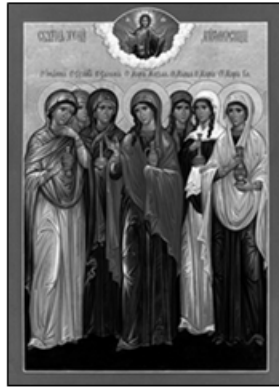


2014 DIOCESAN GIRLS RETREAT

November 14-16, 2014

Sponsored and hosted by the
Diocese of New York & New Jersey
For the girls in our parishes,
between Grades 7 and 12



The Holy Myrrh Bearing Women

WHEN: Friday-Sunday, November 14-16, 2014
WHERE: St. Basil's Academy, 79 Saint Basil Road, Garrison, NY
COST: There is no charge for this Diocesan sponsored event.

WHAT'S HAPPENING:

- Basketball and Games in the Gym; Swimming in the Indoor Pool
- Worship, Fellowship and "Q & A" Time with His Grace, Bishop Michael
- Lessons on Singing and Chanting in Church with Christine Nass, Director of Villanova Voices, Villanova University, Philadelphia

REGISTRATION DEADLINE: Nov. 3, 2014
Registration Forms are Available from Your Priest



Saint Basil's Academy

For More Information,
Go to www.nynjoca.org

Contact: Fr. Jason Vansuch
Chair, Diocesan Department of Youth Ministry
St. George Orthodox Church, Buffalo, NY
(716) 875-4222 ♦ Email jvansuch@hotmail.com

HOLY TRINITY ORTHODOX CHURCH

Yonkers, New York



Sunday, October 5, 2014
17th Sunday After Pentecost
Martyr St. Charitina of Amisus

**WANT TO HELP A STRUGGLING PARISH, MISSION, OR
SEMINARIAN WITHIN OUR DIOCESAN FAMILY ?**
Become a ***DISTINGUISHED DIOCESAN BENEFACTOR!***

To see a video "slice of life" of our Diocesan churches,
visit www.nynjoca.org/vision_for_future_2012.html ... and
scroll down to VIDEO HIGHLIGHTS. *Questions? See Fr. David.*





HOLY TRINITY ORTHODOX CHURCH

Trinity Plaza ♦ 46 Seymour Street ♦ Yonkers, New York 10701

Rector: Fr. David Cowan ♦ Protodeacon John Eby

Rector Emeritus: V. Rev. Yaroslav Sudick, Ph.D., D.D.

Rectory Phone 914-965-6815

Email: frdavidcowan@gmail.com

Web: www.holytrinityyonkers.org

Facebook: www.facebook.com/holytrinityorthodox

Diocese of New York & New Jersey: www.nynjoca.org

Sunday, October 5, 2014 ~ 17th Sunday After Pentecost
The Holy Martyr, Saint Charitina of Amisus (+304 A.D.)

Epistle: 2 Corinthians 6:16-7:1; Gospel: Luke 6:31-36

SERVICES AND ACTIVITIES

Today

9:30 AM *Divine Liturgy* with *Panikhida* for Helen Rakotz (40 Days), requested by Gregory Kissel and Family; and for John Kowalczyk, by Mark & Beth Rzyk

12:30 PM Parish Council Meeting – Education Building

Wednesday, October 8

9:00 AM *Akathist* to the Mother of God, Protectress of Children

Saturday, October 11

5:30 PM Private Confession Available

6:00 PM *Great Vespers*

Sunday, October 12

9:30 AM *Divine Liturgy*

At Coffee Hour: “Where St. Herman Wants Us To Be: A Pilgrimage to Alaska” –
Presentation by Fr. David and Mat. Tamara

Wednesday, October 15

9:00 AM *Akathist* to St. Jacob Netsvetov of Alaska, First Priest Born in North America

7:30 PM Choir Rehearsal, in the Church

Friday, October 17

7:00 PM SS. Martha & Mary “M&M” Women’s Group Meets at Mardi Perry’s Home

Saturday, October 18

5:30 PM Private Confession Available

6:00 PM *Great Vespers*

Sunday, October 19

9:30 AM *Divine Liturgy*

4:00 PM *Baptism* of Mia and Sadie Olson

WISDOM FROM CONTEMPORARY ELDERS...

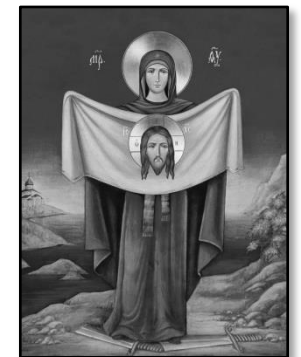


"If we live a Christian life, then we try to keep Christ in our thoughts. In our private lives, every one of us is required to devote our every day to the Lord, and for this we must begin our day immediately with prayer, calling down God’s grace, turning to the Savior that He might bless us in our new day. With any new undertaking, we must turn to the Lord. In concluding our day and retiring to bed, we must turn once more to God and ask that He bless our night and accept those good works done over the course of the day, and forgive us our sins committed over the course of the day.“

-- Archbishop Meletiy of Chernovitsy, Ukraine (Present Day)

"When a benefactor feels he deserves recognition and recompense from them who he has helped, he neither realizes his sin nor repents for it. Helping others is a great virtue because it is the fruit of love; it is love in practice. However, the wickedness of human disposition transforms virtue into sin...when a person who helps others subsequently becomes upset with them who are ungrateful to him for his help, he also sins greatly and he loses the reward for his good deed.”

-- Archbishop Nikiforos Theotokis, 19th Century theologian



“He scourges us with afflictions and trials so that He can draw us near Him; for He knows that through the sorrowful things of this present life man remains near Him and is saved. The comfortable life is very hazardous for eternal salvation. It is not the Spirit of God that dwells in those living in comfort but rather the spirit of the devil according to the saying of the Fathers.”

-- Elder Ephraim of Arizona (Present Day)

WELCOME NEWCOMERS & VISITORS: It is our joy to have you here today!
Please introduce yourself to Fr. David when everyone comes up to venerate the Cross at the end of Liturgy. Then, join us for Coffee Hour next door!

COMING UP AT HOLY TRINITY CHURCH AND ELSEWHERE:

- Today, 2:30-3:30 PM: National Prayer Chain For Life, at St. Joseph's Catholic Church, 141 Ashburton Avenue.** Fr. Arthur Rojas invites all Pro-Lifers to STAND and PRAY along Ashburton Avenue, starting from the steps of St. Joseph's Church, fanning out along both sides (sidewalks only!) of Ashburton Ave. Bring your prayer ropes! At 3:30 p.m. or so, the event will conclude in St. Joseph's parking lot. For more information, call Mike and Maria Lewis at 914/920-2705.
- Sun 10/12, During Coffee Hour: "Where St. Herman Wants Us To Be"** – Presentation on Pilgrimage to Alaska, by Fr. David & Mat. Tamara
- Fri 10/17, 7 PM: SS. Martha & Mary "M&M" Women's Group Gathering,** at Mardi Perry's Home. Discussion of the book, *The Ascetic Lives of Mothers*, a Prayer Book for Orthodox Moms, written by Annalisa Boyd, from Ancient Faith Publishing, www.store.ancientfaith.com or www.amazon.com . See Mat. Tamara for more information.
- Sat 10/25, 2-4 PM: Early Dinner for Caregivers, Followed by 4 PM Vespers.** A chance for those who provide care for parents or other persons to break bread together and talk. See Olga Ptach if you'd like to come or would like more information.
- Sat 11/1: Church School Trip to Ellis Island!** Details to come.
- Fri-Sun 11/14-16: Diocesan Girls Retreat,** St. Basil's Academy, in Garrison, NY
- Sat-Sun 11/22-23: St. Tikhon's Seminary Mission Choir, Here,** singing Vespers and Divine Liturgy. We will need housing over Saturday night for about 8 male seminarians. Anyone who can host one or more of the students, please see Fr. David. Thank you!

DIOCESAN ASSESSMENTS DUE TODAY ... THANK YOU!

The Diocesan Assessment is again \$145.00 / person for 2014. So we can submit our accurate parish census number to the Diocese by Nov. 1, it would be very helpful if parishioners remit their \$145.00 Diocesan Assessments by today. If you are not prepared to bring your Assessment today, kindly do so as soon as possible.

TODAY'S EPISTLE 2 Corinthians 6:16-7:1 Brethren: What agreement has the temple of God with idols? For you are the temple of the living God. As God has said: "I will dwell in them And walk among them. I will be their God, And they shall be My people."¹⁷Therefore Come out from among them And be separate, says the Lord. Do not touch what is unclean, And I will receive you."¹⁸I will be a Father to you, And you shall be My sons and daughters, Says the LORD Almighty."¹⁹Therefore, having these promises, beloved, let us cleanse ourselves from all filthiness of the flesh and spirit, perfecting holiness in the fear of God.

TODAY'S GOSPEL Luke 6:31-36 Our Lord said, "Just as you want men to do to you, you also do to them likewise.³²But if you love those who love you, what credit is that to you? For even sinners love those who love them.³³And if you do good to those who do good to you, what credit is that to you? For even sinners do the same.³⁴And if you lend to those from whom you hope to receive back, what credit is that to you? For even sinners lend to sinners to receive as much back.³⁵But love your enemies, do good, and lend, hoping for nothing in return; and your reward will be great, and you will be sons of the Most High. For He is kind to the unthankful and evil.³⁶Therefore be merciful, just as your Father also is merciful.



ST. TIKHON'S SEMINARY MISSION CHOIR

Here at Holy Trinity Church
Saturday & Sunday,
November 22 and 23

Singing Great Vespers
and Divine Liturgy

The seminarians visit parishes throughout the school year to sing the Divine Services ... to share their stories ... and to raise funds for the work of Saint Tikhon's Seminary.

If you have the means to make a contribution of any amount toward the pastoral formation of these and future seminarians, please bring it that weekend ... and thank you!

Housing is needed for 8 - 10 seminarians for that Saturday night, November 22.

Please see Fr. David if you can host one or more students.



PRAYER LIST

Above all, we are a praying community. Keep this list in your prayer corner, and in your daily prayers, remember our Brothers & Sisters in Christ:

Olga Ptach; Suzanne Gee; Matushka Dorothy Timko; Mat. Christine Hoeplinger; Minerva Diaz; the newly baptized Anastasia Statkevics and her family and godparents; Matthew & Malek, traveling in the Middle East; Dorothy Vernak; baby Alexandra Vansuch; Mia & Sadie Olson; Nikolette Katechis; Matushka Juliana Schmemann; Matushka Dorothy Sulich; Mary Kalakuka; John Loving; Adriana Szpynda; Nicholas Washenko; Maryanne Nolan; Joan Giannelli; John; His Eminence, Archbishop Seraphim; George Miroshnikov & Madeline Loving, Jason Vitale & Kimberly Ovsag, and Paul Stewart & Natalia Maicenko, preparing for marriage; Melania King and the child to be born to her; Kevin Kuzmenko; Shawn Malone; Metropolitan Paul and Bishop Gregorios, Vera Bullock; John & Julia Wislocki; Schuyler Perry; Doris Kulinicz Morin; Kelly Ray; Rose; Justin Solak; Carmen Fesh; Deborah Chaiko; Anne Kakos, Kay Baker (Anne's sister); Vitaliy Khutko; Malcolm Kirkpatrick; Nina Kirsanoff; Stephanie Phillips; Tekla Rzyk; Inga Serniak; Nikolai & Nadezhda Solidnov; Kathleen Nolan; the children Yelena, Hope and Lucca; the priests Frs. Leonid Kishkovsky, Herman Schick, Ken James Stavrevsky, Daniel Degyansky, Paul Kucynda, Stephen Mack; PDn. Peter Skoog; Alvin; Ann Belchyk; Aleksandra Borzova; Helen Delandri; Helen Dempsey; Olga Jaworski; Olga Juck; Mary Kantor; Daria Krawchuk; Vincent & Mary Macagnone; Olga Pavelchak; Martha Scigliano; Zena Weshta; all those confined to hospitals, nursing homes, and their own homes due to illness; for all soldiers, especially Jorge; widows, orphans, prisoners, victims of violence, and refugees, especially in Iraq, Syria, Egypt, and the Ukraine; all those suffering chronic illness, financial hardship, loneliness, addiction, abuse, abandonment and despair; all Orthodox seminarians and their families; all Orthodox monks, nuns and all those considering the monastic life; all Orthodox missionaries and their families. Birthdays: Matushka Juliana Schmemann (10/6).

For blessed repose for the souls of: Newly departed Nikolai Mikhaylov (+10/2); Charlie Slemmon (+9/29); Steven Seymour (+9/23); Agnes Fratta (+9/23); Fr. Paul Schneirla (+9/20); Wilfred Royer (+9/13); Clara Pleska (+9/11); Leda Dzwonczyk (+9/9); Fr. John Bohush (+9/8); Sandra Damick (+8/24); Matushka Vera Yuschak (+8/20); Helen Rakotz (+8/20); the ever-memorable Janet Hensan; Vladimir & Vira; and all departed this life in hope of the Resurrection.

Please give prayer requests to Fr. David, to Protodeacon John, or to an Altar Server. Typically, names remain on this list for 40 days, unless requested otherwise. Those confined to hospitals or homes, or suffering chronic illnesses, remain on the list.

Emergency Sick Calls can be made at any time. Please call Fr. David's cell phone, 1-(570) 878-5074, when a family member is admitted to the hospital.

Anointing In Sickness: The Sacrament of Anointing is available in Church, in the hospital, or in your home, for anyone who is sick, no matter how severe. It doesn't mean "Last Rites!"

Marriages and Baptisms require early planning, scheduling, and selection of sponsors (crown bearers or godparents). See Father before setting dates and reserving reception halls!

Funerals are celebrated for practicing Orthodox Christians. Please see Father for details.

The Orthodox Church opposes cremation; we cannot celebrate a funeral service for persons being cremated.