee Kowalczyk	Roman Piwinski	Monika Wislocki
Dan Kozak	Amanda Rzyk	
Madeline Miroshnikov	Peter Rzyk	

"Sending our kids to college without a connection to the Church is like sending children to play in traffic." -- Archbishop Michael
Please tell Fr. David if there are any errors or omissions on this list.

PASTORAL CARE – GENERAL INFORMATION

Emergency Sick Calls can be made at any time. Please call Fr. David at (914) 965-6815, when a family member is admitted to the hospital.

Anointing In Sickness: The Sacrament of Unction is available in Church, the hospital, or your home, for anyone who is sick, however severe. It doesn't mean "Last Rites!"

Marriages and Baptisms require early planning, scheduling, and selection of sponsors (crown bearers or godparents). See Father before booking dates and reception halls!

Funerals are celebrated for practicing Orthodox Christians. Please see Father for details.

The Church opposes cremation; we cannot celebrate funerals for cremations.

WANT TO HELP A STRUGGLING PARISH, MISSION, OR SEMINARIAN WITHIN OUR DIOCESAN FAMILY?

Become a **DISTINGUISHED DIOCESAN BENEFACTOR!**

To see a video "slice of life" of our Diocesan churches, visit www.nynjoca.org/vision_for_future_2012.html ... and scroll down to VIDEO HIGHLIGHTS. **Questions? See Fr. David.**



PRAYER LIST

Above all, we are a praying community. Keep this list in your prayer corner, and in your daily prayers, remember our Brothers & Sisters in Christ:

Newly ordained Dean John Mikitish and Matushka Brenda; the faithful of St. Sava's Serbian Cathedral, whose church was destroyed by fire; Tanya Balasenowich; Anne Mikitish; Anna Bolinsky; Nina, Ayden & Andrew; Ghadfa Khoury; Boris Lyzak; Bill Bodack; Michael Speck; Jenifer Calomiris, recovering from surgery; Cris Saraceno, his family, and all who are traveling; Mat. Joanna Bohush; Elsa, Felicia, Brielis, Karelina & Beatriz; Stephanie Davis; Alexander Kravchenko; Virginia Shanahan; John O'Donnel; Nina Dimas; Richard Dosing; Elena Herman; John Paluch; Danielle Geeza; infant Maria; Courtney Lyzak; Anatole Honczarenko; Mat. Anastasia Harris; Jennifer Drake; Elias Kachur; Mat. Olga Meerson; Lorna Nelson; Eleanor Wasilko; Adriana Szpynda; baby Alena King; Ludmila Branzow; Suzanne Gee; Christina and her child Giovanni; Daniel; Fadia; Gail; Nicholas; Nicholas Washenko; Kathleen & Maryanne Nolan; expecting parents Victoria & Joel Statkevics, Nadia & John Constantine, Mat. Anastasia & Fr. Timothy Hojnicky, Mat. Viktoria & Fr. Adrian Budica and their unborn children; Stan & Victoria, Kenneth & Christina and all those preparing for marriage; Kevin Kuzmenko; Shawn Malone; Metropolitan Paul and Bishop Gregorios, Vera Bullock; Schuyler Perry; Doris Morin; Kelly Ray; Carmen Fesh; Vitaliy Khutko; Malcolm Kirkpatrick; Nikolai & Nadezhda Solidnov; the priests Frs. Vitaly Bahanovich, John Tkachuk, Joseph Chupeck, Michael Hatrak, Jonathan Ivanoff, Leonid Kishkovsky, Joseph Kreshik; John Nightengale, Herman Schick, Ken James Stavrevsky, Stephen Mack, PDns. Peter Skoog & Michael Sochka; Klara Borzova; Helen Delandri; Helen Dempsey; Irene Homa; Olga Juck; Mary Kalakuka; Mary Kantor; Daria Krawchuk; Mary Macagnone; Olga Pavelchak; Stephanie Phillips; Tekla Rzyk; Mat. Juliana Schmemann; Martha Slivka; Zena Weshta; all those confined to hospitals, nursing homes, and their own homes due to illness; for all soldiers, especially Jorge, Bryan, Mykola & Marin; widows, orphans, prisoners, victims of violence, and refugees, especially in Iraq, Syria, Egypt, and the Ukraine; all those suffering chronic illness, financial hardship, loneliness, addiction, abuse, abandonment and despair; all Orthodox seminarians & families; all Orthodox monks and nuns, and all those considering the monastic life; all Orthodox missionaries and their families. Birthdays: Beth Rzyk (5/23), Nigel Bullock (5/27).

For blessed repose for the souls of: Newly departed Fr. Walter Smith (+5/14); Michael Zablotsky (+5/8); Augustine Dimech (+5/4); Paul Murphy, Bogdan Saleh; the child Larisa Karassik (+5/23/15); the ever-memorable Anatoly Branzow; Antonina, Igor, Anatoliy Kapralov; and all those departed this life in hope of the Resurrection.

Please give prayer requests to **Fr. David**, to **Protodeacon John**, or to an **Altar Server**. Typically, names remain on this list for **40 days**, unless requested otherwise. Those confined to hospitals or homes, or suffering chronic illnesses, remain on the list.