

**“SERVICE AFTER THE SERVICE” ~ Sunday, October 4**

On Sunday, October 4, at Coffee Hour, please plan to participate in two important activities as a parish family:

**ASP MISSION TEAM PRESENTATION**

Our kids and chaperones who traveled to Kentucky this summer, will show a video and share their reflections on the experience ... and they're hosting Coffee Hour, too!

**CARE KIT ASSEMBLY-LINE FOR NEIGHBORS IN NEED**

While we enjoy the ASP presentation and refreshments, we will assemble Homeless Care Kits to have at the ready for those who visit the church in need of help.

**Donations of the following items would be most helpful.**

A typical Care Kit is a **watertight gallon zip-lock plastic bag** filled with items like:

Water bottle ~ Socks ~ Tuna & crackers ~ Granola bar or cereal bar  
Fruit snack or applesauce cup ~ Crackers with  
peanut butter “singles” or wrapped cheese single-servings  
Gift card to fast-food place ~ Hand wipes ~ Pack of Kleenex  
Maxi pads ~ Toothbrush & toothpaste  
Nail clippers ~ Band Aids ~ Chapstick ~  
Comb or small brush ~ Mints, cough drops or gum  
Note of encouragement, assurance of your prayers

Suggestion: Contact Pat Bouteneff, (914) 548-1347 or patfannb@parsleysages.com to let her know what you plan to donate, so we'll know what still needs to be purchased.

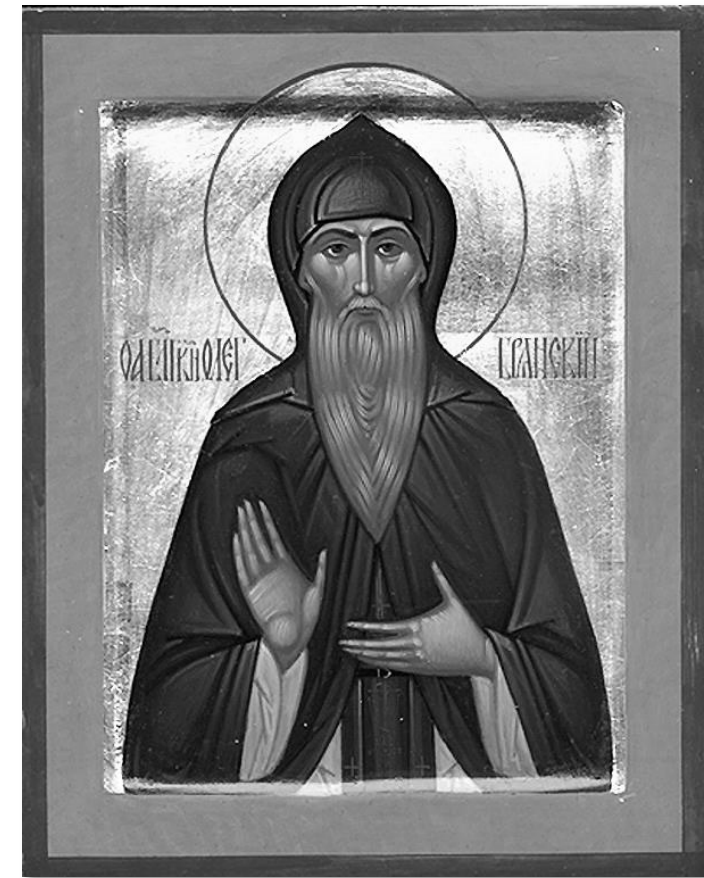
***Thank you!***

**CHURCH SCHOOL AIDES ARE NEEDED...**

See Fr. David for more information.

...And Soon, **PARISH COUNCIL MEMBERS** will be needed too:  
There are **three Parish Council positions** which will open up early in 2016:  
the offices of **President**, currently held by Victoria Statkevicius;  
**Treasurer**, currently held by Jim Reduto; and  
**Financial Secretary**, held by Joel Statkevicius.

**HOLY TRINITY ORTHODOX CHURCH**  
**Yonkers, New York**



**Sunday, September 20, 2015 ~ 16<sup>th</sup> Sunday After Pentecost**  
**Afterfeast of the Elevation of the Cross**  
**St. Oleg, Prince of Briansk (+1285)**

**CHURCH SCHOOL BEGINS TODAY –**  
**after the Prayer for the Opening of Church School**  
**and the students' veneration of the Cross. (They go first!)**  
**We express our loving thanks to DASHA PIWINSKI, who after many, many**  
**years of tireless service, is stepping down as Church School Director.**  
**We will honor Dasha with a special presentation on Sunday, October 18. Be here!**



## HOLY TRINITY ORTHODOX CHURCH

Trinity Plaza ✦ 46 Seymour Street ✦ Yonkers, New York 10701  
Rector: V. Rev. David Cowan ✦ Protodeacon John Eby  
Attached: V. Rev. John Tkachuk ✦ Rev. Vitaly Bahanovich  
Rector Emeritus: V. Rev. Yaroslav Sudick, Ph.D., D.D.  
Rectory Phone 914-965-6815 ✦ Email: frdavidcowan@gmail.com  
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Facebook: www.facebook.com/holytrinityorthodox  
Diocese of New York & New Jersey: www.nynjoca.org

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Sunday, September 20, 2015 ~ 16th Sunday After Pentecost  
Afterfeast of the Elevation of the Cross ~ St. Oleg, Prince of Briansk (+1285)  
Epistle: Galatians 2:16-20; Gospel: Mark 8:34-9:1

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### SERVICES AND ACTIVITIES

#### Today – Afterfeast of the Elevation of the Cross

9:30 AM *Divine Liturgy* with *Prayers for the First Day of Church School*, followed by  
*Panikhida* for Galina Stekhova, requested by her son-in-law, Oleg;  
for Vasyl Kopcza, by Michal Kopcza; for John Kowalczyk, by Jaroslaw &  
Maria Kiciuk; and for John Wislocki, by Julia Honczar

After Liturgy Church School Classes Begin; Classes End at 12:10 PM

#### Wednesday, Sep. 23 – Conception of St. John the Baptist

9:30 AM *Divine Liturgy* – Feast of the Conception of St. John the Baptist

#### Saturday, Sep. 26

5:30 PM Private Confession Available

6:00 PM *Great Vespers*

#### Sunday, Sep. 27 - Martyrs Callistratus and his company (49 Martyrs, + about 304)

9:30 AM *Divine Liturgy*

#### Wednesday, Sep. 30

7:00 PM *Great Vespers & Litya* – Feast of “*Pokrov*”, Protection of the Mother of God

#### Thursday, Oct. 1

9:30 AM *Divine Liturgy* – “*Pokrov*”, Protection of the Mother of God

A second collection will be taken today,  
to go toward Church School Expenses for the coming school year.  
Anything you can offer will be gratefully received!

Also, we are seeking donations of *seven copies of The Orthodox Study Bible*  
(\$35 each) for our Church School students ...  
so that there will be one copy for each student in our Junior and Senior High classes.  
Please contact Father David if you'd like to donate. Thank you!

ALL ARE WELCOME!

## A HEALING SERVICE WITH THE MIRACLE-WORKING ICON OF SAINT ANNA



Come and pray with the Mother of the Virgin Mary...  
and be anointed with the oil from her holy icon.

Saturday, October 10, 2015 ~ 3:30 PM  
Holy Trinity Orthodox Church, 46 Seymour St., Yonkers

A Reception follows in our Education Building.

(914) 965-6815 ~ www.HolyTrinityYonkers.org

***Your Help is Needed* for this major Outreach Event!**  
**Greeters ...Slavic Languages and Spanish Speakers...**  
**Singers... Bakers and Servers for the Reception Afterward!**  
**Please see Fr. David, Mat. Tamara, or Vicky to offer your help.**



*This Diocesan event for girls in Grades 7-12 will take place at St. Basil's Academy in Garrison, NY, one hour north of here. There is no charge to attend. See Father or Matushka for more information!*

## ***“BABA – LOGY”: Episode 5***

***Baba's Theology:***

***Practical Wisdom from Pious Grandmothers***

### **Icons**

We know that icons are venerated in our Faith, that we have icons in our churches and homes, even in our vehicles. We need to remember that these are holy and must be treated as such. Saints died for the sake of venerating icons, yet we who venerate them, who “collect” them, who adorn our homes with them are often iconoclasts! Just as no one would smoke a cigarette in church, he should also not do so in a room or vehicle which has an icon in it. An icon should be put in a place of honor, not laying where something will spill on it or where it will be moved aside or disregarded. The proper way to dispose of a blessed icon, or any holy or blessed item, is to burn it and then bury the ashes in a clean place (not in a garden which is fertilized with manure). Color icons on bulletins, newspapers, etc. can also be cut out, mounted or framed, or sent to missions which are in need.



### ***PASTORAL CARE – GENERAL INFORMATION***

***Emergency Sick Calls*** can be made at any time. Please call Fr. David at (914) 965-6815, when a family member is admitted to the hospital.

***Anointing In Sickness:*** The Sacrament of Unction is available in Church, the hospital, or your home, for anyone who is sick, however severe. It doesn't mean “Last Rites!”

***Marriages and Baptisms*** require early planning, scheduling, and selection of sponsors (crown bearers or godparents). See Father before booking dates and reception halls!

***Funerals*** are celebrated for practicing Orthodox Christians. Please see Father for details.

***The Church opposes cremation; we cannot celebrate funerals for cremations.***

**TODAY'S EPISTLE Galatians 2:16-20** Brethren: knowing that a man is not justified by the works of the law but by faith in Jesus Christ, even we have believed in Christ Jesus, that we might be justified by faith in Christ and not by the works of the law; for by the works of the law no flesh shall be justified.<sup>17</sup>But if, while we seek to be justified by Christ, we ourselves also are found sinners, is Christ therefore a minister of sin? Certainly not!<sup>18</sup>For if I build again those things which I destroyed, I make myself a transgressor.<sup>19</sup>For I through the law died to the law that I might live to God.<sup>20</sup>I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me.

**TODAY'S GOSPEL Mark 8:34-9:1** At that time, when Jesus had called the people to Himself, with His disciples also, He said to them, “Whoever desires to come after Me, let him deny himself, and take up his cross, and follow Me.<sup>35</sup>For whoever desires to save his life will lose it, but whoever loses his life for My sake and the gospel's will save it.<sup>36</sup>For what will it profit a man if he gains the whole world, and loses his own soul?<sup>37</sup>Or what will a man give in exchange for his soul?<sup>38</sup>For whoever is ashamed of Me and My words in this adulterous and sinful generation, of him the Son of Man also will be ashamed when He comes in the glory of His Father with the holy angels.<sup>1</sup>And He said to them, “Assuredly, I say to you that there are some standing here who will not taste death till they see the kingdom of God present with power.”

**TWO HTO MEMBERS ARE TAKING AN EXCITING MISSION TRIP –  
AND YOU CAN HELP!**

From Oct. 6-14, our own **Dasha Piwinski and Beth Rzyk** will be participating in an Orthodox Adult Mission Trip to Eagle Butte, South Dakota. There they will minister to the Lakota Native Americans on the Cheyenne River Reservation. They will be working with the youth in the Cheyenne River Youth Project, which provides an after-school program for children ages 4-18. They will also be assisting the families in this community in several other ways. One of the poorest counties in our country is on this reservation. One of the goals of the Cheyenne River Youth Project is to provide impoverished families with basic needs. They are currently planning for their Christmas gift program and are in need of diapers, wipes, baby shampoo and hygiene items for teenage boys. Since the adult mission group will be flying to South Dakota, it makes the most sense to buy the items once the group arrives. Your donations will help Dasha, Beth and their fellow missionaries to purchase items that can be used by the Lakota people whom they will be serving. **If you would like to make a contribution to help these families, please make your offering payable to Holy Trinity Orthodox Church, with “Beth / Dasha Mission Trip” in the Memo section, and give it to Beth or Dasha.**

**Please visit the LADIES’ GUILD GIFT SHOP**

Featuring Icons ... Decorated Eggs ...  
Orthodox Greeting Cards and Gifts for All Occasions!  
Open Today During Coffee Hour,  
Located in the Education Building,  
Second Room on the Right from the Courtyard Entrance

**DONATIONS GRATEFULLY ACCEPTED –  
TOWARD NEW PUMPS FOR OUR HEATING SYSTEM**

It is “Indian Summer” now ... but it’ll be winter again before we know it!

***Thanks to three recent ANONYMOUS donors  
for contributions of \$1,000, \$100 and \$50.***

**We have raised \$4,450 thus far, and we have \$1,550 left to raise.**

**The cost to install new pumps is \$6,000.00.**

**The job is in progress so that we have the equipment by winter ...  
your continued donations are most appreciated!**

To contribute, please see Fr. David, Parish Council President Vicky Statkevics,  
or any other Parish Council member. ***Thank you*** for your generous assistance!

**PRAYER LIST**

**Above all, we are a praying community. Keep this list in your prayer  
corner, and in your daily prayers, remember our Brothers & Sisters in Christ:**

Newly baptized Andrew Galkin; Helen & Aldo and James & Penny preparing to travel; Susan Cook; Julianna Sannella; Edward Kiss; Newborn Courtney Lyzak; Anatole Honczarenko; Tekla Rzyk; Boris Lyzak; Melpomene Photini; Timothy; Mat. Anastasia Harris; Jennifer Drake (Beth Rzyk’s sister); Janet VanDuyn; newborn Annie Catherine & mother Sara Korischar; Matushka Kerri Fox; Elias Kachur; Mat. Olga Meerson; Elena Herman; Eleanor Wasilko; Adriana Szpynda; Paul “PJ” Sulich; baby Alena King; Ludmila Branzow; Nathan Orsini; Suzanne Gee; Matthew & Malek; Evan; Nicholas; Anne & Jennifer; Dorothy Vernak; Nikolette Katechis; expecting parents Juliana & Mark Federoff and baby; Nicholas Washenko; Maryanne Nolan; His Eminence, Archbishop Seraphim; Stan & Victoria, and all those preparing for marriage; Kevin Kuzmenko; Shawn Malone; Metropolitan Paul and Bishop Gregorios, Vera Bullock; Julia Wislocki; Schuyler Perry; Doris Morin; Kelly Ray; Justin Solak; Carmen Fesh; Deborah Chaiko; Anne Kakos, Kay Baker (Anne’s sister); Vitaliy Khutko; Malcolm Kirkpatrick; Inga Serniak; Nikolai & Nadezhda Solidnov; Kathleen Nolan; the priests Frs. Vitaly Bahanovich, John Tkachuk, Joseph Chupeck, George Hasencz, Leonid Kishkovsky, Joseph Lickwar, Herman Schick, David Shewczyk, Ken James Stavrevsky, Daniel Degyansky, Stephen Mack, PDn. Peter Skoog; Dn. Mark Hoepflinger; Ann Belchik; Klara Borzova; Helen Delandri; Helen Dempsey; Olga Juck; Mary Kalakuka; Mary Kantor; Daria Krawchuk; Olga Pavelchak; Stephanie Phillips; Mat. Juliana Schmemann; Martha Slivka; Zena Weshta; all those confined to hospitals, nursing homes, and their own homes due to illness; for all soldiers, especially Jorge, Bryan & Mykola; widows, orphans, prisoners, victims of violence, and refugees, especially in Iraq, Syria, Egypt, and the Ukraine; all those suffering chronic illness, financial hardship, loneliness, addiction, abuse, abandonment and despair; all Orthodox seminarians, especially John & Brenda Mikitish; all Orthodox monks, nuns and all those considering the monastic life; all Orthodox missionaries and their families. Anniversary: Vincent & Mary Macagnone (70<sup>th</sup> was 9/5!) Birthdays: Gabriel Cowan (9/23); Penny Cowan (Fr. David’s mom, visiting today, 9/24); Tina Reduto (9/25).

**For blessed repose for the souls of:** Thomas Michaels (+9/2); ever-memorable Galina, Vasyl, John & John; Sirmatena, Mary Anne & Theodore; and all departed in hope of the Resurrection.

**Please give prayer requests to Fr. David, to Protodeacon John, or to an Altar Server.  
Typically, names remain on this list for 40 days, unless requested otherwise. Those  
confined to hospitals or homes, or suffering chronic illnesses, remain on the list.**

**PRAY FOR OUR COLLEGE STUDENTS – our parish sons & daughters, OCF chapter  
members, AND those at nearby colleges who make HTO their spiritual home away from home!**

Michael Bouteneff	Andrew Nolan	Peter Rzyk
Joe Ciamarra	Kamille Perry	Matt Skalski
Kaydee Kowalczyk	Schuyler Perry	Alexandra Solak
Dan Kozak	Roman Piwinski	Justyna Skalski
Madeline Miroshnikov	Amanda Rzyk	Monika Wislocki

***“Sending our kids to college without a connection to the Church  
is like sending children to play in traffic.” -- Archbishop Michael  
Please tell Fr. David if there are any errors or omissions on this list.***