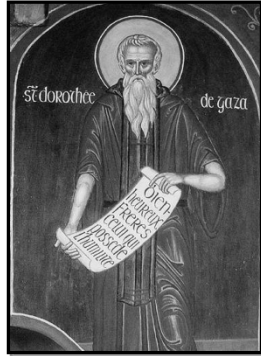




## WISDOM FROM THE HOLY FATHERS...

"There is no greater love than that a man lays down his life for his neighbor. When you hear someone complaining and you struggle with yourself and do not answer him back with complaints; when you are hurt and bear it patiently, not looking for revenge; then you are laying down your life for your neighbor."  
– Abba Poemen

A man is minding his own business, sitting at peace and quiet; and when a brother comes up and says an annoying word to him, he is angered by it. From the circumstances he thinks that he is justifiably angered, and he speaks against the one who troubled him, saying, "If he had not come and spoken to me and annoyed me I should not have been at fault." This is a delusion: this is false reasoning! It was not the one who spoke who put him in a bad mood. ... He was sitting at peace but he had this anger inside him and did not know it. One word to him from the other and the corruption hidden in him leapt out.  
– Saint Dorotheos of Gaza



**WANT TO HELP A STRUGGLING PARISH, MISSION, OR SEMINARIAN WITHIN OUR DIOCESAN FAMILY ?**  
Become a ***DISTINGUISHED DIOCESAN BENEFACTOR!***

To see a video "slice of life" of our Diocesan churches, visit [www.nynjoca.org/vision\\_for\\_future\\_2012.html](http://www.nynjoca.org/vision_for_future_2012.html) ... and scroll down to VIDEO HIGHLIGHTS. *Questions? See Fr. David.*



# HOLY TRINITY ORTHODOX CHURCH

## Yonkers, New York



**Sunday, August 10, 2014**  
**9<sup>th</sup> Sunday After Pentecost**  
**Afterfeast of the Transfiguration of Our Lord**  
**Martyr and Archdeacon St. Laurence of Rome**

**WELCOME NEWCOMERS & VISITORS:** It is our joy to have you here today!  
Please introduce yourself to Fr. David when everyone comes up to venerate the Cross at the end of Liturgy. Then, join us for Coffee Hour next door!



### HOLY TRINITY ORTHODOX CHURCH

Trinity Plaza + 46 Seymour Street + Yonkers, New York 10701  
Rector: Fr. David Cowan + Protodeacon John Eby  
Rector Emeritus: V. Rev. Yaroslav Sudick, Ph.D., D.D.  
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Email: frdavidcowan@gmail.com  
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Facebook: www.facebook.com/holytrinityorthodox  
Diocese of New York & New Jersey: www.nynjoca.org

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**August 10, 2014: 9<sup>th</sup> Sunday After Pentecost**  
**Afterfeast of the Transfiguration of Our Lord**  
**St. Laurent, the Archdeacon and Martyr of Rome**  
Epistle: 1 Corinthians 3:9-17; Gospel: Matthew 14:22-34

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### SERVICES AND ACTIVITIES

\*\*\*The Dormition Fast continues until the Divine Liturgy  
on August 15, Feast of the Dormition of the Mother of God.\*\*\*

#### Today

9:30 AM Divine Liturgy

#### Thursday, August 14

7:00 PM Great Vespers & Litya – The Dormition of the Most-Holy  
Theotokos, with Blessing of Flowers

#### Friday, August 15

9:00 AM Divine Liturgy – Feast of the Dormition of the Most-Holy  
Theotokos,  
with Blessing of Flowers

#### Saturday, August 16

5:30 PM Private Confession Available

6:00 PM Great Vespers

#### Sunday, August 17

9:30 AM Divine Liturgy

#### Saturday, August 23

5:30 PM Private Confession Available

6:00 PM Great Vespers

#### Sunday, August 24

9:30 AM Divine Liturgy

12:30 PM Parish Council Meeting – Education Building

Astonished by this, Hyppolitus himself believed and was baptized by St Laurence together with all his household. Soon Laurence was again brought to the emperor and ordered to produce the hidden treasure. He answered: "Give me three days, and I shall show you this treasure". Gathering a crowd of the poor and sick, who ate only because of the Church's charity, he showed them to the emperor: "Here are the vessels in which is contained the treasure. Everyone who puts their treasure in these vessels will receive them in abundance in the Heavenly Kingdom".

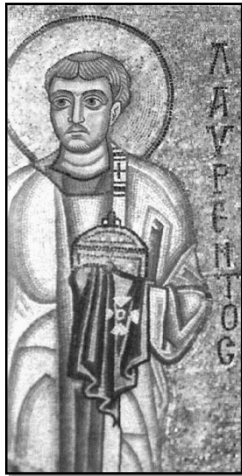
After this they gave St Laurence over to fierce tortures, urging him to worship idols. The martyr was scourged with a fine iron flail with sharp needles; they burned his wounds with fire and struck him with metal switches. Witnessing the martyr's suffering, the soldier Romanus cried out: "St Laurence, I see a bright youth, who stands by you healing your wounds. Beg your Lord Christ not to forsake me!" After this they stretched St Laurence on a rack and returned him to prison to Hyppolitus. Romanus brought a pot of water there and begged Laurence to baptize him. And immediately after the soldier's Baptism, he was beheaded.

When they took St Laurence to his final torture, St Hyppolitus wanted to declare himself a Christian and die together with him, but the confessor said: "Conceal for now your faith in your heart. After some time I shall summon you, and you shall hear and come to me. Weep not for me, but rather rejoice, for I go to receive a glorious crown of martyrdom." They put him in an iron cage, under which they set an intense fire, and the flames of the fire flicked towards the body of the martyr. St Laurence, glancing at the governor, said: "Here now, you burn only but one side of my body, turn over the other and do my whole body". Dying, he uttered: "I thank Thee, Lord Jesus Christ, that Thou hast accounted me worthy to enter into Thy gates" -- and with these words he gave up the spirit.

St Hyppolitus took the body of the martyr by night, he wrapped it in a shroud with ointments and gave it over to the priest Justin. Over the martyr's relics in the home of the widow Kyriake they celebrated an all-night vigil and Divine Liturgy. All the Christians present partook of the Holy Mysteries and with honor they buried the body of the holy martyr Archdeacon Laurence in a cave on 10 August 258. St Hyppolitus and other Christians suffered three days after the death of St Laurence (13 August), as he had foretold them of this.

## MARTYR AND ARCHDEACON ST. LAURENCE OF ROME Commemorated Today, August 10

The Martyrs Archdeacon Laurence, Pope Sixtus, Deacons Felicissimus and Agapitus, and the Soldier Romanus were citizens of Rome, martyred in the year 258 under Emperor Valerian (253-259). Pope Sixtus, born at Athens, received a fine education, preached in Spain and was made bishop in Rome following the martyr's death of Pope St. Stephen (253-257). In those days popes occupying the Roman throne were often known to choose death for Christ. Before long St Sixtus also was arrested and imprisoned with his deacons Felicissimus and Agapitus.



When the holy archdeacon Laurence visited Pope Sixtus in prison, he cried out with tears: "Where have you gone, father? Why have you forsaken your archdeacon, with whom always you have offered the Bloodless Sacrifice? Take your son with you, that I may be your companion in having blood shed for Christ!" St Sixtus answered him: "I have not forsaken you, my son. I am old and go to an easy death, but yet greater sufferings await you. Know, that after three days upon our death you shall follow after me. And now go, take the church treasury and distribute it to the poor and needy Christians." St Laurence zealously did the bidding of the holy hierarch.

Having heard that Pope Sixtus had been taken to trial with the deacons, St Laurence went there to witness their deed, and said to the holy bishop: "Father, I have already fulfilled your command, and distributed by hand your treasury; forsake me not!" Hearing something about treasure, soldiers put him under guard, and the other martyrs were beheaded (+6 August 258). The emperor put St Laurence in prison and ordered the chief jailer Hyppolitus to watch over him. In prison St Laurence's prayers healed the sick jailed together with him and he baptized many.

**TODAY'S EPISTLE 1 Corinthians 3:9-17** Brethren: We are God's fellow workers; you are God's field, you are God's building. 10According to the grace of God which was given to me, as a wise master builder I have laid the foundation, and another builds on it. But let each one take heed how he builds on it. 11For no other foundation can anyone lay than that which is laid, which is Jesus Christ. 12Now if anyone builds on this foundation with gold, silver, precious stones, wood, hay, straw, 13each one's work will become clear; for the Day will declare it, because it will be revealed by fire; and the fire will test each one's work, of what sort it is. 14If anyone's work which he has built on it endures, he will receive a reward. 15If anyone's work is burned, he will suffer loss; but he himself will be saved, yet so as through fire. 16Do you not know that you are the temple of God and that the Spirit of God dwells in you? 17If anyone defiles the temple of God, God will destroy him. For the temple of God is holy, which temple you are.

**TODAY'S GOSPEL Matthew 14:22-34** At that time, Jesus made His disciples get into the boat and go before Him to the other side, while He sent the multitudes away. 23And when He had sent the multitudes away, He went up on the mountain by Himself to pray. Now when evening came, He was alone there. 24But the boat was now in the middle of the sea, tossed by the waves, for the wind was contrary. 25Now in the fourth watch of the night Jesus went to them, walking on the sea. 26And when the disciples saw Him walking on the sea, they were troubled, saying, "It is a ghost!" And they cried out for fear. 27But immediately Jesus spoke to them, saying, "Be of good cheer! It is I; do not be afraid." 28And Peter answered Him and said, "Lord, if it is You, command me to come to You on the water." 29So He said, "Come." And when Peter had come down out of the boat, he walked on the water to go to Jesus. 30But when he saw that the wind was boisterous, he was afraid; and beginning to sink he cried out, saying, "Lord, save me!" 31And immediately Jesus stretched out His hand and caught him, and said to him, "O you of little faith, why did you doubt?" 32And when they got into the boat, the wind ceased. 33Then those who were in the boat came and worshiped Him, saying, "Truly You are the Son of God." 34When they had crossed over, they came to the land of Gennesaret.

#### COMING UP AT HTOC AND ELSEWHERE...

•**Sat 8/16, 2014, 9:00 AM – 4:00 PM. Church School Teacher Training Event, NYC Deanery: “Leading Our Children to the Experience of God”, with Sylvia Leontaritits, at Holy Trinity Church, 369 Green Avenue, East Meadow NY.** Ms. Leontaritits writes the “Adventures of an Orthodox Mom” blog at [www.orthodoxmom.com](http://www.orthodoxmom.com). All Church School teachers, please plan to attend ... and all those interested in being involved in Christian Education are welcome!

•**Thu 8/21, 2014 Diocesan Youth Day**, planned for the usual venue of Six Flags Great Adventure, Jackson, NJ. See our Facebook page for details.

#### A NOTE ABOUT THE 2014 DIOCESAN ASSESSMENT

The Diocesan Assessment is once again set at \$145.00 per person for 2014. So that we may submit our accurate parish census number to the Diocesan Office by Nov. 1, it would be very helpful if parishioners' \$145.00 Diocesan Assessments for 2014 could be received by Sunday, October 5. In order to help everyone understand what is funded with the Assessment, Father David will give a talk at Coffee Hour on a coming Sunday, on “What is the Diocese, and What Does It Do?” Thank you for your cooperation... and please see Father if you have any questions.

#### GOT A COMPUTER? BRING YOUR *FAITH* INTO YOUR *DAY*:

Watch the “Lessons in Our Faith” videos from Bishop Michael – each with “7 Questions and 7 Answers” on a particular topic.

Visit the Diocese’s Website, [www.nynjoca.org](http://www.nynjoca.org) , and click the “Lessons In Our Faith” picture in the column of pictures mid-page.

**And... click often on our Facebook page, [www.facebook.com/HolyTrinityOrthodox](http://www.facebook.com/HolyTrinityOrthodox) , and our Web site, [www.HolyTrinityYonkers.org](http://www.HolyTrinityYonkers.org) – and our YouTube channel, [www.youtube.com/user/HolyTrinityYonkers](http://www.youtube.com/user/HolyTrinityYonkers)**

#### PRAYER LIST

**Above all, we are a praying community. Keep this list near your prayer corner, and in your daily prayers, remember our Brothers & Sisters in Christ:** Newly baptized Giovanni Esposito; Matthew & Malek, traveling in the Middle East; Mia & Sadie; Helen Dempsey; Fr. Sergei Glagolev; Nikolette Katechis; Daniel Paprocki; Matushka Juliana Schmemann; Dn. Nicholas Garklavs; Mary Kalakuka; the newly freed Meriam Ishag; Nicholas Washenko; Maryanne Nolan; Leda Dzwonczyk; Joan Giannelli; John; His Eminence, Archbishop Seraphim; George Miroshnikov & Madeline Loving, preparing for marriage; expecting mothers Victoria Statkevics, Melania King, and Dianna Armentrout and their babies; Kevin Kuzmenko; Shawn Malone; Metropolitan Paul and Bishop Gregorios, Vera Bullock; John & Julia Wislocki; Schuyler Perry; Doris Kulinicz Morin; Kelly Ray; Rose; Justin Solak; Carmen Fesh; Deborah Chaiko; Anne Kakos, Kay Baker (Anne’s sister); Vitaliy Khutko; Malcolm Kirkpatrick; Nina Kirsanoff; Stephanie Phillips; Tekla Rzyzyk; Inga Serniak; Nikolai & Nadezhda Solidnov; Kathleen Nolan; the infants Yelena, Hope and Lucca; the priests Frs. Leonid Kishkovsky, Herman Schick, Ken James Stavrevsky, Daniel Degyansky, Paul Kucynda, Stephen Mack; PDn. Peter Skoog; Alvin; Ann Belchyk; Aleksandra Borzova; Helen Delandri; Olga Jaworski; Olga Juck; Mary Kantor; Daria Krawchuk; Vincent & Mary Macagnone; Olga Pavelchak; Martha Scigliano; Zena Weshta; all those confined to hospitals, nursing homes, and their own homes due to illness; for all soldiers, especially Jorge; widows, orphans, prisoners, victims of violence, and refugees, especially in Iraq, Syria, Egypt, and the Ukraine; all those suffering chronic illness, financial hardship, loneliness, addiction, abuse, abandonment and despair; all Orthodox seminarians and their families; all Orthodox monks, nuns and all those considering the monastic life; all Orthodox missionaries and their families. Birthdays: Kristine Skalski (8/16) . .

**For blessed repose for the souls of:** Newly departed Emil Purdes (+7/29); Metropolitan Volodymyr of Kyiv and All Ukraine (+7/5); Archpriest Macarius Targonsky (+6/25); Francine Knarr; the ever-memorable Vladimir, Vladimir & Vira; and all departed this life in hope of the Resurrection.

**Please give prayer requests to Fr. David, to Protodeacon John, or to an Altar Server. Typically, names remain on this list for 40 days, unless requested otherwise. Those confined to hospitals or homes, or suffering chronic illnesses, remain on the list.**

**Emergency Sick Calls** can be made at any time. Please call Fr. David’s cell phone, 1-(570) 878-5074, when a family member is admitted to the hospital.

**Anointing In Sickness:** The Sacrament of Anointing is available in Church, in the hospital, or in your home, for anyone who is sick, no matter how severe. **It doesn’t mean “Last Rites!”**

**Marriages and Baptisms** require early planning, scheduling, and selection of sponsors (crown bearers or godparents). **See Father before setting dates and reserving reception halls!**

**Funerals** are celebrated for practicing Orthodox Christians. Please see Father for details. **The Orthodox Church opposes cremation; we cannot celebrate a funeral service for persons being cremated.**