

### PRAYER FOR THE VICTIMS OF ABORTION

O Lord Jesus Christ, the only begotten Son, Who are in the bosom of the Father, True God, source of life and immortality, Light of Light, who came into the world to enlighten it, You were pleased to be conceived in the womb of the Virgin Mary for the salvation of our souls by the power of Your All-Holy Spirit. O Master, Who came that we might have life more abundantly, we ask that You might enlighten the minds and hearts of those blinded to the truth that life begins at conception, and that the unborn in the womb are already adorned with Your image and likeness; enable us to guard, cherish and protect the lives of all those who are unable to care for themselves. For You are the Giver of Life, bringing each person from non-being into being, sealing each person with divine and infinite love. Be merciful, O Lord, to those who, through ignorance or willfulness, affront Your divine goodness and providence through the evil act of abortion. May they, and all of us, come to the light of Your Truth and glorify You, the Giver of Life, together with Your Father and Your All-Holy and Life-giving Spirit, now and ever, and unto ages of ages. Amen.

### NEXT MEETING OF THE TRINITY PLAZA COMMUNITY GROUP:

**TUESDAY, JANUARY 26, 6:00 PM – Here, in the Education Building**

With the Longfellow School gone, we now hope to make headway with issues of inadequate street lighting and the poor condition of the roads here in the Plaza – and ask local leaders for updates on the future of “Longfellow Field” and the Most Holy Trinity Catholic Church property. Please come, and be a part of the re-vitalizing of this historic neighborhood!

### WANT TO HELP A STRUGGLING PARISH, MISSION, OR SEMINARIAN WITHIN OUR DIOCESAN FAMILY?

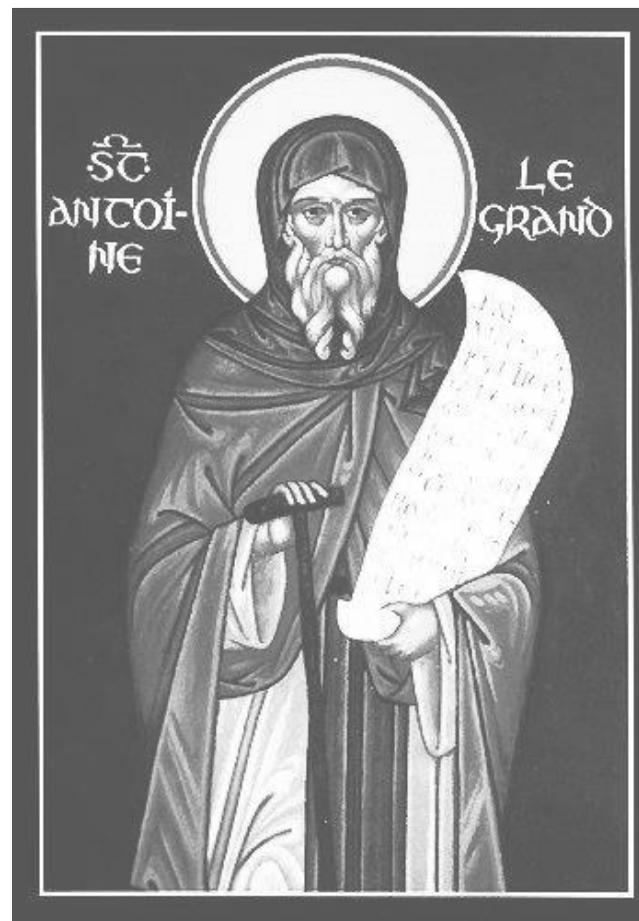
Become a ***DISTINGUISHED DIOCESAN BENEFACTOR!***

To see a video “slice of life” of our Diocesan churches, visit [www.nynjoca.org/vision\\_for\\_future\\_2012.html](http://www.nynjoca.org/vision_for_future_2012.html) ... and scroll down to VIDEO HIGHLIGHTS. *Questions? See Fr. David.*



# HOLY TRINITY ORTHODOX CHURCH

## Yonkers, New York



**Sunday, January 17, 2016**

**33<sup>rd</sup> Sunday After Pentecost ~ Tone 8**

**Saint Anthony the Great, Father of Monasticism**  
**Saint Theodosius the Great, Emperor of Byzantium**  
**Sanctity of Life Sunday**

### PLEASE MARK YOUR CALENDARS:

The Christmas Yolka has been rescheduled for Sunday, January 24.  
The Annual Parish Meeting has been rescheduled for Sunday, January 31.



## HOLY TRINITY ORTHODOX CHURCH

Trinity Plaza ✦ 46 Seymour Street ✦ Yonkers, New York 10701  
Rector: V. Rev. David Cowan ✦ Protodeacon John Eby  
Attached: V. Rev. John Tkachuk ✦ Rev. Vitaly Bahanovich  
Rector Emeritus: V. Rev. Yaroslav Sudick, Ph.D., D.D.  
Rectory Phone 914-965-6815 ✦ Email: [frdavidcowan@gmail.com](mailto:frdavidcowan@gmail.com)  
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Diocese of New York & New Jersey: [www.nynjoca.org](http://www.nynjoca.org)

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Sunday, January 17, 2016 ~ 33rd Sunday After Pentecost ~ Tone 8  
St. Anthony the Great ~ St. Theodosius the Great ~ Sanctity of Life Sunday  
Epistle: Colossians 1:12-18; Gospel: Luke 18:18-27

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### SERVICES AND ACTIVITIES

#### Today

9:30 AM *Divine Liturgy*

**Blessing of Homes Continues** – Contact Fr. David if you would like him to visit and bless your home, (914) 965-6815 or email [frdavidcowan@gmail.com](mailto:frdavidcowan@gmail.com)

#### Thursday, January 21

7:00 PM *Molieben (Service of Supplication) for the Victims of Abortion*, in solemn commemoration of the 43<sup>rd</sup> Anniversary of the *Roe v. Wade* Decision

#### Saturday, January 23

3:30 PM Yolka Rehearsal – in the Education Building

5:30 PM Private Confession Available

6:00 PM *Great Vespers*

#### Sunday, January 24

9:30 AM *Divine Liturgy*

After Liturgy: The Christmas Yolka – Church School Class Presentation, Teen Class  
Coffee Café, Parish Talent Showcase and Luncheon! (Rescheduled from January 10) – Suggested Donation \$20 for Adults

#### Tuesday, January 26

6:00 PM Trinity Plaza Community Group Meeting – Upstairs, Education Building

#### Friday, January 29

7:00 PM *Great Vespers & Litya* – Feast of the Three Holy Hierarchs: Saints Basil the Great, Gregory the Theologian, and John Chrysostom

#### Saturday, January 30

9:30 AM *Divine Liturgy* – Feast of the Three Holy Hierarchs

5:30 PM Private Confession Available

6:00 PM *Great Vespers*

#### Sunday, January 31

9:30 AM *Divine Liturgy*

After the Liturgy: *Annual Parish Meeting* (Rescheduled from January 24)

## RE-CLAIMING OUR HOMES FOR CHRIST: A NOTE ON HOUSE BLESSINGS

When our homes are blessed, we reclaim our homes, and everyone and everything in them, for Christ: our wives, our husbands, our marriages... our children... our working and studying... our worrying and our struggling... our decisions and our dilemmas... our successes and our rejoicing: we reclaim all of our lives for Christ, by inviting Him into our inner sanctum.



The custom of blessing homes during the Theophany season is of special beauty and significance. We show the Lord – and the devil – that we wish for God to physically expel every trace of sin, anger, bitterness, and worry that has invaded our homes and our families over the past year!

When Father comes to bless the family and house, these things should be prepared:

- A lit candle, an icon, and a wide bowl for Holy Water should be on the table.
- All present in the house should come together and stand at the table. If kids are present, an icon for each child to carry (who is big enough to carry one) should also be on the table.
- All radios, televisions, etc. should be turned off.
- Lists of Departed and Living family members and loved ones to be prayed for.

## THE ANNUAL ALTAR SERVERS RETREAT

The Annual Diocesan Altar Servers retreat is scheduled for **February 12-14, 2016 at Saint Basil's Academy, 79 St. Basil's Road, Garrison NY**. Saint Basil's Academy has beautiful grounds offering dormitory style rooms, an indoor basketball court and an Olympic-size indoor swimming pool which will be available for use.

Saint Basil's Academy dormitory space has been reserved for the Diocese of New York and New Jersey. The arrival of the altar servers will be on Friday evening, February 12. The retreat will conclude on Sunday, February 14, following the celebration of the Divine Liturgy.

Last year we had over 50 participants attending the retreat where they enjoyed fellowship, education, and spiritual enrichment under the guidance of His Eminence Archbishop MICHAEL. We look forward to another successful retreat where we learn the basics and fundamentals of serving the Divine Services. A special feature at this year's retreat will be learning how to serve a Hierarchical Divine Liturgy along with how to read and chant in church. Those servers who are interested in attending the retreat should contact their parish priest for information and registration forms. Clergy of the Diocese of New York and New Jersey should report the number of altar servers that will attend the retreat to Priest Jason Vansuch (as soon as possible). Adult supervision will also be sought to accompany the servers.



**See Father David to sign up!**

**TODAY'S EPISTLE Colossians 1:12-18** Brethren: Give thanks to the Father who has qualified us to be partakers of the inheritance of the saints in the light.<sup>13</sup>He has delivered us from the power of darkness and conveyed us into the kingdom of the Son of His love,<sup>14</sup>in whom we have redemption through His blood, the forgiveness of sins.<sup>15</sup>He is the image of the invisible God, the firstborn over all creation.<sup>16</sup>For by Him all things were created that are in heaven and that are on earth, visible and invisible, whether thrones or dominions or principalities or powers. All things were created through Him and for Him.<sup>17</sup>And He is before all things, and in Him all things consist.<sup>18</sup>And He is the head of the body, the church, who is the beginning, the firstborn from the dead, that in all things He may have the preeminence.

**TODAY'S GOSPEL Luke 18:18-27** At that time, a certain ruler asked Jesus, saying, "Good Teacher, what shall I do to inherit eternal life?"<sup>19</sup>So Jesus said to him, "Why do you call Me good? No one is good but One, that is, God.<sup>20</sup>You know the commandments: 'Do not commit adultery,' 'Do not murder,' 'Do not steal,' 'Do not bear false witness,' 'Honor your father and your mother.'<sup>21</sup>And he said, "All these things I have kept from my youth."<sup>22</sup>So when Jesus heard these things, He said to him, "You still lack one thing. Sell all that you have and distribute to the poor, and you will have treasure in heaven; and come, follow Me."<sup>23</sup>But when he heard this, he became very sorrowful, for he was very rich.<sup>24</sup>And when Jesus saw that he became very sorrowful, He said, "How hard it is for those who have riches to enter the kingdom of God!<sup>25</sup>For it is easier for a camel to go through the eye of a needle than for a rich man to enter the kingdom of God.<sup>26</sup>And those who heard it said, "Who then can be saved?"<sup>27</sup>But He said, "The things which are impossible with men are possible with God."

### **PASTORAL CARE – GENERAL INFORMATION**

**Emergency Sick Calls** can be made at any time. Please call Fr. David at (914) 965-6815, when a family member is admitted to the hospital.

**Anointing In Sickness:** The Sacrament of Unction is available in Church, the hospital, or your home, for anyone who is sick, however severe. It doesn't mean "Last Rites!"

**Marriages and Baptisms** require early planning, scheduling, and selection of sponsors (crown bearers or godparents). See Father before booking dates and reception halls!

**Funerals** are celebrated for practicing Orthodox Christians. Please see Father for details. **The Church opposes cremation; we cannot celebrate funerals for cremations.**

# MARCH FOR LIFE | 2016

JANUARY 22, 2016 | WASHINGTON, D.C.



## SO, YOU CAN GO? *GREAT!*

We are invited to ride a chartered bus with our neighbors at St. Joseph Catholic Church, 141 Ashburton Ave., Yonkers. They will serve Mass at 5:00 AM (even though we can not commune, we may attend); they intend to depart on the bus from their church at 6:00 AM.

Tickets are \$50 per adult and \$25 per minor (age 12 years+ and accompanied by a responsible adult). ALL pilgrims MUST be able to walk the March route *without a cane or a walker*. Kindly bring your ID (there will be security at the March site) and funds for meals, snacks, etc. Dress adequately for winter in Washington per the weather reports. **RESERVE NOW** one of the 25 remaining bus seats – call Saint Joseph's Church at 963-0730.

## CAN'T GO? Here are some things you CAN do:

- ❖ **PRAY THE NIGHT BEFORE.** Come here to church Thursday, Jan. 21, 7:00 PM, for the Molieben (Service of Supplication) for the Victims of Abortion.
- ❖ **PRAY THAT DAY.** At 12:00 noon, stop what you're doing and say the prayer on the back of the Bulletin (and if not then, do it sometime Friday).
- ❖ **FAST.** On Friday, skip a meal ... or skip meat or dairy ... to add action to prayers.
- ❖ **GIVE.** Donate \$25, \$50 or more so that someone can March for you! See Fr. David.

Say **"NO MORE"** to the legalized and profit-ized murder of over *one baby for every five born alive\**.

\*[www.cdc.gov/reproductivehealth/data\\_stats](http://www.cdc.gov/reproductivehealth/data_stats) - see "Abortion", item 1

**PRO-LIFE + PRO-WOMAN**  
GO HAND-IN-HAND

## PRAYER LIST

Above all, we are a praying community. Keep this list in your prayer corner, and in your daily prayers, remember our Brothers & Sisters in Christ:

His Eminence Archbishop Nikon; children Anthony & Adriana Prusak, John King, and Matvey Wulsing; Daniel Paprocki; John & Elizabeth Batson; Andrew, Julia & Dmitriy Galkin; Nataliya Kaufova; Zoya Levankovskaya; Alexandra, Roman & Valeriy Spechev; Mat. Mary & Danielle Geeza; Mat. Kathy Kowalczyk; the survivors of the terrorist attack in California; Adnan Abbasi; newborn Courtney Lyzak; Anatole Honczarenko; Tekla Ryzak; Timothy; Mat. Anastasia Harris; Jennifer Drake; Elias Kachur; Mat. Olga Meerson; Elena Herman; Eleanor Wasilko; Adriana Szpynda; baby Alena King; Ludmila Branzow; Suzanne Gee; Evan; Nicholas; Dorothy Vernak; Nikolette Katechis; Nicholas Washenko; Kathleen & Maryanne Nolan; expecting parents Victoria & Joel Statkevics, Juliana & Mark Federoff, Mat. Anastasia & Fr. Timothy Hojnicky, Mat. Viktoria & Fr. Adrian Budica and their unborn children; Stan & Victoria, and all those preparing for marriage; Kevin Kuzmenko; Shawn Malone; Metropolitan Paul and Bishop Gregorios, Vera Bullock; Schuyler Perry; Doris Morin; Kelly Ray; Justin Solak; Carmen Fesh; Anne Kakos, Kay Baker; Vitaliy Khutko; Malcolm Kirkpatrick; Nikolai & Nadezhda Solidnov; the priests Frs. Vitaly Bahanovich, John Tkachuk, John Udics; Joseph Chupeck, Jonathan Ivanoff, Leonid Kishkovsky, Joseph Kreshik; John Nehrebecki, Herman Schick, David Shewczyk, Ken James Stavrevsky, Daniel Degyansky, Stephen Mack, PDn. Peter Skoog; Klara Borzova; Helen Delandri; Helen Dempsey; Irene Homa; Olga Juck; Mary Kalakuka; Mary Kantor; Daria Krawchuk; Vincent & Mary Macagnone; Olga Pavelchak; Stephanie Phillips; Mat. Juliana Schmemann; Martha Slivka; Zena Weshta; all those confined to hospitals, nursing homes, and their own homes due to illness; for all soldiers, especially Jorge, Bryan & Mykola; widows, orphans, prisoners, victims of violence, and refugees, especially in Iraq, Syria, Egypt, and the Ukraine; all those suffering chronic illness, financial hardship, loneliness, addiction, abuse, abandonment and despair; all Orthodox seminarians & families, especially John & Brenda Mikitish; all Orthodox monks and nuns, and all those considering the monastic life; all Orthodox missionaries and their families; all those who have participated in the tragedy of abortion. Name Day: All those named Anthony and Theodosius. Birthday: Kristina Ferguson (today).

**For blessed repose for the souls of:** Newly departed Julia Wislocki (+1/6); Maria Plakakis (+1/1); Sophie Turko (12/20); the ever-memorable Valentina & Olga; Tatiana & Peter Simonov; Leonid; all those departed named Anthony and Theodosius; all victims of abortion; and all those departed this life in hope of the Resurrection.

Please give prayer requests to Fr. David, to Protodeacon John, or to an Altar Server. Typically, names remain on this list for 40 days, unless requested otherwise. Those confined to hospitals or homes, or suffering chronic illnesses, remain on the list.